

The Newsletter That Serves Its Readers

PASCO Picayune

Your Home. Your Community. Your #1 Choice.

Volume 19, Issue 4

January, 2016

Why Get Involved?— Julie Reiskin

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It is tempting to think that one person cannot make a difference, to consider the overwhelming involvement in just getting by day to day as a person with a disability or as a family member, and to assume that there are all kinds

of organizations out there handing the myriad of issues faced by people with disabilities.

Margaret Meade said it best when she said "never assume a small group of concerned citizens cannot change the world, indeed it is the only thing that ever has".

Citizen groups that get involved with changing the system have made real differences--differences that we can appreciate every day. It was less than a half century ago when a Minister involved in the anti-war movement took a job in a nursing home—on a ward filled with young people wasting away, out of sight, out of mind. That minister and another guy got together and said "this is wrong". They tried first to

g away, out That friends—the people they helped to leave the institution started a guy got revolution. It led to the creation of the Atlantis Community, then to the establishment of the Home and Community

t

"The People United will Never be Defeated!" Members of ADAPT at a Washington DC Action.

make life better inside the institution and when that failed they helped people escape to live in the community. In those days there was no home health, no HCBS, no parent C.N.A. and no civil rights for people with disabilities. Home and Community Based Services waiver. Once in the community people needed to get around so they started advocating for accessible transportation. This led to a movement that brought us the American's with Disabilities Act.

These two guys and their new

Who was the minister? It was Wade Blank. Who was this "other guy"? None other than the founder and owner of PASCO—Barry Rosenberg.

Wade went on to run Atlantis and start ADAPT—a national advocacy organization that has brought us accessible transportation, the American's with

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Various pictures located throughout the *Picayune* are part of the TARP (Testimonial And Recognition Project) Initiative. Book now for 2016. Call or email Damian today to learn more.



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Ryan Zeiger, PASCO CEO





Message from PASCO CEO-- Ryan Zeiger

Dear Clients/Families/ Employees/Clients/Friends,

2015 was an amazing year and I can't believe we are already headed into 2016. I am thankful and amazed everyday with the passion and commitment of all of the caregivers at PASCO, whether family member, field staff and/or direct services provider. What you do is truly a higher calling. Most recently I again witnessed this commitment as our field CNA, PCP, and RN teams were braving the nasty roads during the recent unexpected snow storm to make sure to meet client needs. They prove "There is no such thing as a Snow Day" in the work we do.

The following are some of the other accomplishments in 2015:

- We launched services for people with intellectual and developmental disabilities under the CES, SLS, and DD waivers
- We moved our administrative offices
- We launched an updated outreach website
- We worked with community partners to pass legislation to expand the CNA scope of practice
- We fully implemented Procura for the clinical team
- We welcomed a Chief Operating Officer to the



- We welcomed a Director of HR to the team – Chris Livesay
- Despite attempts by the rain to stop the PASCO picnic, we held another successful event later in the summer
- We held another well attended Trick-or-Treat street event in October
- Ryan joined the Governor's Respite Task Force to work to improve opportunities for respite in the state

2015 was also a busy year in the Medicaid policy arena:

 The Children's Personal Care Benefit launched in October – This is the first time that personal care has been offered to all kiddos on Medicaid for whom personal care is deemed medically necessary. For more information go to: https:

> www.colorado.gov pacific/hcpf/pediatric personal-care-services

 Children's Behavioral Therapy services can now be accessed by children on Medicaid under the Early Periodic Screening, Detection and Treatment rule. For more information go to: <u>https://</u> www.colorado.gov/



pacific/hcpf/pediatricbehavioral-therapies

- IHSS Legislation from 2014 – We are still waiting for CMS (the feds) to approve the changes below to the Elderly Blind and Disabled Waiver for IHSS services, we are hopeful that it will happen early in 2016:
- ⇒ Allowing spouses to provide services
- \Rightarrow Allowing services outside the home in the community
- ⇒ Eliminating the 8.5 hour per week relative personal care limit and increasing it to approx. 40 hours a week.
- ⇒ Providing guidance to regulators to allow for increased consumer direction

As always, the entire team in the central office and I are here to serve all of you so if you ever need anything please don't hesitate to contact us at 303-233-3122 or contact me at <u>ryan.zeiger@pascohh.com</u>. Thank you and have a wonderful holiday season and a Happy New Year!



