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Reference in this Newsletter to any specific product, service, or company does not constitute a recommendation by Personal Assistance Services of Colorado (although we do our best to support community friendly organizations)

The Newsletter That Serves its Readers

PASCO Picayune

VOLUME 22, ISSUE 2

AUGUST, 2018

What's on the Horizon?

Enhanced Services

- Behavioral Therapy (ABA) Achieve positive behavioral changes through an individualized success plan and a family-centric approach.
- Pediatric Personal Care (PPC) Providing relief and an extra set of hands in the home, so you can spend more time on yourself or others.
- In-Home Support Services Through PASCO's nurse's skill validation, you can bypass CNA school and provide qualifying support services at a CNA level and above.

Family Member as CNA

Eligible family members can become a Certified Nursing Assistant (CNA) and be paid to provide care to their loved one.

Intellectual and/or Developmental Disabilities (I/DD)

PASCO works with individuals of all ages to establish and achieve personal goals through supportive services that promote greater independence.

Skilled Nursing

Our team of highly experienced, skilled home health RN's and LPN's develop an individualized plan of care to help support your independent living.

🛞 New Website (pascohh.com)

- Community Events
- Personal Stories
- Revamped Resources
- Career Opportunities
- and much more

Expanding Service Area

• PASCO is committed to bringing our full suite of services to Colorado Springs and beyond.

Transition Support

 PASCO is striving to improve our Transition events, training, and resources to ensure our families have a positive and successful experience

Advocacy

 PASCO will continue the tradition of our founder Barry Rosenberg to fight for people with disabilities



PASCO's New Website—Check it Out!

PASCO is beyond pleased to announce it has a new website. If you haven't taken a

look around, do so immediately, as it is not only very pleasant to the eye, it is incredibly informative. From a user friendly design to a comprehensive (updated) list of useful resources to a calendar, which

We Help Families Take Care of Their Loved Ones

(you) the community can add to in real time. There are blogs, stories, which you are most

> welcome to contribute to as the mood strikes. If interested in chipping in some content, please email Jason or Damian. In the meantime, take a look, and enjoy!

Message from PASCO CEO, Ryan Zeiger

Clients/Family/Friends,

I know there have been a lot of questions circulating about the new Electronic Visit Verification requirements (EVV) for Medicaid services that were passed by Congress in December of 2016 as part of the 21st Century Cures Act. To date I have refrained from sharing information about these new requirements, because there has been a lot of uncertainty about what will be required. While stakeholders like PASCO, our clients, and Medicaid participants in general have the ability to influence the requirements through stakeholder feedback processes with our Medicaid state agency (HCPF), at the end of the day HCPF will determine the final requirements with which providers will need to comply. You can go to the following HCPF informational page to get the latest information:

https://www.colorado.gov/pacific/hcpf/ evv

That said I do want to share some key thoughts to consider:

- 1) Implementation Timeline: Per the original federal law and Colorado HCPF's timeline, providers were going to be required to have EVV solutions in place by January 1st, 2019.
- To confirm, both Colorado Media) caid (HCPF) and Medicaid providers like PASCO are required by federal law to implement EVV.
- President Trump did just sign a bill b) to delay required implementation for one year to January 1st, 2020.
- https:// i. homehealthcarenews.com/2018/07/ trump-signs-bill-delaying-evv/
- **Colorado Medicaid has officially** c) delayed the EVV requirement to January 1st, 2020 to align with the federal legislation.
- 2) **Real Time Clock-ins/Clock-outs:** Based on guidance to date, it does appear that the new requirements will mandate "real-time" clock-in and clock outs.

- Many agencies currently use paper a) timesheets, or online electronic timesheets. Often those can be filled out at the end of the day or the following day after visits are delivered. While HCPF has not yet promulgated specific rules to this effect, all indications are that all home health/personal care visits will require that clock-ins and clock-outs occur at the start and end of each visit. This will need to be through a system that is recording the "live time" of the start and end of the visit.
- The department does have a subb) committee specifically geared toward understanding issues EVV may pose in the context of consumer directed and family caregiver situations, which is another opportunity to provide input.

Other Requirements 3)

- The Cures Act EVV requirements a) also specify that for each visit, an agency must also electronically track:
- i. Type of Service performed
- ii. The Individual Receiving the services
- iii. Date of service
- iv Location of service
- v. Individual providing service
- b) PASCO's current systems does capture all of the above data elements for each visit. At this time we do not know all of the specific requirements for tracking these data elements under the new EVV requirements. We are awaiting further guidance from HCPF. We are supportive of the departments delay of EVV implementation to give more time to gather stakeholder feedback and finalize requirements.
- 4) Rumors
- There has been a lot of information a) floating around about what Medi-

caid may or may not require in items 2 and 3 above. Some of this is based on some draconian requirements in other states. We understand this causes a lot of concern because depending on the outcome it may have a significant impact on the daily care/ service provision in a client home.

b) We will do our best to keep you informed of the facts on the ground here in Colorado to try to dispel myths, rumors. While I certainly will advocate to make sure this regulation is implemented in a reasonable fashion in Colorado. I do believe the state Medicaid agency is trying to learn from the experiences of other states to try to improve implementation in Colorado.

What this means for you as a 5) **PASCO client/caregiver**

- PASCO has had forms of EVV a) for more than a decade. So the concept is not new to us.
- b) PASCO is actively looking at all potential paths and EVV requirements, and mapping out options to comply while trying to minimize the impact on the client and caregiver.
- c) That said, until we have definitive rules and guidance on the topics in #2 and #3 above we will not know our exact solution. but we will communicate as soon as we know.

As always, don't hesitate to reach out to me at

ryan.zeiger@pascohh.com.

Are you raising a family member's child? The Relatives Raising Children conference is on Friday, November 16 from 8:30 a.m. to 2:15 p.m at the Adams County Government Center, 4430 S. Adams County Pkwy. in Brighton. The registration fee is \$15 and includes breakfast, lunch, networking, and a full day of learning. To register, call 720-799-9254 or go to www.relativesraisingchildren.eventbri te.com. This year's theme is "Building Your Caregiver Toolkit"-kinship caregivers and professionals welcome!

Human Resource Corner

We hope you all are having a wonderful summer, it's hard to believe fall is right around the corner and school is getting ready to start!

Please welcome Melissa Angel to our HR team. Melissa is our new recruiting Manager. If you are in the office please stop by and say "hello".

Thank You to everyone who came out for our annual summer picnic, this year was the best yet. We truly enjoyed seeing everyone and their families. Our next big event will be our annual Halloween trick or treat street so keep an eye out for more info on that, in the coming months.

Open enrollment for benefits has come to an end. The new benefit plan year will run from August 1, 2018 to July 31, 2019. If you have any questions or issues please reach out to our Holly, our benefits coordinator.<u>Holly.Pajaud@pascohh.com</u>

Most of you are aware that annual CEU's are due each year during your anniversary month. Save time and paper by doing them online! Please remember that not completing your annual requirements will lead to your employment being placed on hold until the items are

completed.

As always please feel free to contact anyone in Human Resources regarding any issues, etc. you might be having, we will be happy to assist you or point you in the right direction. If you do not know who you need to contact we have a general email box you can use and your message will be directed to the correct person.

HR@pascohh.com

Chris Livesay, Holly Schanhals, Quinn Taccogno, Zoe Broughton, Erin McDonough, and Melissa Angel

market series at Anythink Huron Street! Tri County Health Department and Anythink libraries are hosting markets Tuesdays, July 10-October 9 from 9:00a.m. -noon at 9417 Huron Street. Attendees can look forward to recipes, cooking demonstrations, and nutrition information. Tri County Health Department is distributing RTD bus passes and they plan to accept WIC and SNAP benefits later in the season. For more information, contact Meghan at Tri County Health Department 720.416.8223.

Come to our farm fresh



Transitioning Into Adulthood --Adams County Edition Lucinda Rowe (Mom CNA)

I entered into the "process" with an open heart and mind... not fulling grasping the scope and complexity involved. Estrella (Strizz), my daughter will be turning 21 this year (because of when her birthday falls she will be able to go back for the first semester of the 2018 school year) However federally funded public education will stop for her after the end of this Fall semester.