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Disabilities Act, and a national movement to get people out of nursing facilities. Barry went on to start a few home health agencies, other independent living centers, provide housing, respite and invent the parent C.N.A. concept. What if Barry nor Wade had succumbed to the temptation to think one person could not make a difference, or felt that they could not fight the machine that runs the nursing facility, or just decided they were too tired at the end of a long day? Where would we all be?

We live in a different world today. People do not go to nursing facilities, at least not as a first option. However the work of the disability rights movement is far from complete. We continue to have dismal employment outcomes, our education system leaves a lot to be desired, and special education is neither. Housing is becoming increasingly difficult for the disabled due to increasing rents coupled with the stagnant income of this population. People whose disabilities involve mental illness are facing a new and equally dangerous type of institutionalization, in our jails and prisons. While there

are many ramps today, the invisible ramp of effective communication for people with communication impairment remains elusive.

There is a lot to do-we need to defend gains we have made recently such as keeping funding for the Medicaid Buy-In Programs for children and working adults with disabilities. We need to force the state to fulfill their obligation to provide appropriate home and community based services to all children with behavioral needs. including but not limited to children with autism. We need to make sure that Medicarethe standard setter for durable medical equipment coveragedoes not reduce reimbursement so much that no one will make or repair complex chairs. We need to hold our schools accountable which will take an immense organizing effort-but which is essential if we are going to lift our community out of poverty.

A half century ago no one could imagine a world where people with significant disabilities could live in the community. Let's not let the dream and vision get stuck—we are mostly out of the institutions of the past but are not yet fully integrated. If everyone affected by disability stuck together, and voted as a block we could finish the work started by Wade and Barry.

So-what do we do? First. make sure you are registered to vote and that everyone in your family, and any friends are registered to vote. Second-when people come knocking at vour door, or call you on the phone asking for your vote as that candidate where they stand on disability issues. As if they listen to the disability community before they make decisions. Ask if they will fight against Medicaid cuts (if they are a state representative) or Medicare cuts (if they are a federal representative). Ask if they support maintaining the protections of the American's with Disabilities Act at the federal level or the Colorado Anti-Discrimination Act at the state level and if they will resist any efforts to weaken it. Ask if they will go one better and work to strengthen our important civil rights laws.

Next—show up at a town hall meeting, a school board meeting, or go to the Capitol during the upcoming legislative session.

Continued "Involved" Page 4





Tailored meals help Coloradans who are living with a life-threatening illness.

When a few aches and pains blamed on getting older turned into a breast cancer diagnosis, things went from bad to worse for Ellen, a Project Angel Heart client.

She began chemotherapy and radiation treatment, but her finances quickly became as much of an issue as the cancer. Food and even a place to live were no longer guaranteed. For a few months during treatment, she and her husband lived out of their small car.

They found help in many plac-

es, and one of them was Project Angel Heart. A weekly supply of nutritious meals, delivered free of charge and designed to meet her specific dietary needs, aided in Ellen's recovery and helped her get back on her feet. "Without those nutritious meals, I would have never made it," said Ellen.

This year, Project Angel Heart expects to prepare and deliver healthy, customized meals to more than 2,500 people in the Denver metro area and Colorado Springs who have been diagnosed with a life-threatening illness.

If you or someone you know needs nutritional support as a result of a life-threatening illness, visit <u>www.projectangelheart.org</u> or call 303-830-0202. Eligibility is not based on age or income.