Knowing I had a little time (six months), our journey began this summer; transitioning into adult settings and leaving the school system. No more yellow school bus... it's sad. Now it's August, and time just keeps going...It never ever stops. Yet I'm still stuck at the beginning. I have never really prepared myself for the reality of this process.

As parents we have to wear all types of hats; mom, CNA, chauffeur, advocate, because we can't always depend on other people to have the answers concerning our children's (now young adults) upcoming transitions. I've read the literature, studied the programs, and asked numerous people, numerous questions. Yet, no matter how prepared I feel as a parent, I believe our children going through these transitions themselves should have some say in how they want to spend their days. I asked her if she wanted to go back to the TLC (Transition Learning Center-27J Brighton). Though Strizz is somewhat nonverbal, her answer was a great big smile. Though a temporary solution, it gives us a little time.

We have been trying to solve this fairly complex "What's next?" riddle for quite some time. Touring and contacting organizations that responded to our case manager's request for placement. We came out of the discovery-phase feeling even more isolated and discouraged; while each day program had advantages, there too was increasingly frustrating limitations. One program could fit my daughter's complex requirements, but provided no transportation, and approved her for only two days a week. Another daytime option was relatively close-by, but couldn't work with Strizz's unique needs. Who knew this new chapter in our lives would be this tough? We live in a relatively rural area that does not have access to many programs, which would benefit my daughter, and because Strizz has a seizure

disorder, I am not comfortable putting her on a bus with a stranger. How could I be sure the driver would know what to do if my daughter was seizing in the back? The programs are typically 25 to 45 minutes away depending on time of day. With traffic it could be up to two hours on the road. Strizz can't tell me if someone has hurt her and that is a scary feeling all its own. It's all just so very scary.

I am writing this because I want to let other parents/caregivers know you are not alone. I have experienced the complexities involved with these transitions first-hand. And, while I am thankful to have the TLC behind me with great staff and teachers that care and will meet Strizz's needs, I know that we will start this process again come the new-year. We, as parents, are the best source of information. We can all help one another with providing resources and materials; "this place is great", "that place...don't bother." It is okay to let our kids grow up and know that they are adults. It may not be a yellow bus picking them up any longer, but it will be a ride that they can enjoy.

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Let a Kid Be a Kid An Aurora Based **Respite Group for** Siblings Angels Service LLC 720-256-8875 Watching-

Fish@gmail.com We host a sibling group so that the siblings can go out, play, and have respite. This is a new group and we are looking at bringing kids together so that they can have support in going out and having everyday fun... such as picnics, hikes, movie days, arts and crafts, etc. This will be Aurora based with some travel opportunities depending on the activity.

What: Fun activities, facilitated conversation and time to relax

When: Generally two Sundays a month 3 to 8 with room for flexibility based on need.

Who: Siblings or children of people with disabilities ages 6 to 17

Cost: There is a \$25 dollar fee to help support the program with some special events being more.

Contact/ **Register:** Serena (720-256-8875 or watchingfish@gm ail.com), https:// form.jotform.com/81 933680504155



PRIVATELY CONNECTING THOSE WITH HEALTH CONDITIONS

S1LY L3C matches patients directly to each other via email. Members are matched based on the symptoms they have and would like to talk about with someone else experiencing the same, without using health data for another purpose. There are no profiles to create or message boards to post on. The email address of your match will be safely emailed to you.

Current Initiatives Gifted Memberships





S1LY Lifetime Membership Opportunity for PASCO families

At this time, 34 gifted memberships have been donated to our PASCO community. The first 34 people to submit their Connect Contact Forms to S1LY with the code: PASCO will receive lifetime memberships to privately connect with Some 1 Like You (S1LY) members!

To obtain your own S1LY Lifetime Membership at no charge, visit www.some1likeyou.com/shop Place 1 Lifetime Membership into your cart

 Obeckout using the code: PASCO to waive your lifetime fee
Next, S1LY will electronically send you a Connect Contact Form to fill out and submit cassador will contact you to set up a complimentary phone session to assi

· Once your match is identified, their email address will be sent to you via encrypted email

Please note, the number of S1LY memberships available will vary monthly based on the Give 1 quantity of S1LY's program. On the 1st day of each month, the number of Githed Memberships available will be refreshed, and the codes will be re-sciousted

www.some1likeyou.com

EXPINATION DATE: 00/14/19

Attention grandparents!