"Without those nutritious meals, I would have never made it,"

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Page 4 NO SCOUT GETS LEFT BEHIND

It is our goal to greatly increase the number of boys with special needs into Scouting.

Pack 5280:

For boys in the age range of 6 to 10. The pack follows the Boy Scouts of America Cub Scout program and Cubs advance through their ranks by "Doing Their Best" with the rank requirements.

Troop 5280:

For boys in the age range of 10 through 17. However, Boy Scouts of America will consider a Scout with developmental disabilities or with a severe physical challenge to remain a Boy Scout past 18 years of age. In Boy Scouting, the Scout is expected to complete all requirements for rank advancements and merit badges. However, if the Scout with special needs has a barrier(s) to completing some requirements due to a disability(s), alternate requirements will be explored as well as reasonable accommodations to the requirements. So each Boy Scout in our troop has an individually designed plan to successfully achieve rank advancements and completion of merit badges. More importantly, it is our goal that each Scout has a successful Scouting program through having fun with a purpose, the purpose being learning, leadership, and building friendships.

The Scoutmaster for Troop 5280 is Kathy Duran, Email: gjkduran@aol.com phone number 303- 284-8802.

Troop 5280 also meets the 2^{nd} and 4^{th} Tuesday each month at Saint Peter Lutheran Church, 9300 East Belleview Avenue, Centennial. Building entrance and parking is on the south side. Meeting time is 6:30 pm to 8 pm.



"Involved" From Page 1

Attend a meeting of the Medical Services Board, the entity that makes the Medicaid rules on the 2nd Friday of each month. Speak up on issues that affect you. If you feel ready to make a stronger commitment, to really get involved consider applying for the advocacy program through the Colorado Cross-Disability Coalition (CCDC). Our advocates go through an 8 week class in partnership with the University College at the University of Denver followed by a practicum with a mentor. Graduates can decide they will provide individual advocacy helping other families or individuals or get involved with systems advocacy -working at the Capitol or fighting for rules and programs that work for us as people with disabilities and family members. The next training begins early in 2016 and if you are interested let us know by emailing <u>shut-</u><u>ter@ccdconline.org</u>

No matter what you do as Justin Dart, the Father of the ADA always said—get involved as if your life depends on it because it does.

Julie Reiskin is the Executive Director of CCDC. Under Julie's leadership CCDC has taken a leadership role within Colorado on publicly funded long-term health care. Julie has proposed and helped to implement many solutions to create a sustainable and client friendly Medicaid program, acted as a respected advocate for individuals and has trained many others in health advocacy and health policy.



Julie Reiskin, CCDC

Important Resource for Families

The National Autism Association is committed to those with an Autism Spectrum Disorder (ASD) who may be prone to wandering off or eloping from a safe environment, and may be unable to recognize danger and/ or stay safe. Wandering, elopement, "running" or fleeing behaviors among those within our community not only present unique safety risks, but also create extraordinary worry and stress among caregivers. Drowning fatalities following wandering incidents remain a leading cause of death among those with ASD. As such, the National Autism Association provides direct assistance to law enforcement agencies and caregivers. FOUND supplies funding to search-andrescue agencies in need of tracking technology and training, and the Big Red Safety Box is a free-of-charge toolkit given to autism families in need as a means to educate, raise awareness and share simple tools that may assist them in preventing, and responding to, wandering-related emergencies. NAA's Big Red Safety Box includes the following resources.