We need your help with Dr. John Constantino's Second Generation Survey Project for families affected by Autism Spectrum Disorder (ASD)



If you are a parent of a child with an autism spectrum disorder And you also have grandchildren, then this study is for YOU.

To participate, fill out a 10-minute survey at sdslab.wustl.edu/grandparents

This short survey will provide important information on risk for ASD in families.

For more information about this study, call study coordinator Daniel Gray at (314) 362-3734 or email iddrc@kids.wustl.edu

Washington University in St. Louis SCHOOL OF MEDICINE



The Autism Help Book-Sarah Carrasco

When my son David was diagnosed with "worst-case-scenario for autism" twelve years ago, I wandered around bookstores and libraries hoping to find a handbook on autism. Where do I find resources? How do I get my insurance company to cover autismrelated therapies? What do all of these acronyms mean in the IEP meetings?

Despite my search, I was not able to find a handbook on autism that encompassed everything I needed to know to help get my son on

track. After years of research, I finally put the puzzle together and found ways to help my son thrive.

I have compiled information on just about everything a parent needs to know pertaining to autism in a short, easy-to-read handbook on autism. I cover: self-care, getting a diagnosis, education, therapies, biomedical interventions, insurance, Medicaid, adolescence and life with autism.

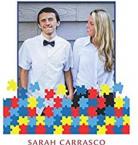
Please support a fellow PASCO employee and help me spread the

word about, 'The Autism Helpbook'.

PASCO employee since 2007

https://www.amazon.com/ Autism-Help-Book-Sarah -Carrasco/ dp/0692141170/ ref=sr 1 2? ie=UTF8&gid=15323640 25&sr=8-2&keywords=the+autism +help+book

THE AUTISM



By Mary Roma

Eighth Annual Home Builders Foundation Blitz Build

The Home Builders Foundation (HBF) is a metro-Denver nonprofit and PASCO community partner that works with the homebuilding industry to provide home modifications at no cost for individuals with physical disabilities. Since 1993, the or-AN HBF EVENT ganization has helped more than 1,500 individuals with disabilities remain in their homes by building independ-

Join The Arc Arapahoe & Douglas

Counties for a workshop on public transportation resources. Everyone in the community is welcome; however, our primary focus will center on the transportation needs of individuals with I/DD. Getting around town safely is a huge step toward independence and building self-confidence. Don't miss out on this FREE, interactive, and informative event!

Participants will:

Practice riding the bus and

ence and elevating lives ..

Every August, they gather 200+ volunteers to execute their Blitz Build. This year,

crews will build ramps for 19 individuals in our community. The HBF is need of meal sponsors for the Blitz Build crews. This is a great opportunity

to learn more about the HBF, the work they do and the impact they have on recipients in our

Learn how to communicate

needs/concerns with the driv-

Discover additional travel

Hear from a panel about the

perks and challenges faced

Learn from self-advocates

navigating the metro area

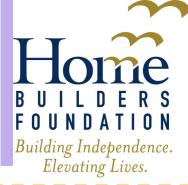
and share experiences

training opportunities

light rail

er

community. If you're able to assist, please contact Beth to learn more!



Foundation (HBF) is a metro-Denver nonprofit and PASCO community partner that works with the homebuilding industry to provide home modifications at no cost for individuals with physical disabilities

The Home Builders

When: September 15, 2018 (9:00 a.m. – 12:00 p.m.)

Where: The Arc Arapahoe & Douglas Counties, 6538 S. Racine Circle, Centennial, CO

Questions: Call Luke Wheeland (303) 220-9228



How Do I Get There? Public Transportation – Travel Training Workshop

Achieve with us.

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Peaceful bodies Active minds



Thousands of products to support individuals and families living with Autism, Sensory Processing Disorder (SPD), ADHD, Anxiety and other Special Needs.





ACS would like to offer a coupon code to PASCO staff and families for 10% off. It will be good in our store, as well as on our website. The coupon code is PASCO

7800 E. Iliff Ave., Suite J Denver, CO 80231 Fax: (<u>800)416-9786</u> Phone: (<u>303)309-3647</u> (866)709-4344

autismcommunitystore.com

Adaptive Baseball

Miracle League of Metro Denver is a 501(c)3

nonprofit in metro Denver that provides children and adults, who are living with various mental and/ or physical challenges,

an opportunity to play baseball as a team member in an organized league. The league was founded in 2006 as Sports Made Possible. In 2017 we affiliated with The Miracle League, a nationwide adaptive baseball league, and renamed to Miracle League of Metro Denver.

We partner with Foothills Park & Recreation District to provide an amazing baseball experience to participants of all ages with special needs and rely on the support



Adaptive Field at the Schaefer Athletic Complex. The Jason Jennings Field was built in 2006. The field has a rubberized surface, the only of its kind in Colorado, that makes getting around easy for any of our wheelchair or visually impaired participants.

of our community to offer this

Our fall season registration is open. The FALL season starts August 11th and runs thru September. <u>Click here to</u> register online. If you'd like to use available financial assistance contact Wes Dulin to register at: 303-409-2613 or westond@fhprd.org

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We partner with Foothills Park & Recreation District to provide an amazing baseball experience to kids of all ages with special needs and rely on the support of our community to offer this program.

Not sure which program is right for you? Click on both the Recreational League and <u>Competitive League</u> tabs to learn more about each.

For more info please visit: https://

miracleleaguedenver.com

Bum Baby Bum-Hodelia (PASCO Mom CNA)

Located in Loveland, CO, we service Loveland, Fort Collins, Berthoud, Greeley, Windsor and Longmont. Other locations upon request and consideration. Bum Baby Bum is a cloth diaper rental and sales company, with a built in service. We will wash and deliver diapers to your door. All you have to do is get your baby to poop and pee. But why cloth? Good question. Maybe you love our planet. Or

If you looking for a way to connect with your neighbors, consider A Little Help. A Little Help is a Colorado non-profit that connects neighbors to help seniors thrive. A Little Help equips neighbors of all ages to volunteer and provide direct services to empower the elders in their communities to live independently and with a high quality of life.

Boasting a presence in metro Denver for more than ten years, A Little Help fosters intergeneramaybe you like the adorable, trendy and stylish designs. Or maybe, like

us, you hate going to the store and spending money. Or maybe it's something else altogether- like no diaper

rashes and no blowouts. Whatever your reason, cloth

tional connections and volunteer opportunities. Volunteers provide services such as yard work, errands, transportation, handy help, technology help, companionship and caregiver respite. We welcome individual volunteers as well as neighborhood groups, sports teams and scouts who would like to make a direct and lasting impact locally in their neighborhoods.

A Little Help is actively recruiting volunteers and memis not only cheaper (yes, even with a service), it's also easier and better all around. And it's Oh! so bootylicious! Those cute fluffy bottoms...

https://bumbabybum.com

bers (seniors who need our help) in your neighborhood. For more information find us online at <u>www.alittlehelp.org</u> or give us a call at 720-242-9032.



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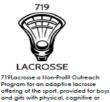
Despite our 3% unemployment rate, Colorado is the 3rd fastest growing state for childhood hunger. Healthy Food for Denver is a community-driven campaign working to get an initiative on the ballot to help make sure healthy food is not a privilege for the few - healthy food must be accessible to all. Healthy Food For Denver is working to provide healthy food and food education to Denver's kids, and get grocery stores to our food deserts.

What is a "Food Desert", you ask? A food desert is a low-income neighborhood where more than 1/3 of folks don't have access to a car and the closest grocery store is more than a half-mile away. Some families in Denver take two buses and travel over an hour each way on just to get affordable, healthy food for their family and 49% of Denver's low-income neighborhoods do not have access to grocery stores. These food deserts unfairly impact kids, seniors, people with disabilities making it harder for struggling families to get by.

How will these initiatives make an impact?

- For the "Healthy Food for Denver Kids" initiative, we are proposing a .08% sales tax (less than a penny on \$10) to create grants for schools and area nonprofits already doing this work. The funds are used to ensure kids have meals beyond school lunches (like during the summer and over long weekends), and to bring back home economics classes like cooking, gardening, and nutrition.
- For the "Healthy Food for Denver Food Deserts" initiative, we are proposing a 1.5% recreational marijuana tax to create loans and grants for small businesses and entrepreneurs to open up healthy food options in our food desert neighborhoods.

HealthyFoodForDenver.com Facebook | Twitter | Instagram



719Lacrosse in cooperation with Colorado College

Free Lacrosse Abilities Clinic

September 9 2018 from 1:00p to 2:30pm at Colorado College Washburn turf field



Register at www.719Lacrosse.com or email at info@719lacrosse.com or call 719-238-5186





Care

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9197 West 6th Avenue Suite 1000 Lakewood, Colorado 80215

Phone: (303)233-3122 Fax: (303)233-1478 info@pascohh.com ASCO (Personal Assistance Services of Colorado) is certified under Medicare, Medicaid, and the Medicaid Home and Community Based Services (HCBS) program to provide personal

assistance services to children and adults with severe disabilities. PASCO was incorporated in 1991 and began providing services to persons with disabilities on January 1, 1992. PASCO's mission is to provide personal assistance services, promoting independence and safety to clients and/or their families. PASCO continuously strives for client and employee satisfaction. The foundation of PASCO is CHOICE. To the maximum extent possible, PASCO works to accommodate the needs and wants of each client. PASCO provides services in the following counties: Adams, Arapahoe, Boulder, **Broomfield**, Clear Creek, Denver, Douglas, Elbert, El Paso, Gilpin, Jefferson, Larimer, Morgan, Park & Weld.

Dirt Coffee

Dirt is a nonprofit coffee shop with a mission to train, employ and empower individuals with autism while creating a culture of inclusion. But, did you know we do more than employ individuals with disabilities? Our 'Beyond the Cup' initiative provides community scholarships, transportation and outreach to young adults with disabilities so they can access community programming of their choosing. If you drink at Dirt, you're helping us employ individuals with autism. Attend one of our events, and you're going beyond. **Come Take Root with us on Saturday, November 17th**



Live Entertainment Auction & Paddle Raise

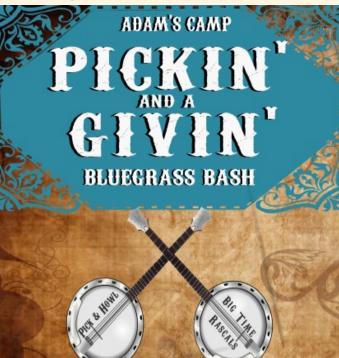
SATURDAY, NOVEMBER 17, 2018 | 4:00-7:00pm The Curtis Ballroom | 5345 Landmark Place | Greenwood Village, CC Cocktail Attire

fundraiser benefiting

where we'll celebrate the shop's first year, our graduating class of interns and raise money to do more in our community. Tickets on sale NOW at http://

www.501auctions.com/ takeroot2018. Can't make it to the event? Consider donating at <u>https://</u> www.dirtcoffee.org/give/

or stop by our coffee shop for a damn good cup of coffee at 5767 S. Rapp St. Littleton, CO 80120.



THURSDAY 13 SEPTEMBER

THE BARN AT RACCOON CREEK 7301 WEST BOWLES AVE. LITTLETON ADMISSION: \$200 SPONSORSHIPS AVAILABLE DINNER, OPEN BAR, AUCTION, LAWN GAMES BATTLE OF THE BLUEGRASS BANDS WWW.ADAMSCAMPCOLORADO.ORG



BATT ANNUAL BRAIN INJURY ALLIANCE OF COLORADO **NFERENCE** Brain Injury & Behavioral Health



Brain Injury

NOVEMBER 1–2, 2018 Cable Center I Denver, Colorado

Continuing education credits will be available More information to come at BIACOLORADO.ORG





Celebrating Denver's diverse artists and accessible art for all