1) Our <u>Be REDy Booklet</u> containing the following educational materials and tools: O A caregiver checklist

O A Family Wandering Emergency Plan

O A first-responder profile form

O A wandering-prevention brochure

O A sample IEP Letter A Student Profile Form 2) Two (2) GE Wireless Door/ Window Alarms with batteries 3) One (1) RoadID Personalized, Engraved Shoe ID Tag* 4) Five (5) Adhesive Stop Sign Visual Prompts for doors and windows

5) Two (2) Safety Alert Window Clings for car or home windows

6) One (1) Red Safety Alert Wristband

*You will receive instructions to submit a custom personalization order online at <u>roadid.com</u>. Your tag will be quickly engraved with your emergency information and mailed to you at no charge. Regardless of any tools caregivers may have in place, if a loved one's medical condition interferes with their ability to recognize danger or stay safe, it is critical that caregivers maintain close supervision and security in all settings. For more information and ways to prevent wandering-related incidents, please visit http:// awaare.org Those diagnosed with an Autism Spectrum Disorder, and who are at risk of wandering/bolting from a safe environment, qualify to receive a Big Red Safety Box while supplies allow. Limit One (1) box per family – previous recipients are not eligible. Recipients must agree to terms and conditions. Please allow two to three weeks for your Big Red Safety Box request to be processed. NAA's Big Red Safety Boxes are packaged and shipped with care by a company employing adults with autism and other developmental disabilities.

http:// nationalautismassociation.org/ big-red-safety-box/



Winter Resources

With cooler weather fast approaching, ERC provides free home improvement services to low-to-moderate income Denver and Jefferson County families. The work Energy Resource Center does in the community keeps families safe and warm, and reduces their utility bills by an average of 20%.

These services, worth thousands of dollars, are free to Denver and Jefferson County residents who income qualify. The work is completely paid for by federal, state and local grant programs.

Services begin with a comprehensive energy efficiency and safety assessment – a top-tobottom exam of the home's

SAGE (Services & Advocacy for GLBT Elders) of the Rockies celebrated their 4th annual Tea Dance Fundraiser in April, with a record number of attendees, great music, food (sponsored by PASCO), door prizes, and dancing. This year, SAGE had its own booth at PrideFest where we engaged with community members of all ages for interactive games and conversation. We also started a monthly movie viewing, dementia caregiver support group, and launched a new LGBT Aging 101 training. Our new aging-in-place program, Capitol Hill Care Link, provides resources, support, and community engagement to adults 60+ who live in the Capitol Hill neighborhood. Capitol Hill Care Link is partnering with a number of agencies, organizations, and faith communities to better serve seniors living in the neighborhood. If you or someone you know is interested in helping guide this resident-driven program, please feel free to contact us!

For more information:

SAGE of the Rockies Reynaldo Mireles, Program Manager 303-951-5222 www.glbtcolorado.org/sage/

Capitol Hill Care Link Johanna Glaviano, Program Coordinator 303-951-5228 www.CapitolHillCareLink.org

systems. Based on those results, Energy Resource Center may repair or replace the furnace, add insulation, install smoke/ carbon monoxide detectors, and may replace the refrigerator.

Many of the families ERC serves reside in mixed-income neighborhoods, and are made up of seniors on a fixed income, or families with children.

By helping the families with our services we also help reduce some of the worries they might have as the home is much safer to live in and hopefully reduces some of the stresses they face on a day to day basis. Our number one priority is safety and with this in mind we help promote a healthier home and education on how to keep the home safe.

Carlos Espinoza Customer Solutions Manager Denver and Jefferson Counties Weatherization Program 720-236-1339 office 720-236-1325 fax carlose@erc-co.org www.erc-co.org



These services, worth thousands of dollars, are free to Denver and Jefferson County residents who income qualify.



THE DENVER OFFICE OF DISABILITY RIGHTS INVITES YOU TO PARTICIPATE IN ITS DISABILITY PARKING ENFORCEMENT PROGRAM (DPEP)!

What is DPEP: a volunteer based program committed to maintaining Denver's high standard of accessibility, compliance through enforcement and education of parking for persons with mobility impairments, and quality of life.

Volunteer Requirements

- · Be 21 years of age or older
- Complete/pass interview
- questionnaire
- Pass a background/criminal history/Motor Vehicle Record Check
 Carry the minimum car insurance
- carry me minimum car msurance required by Colorado State Law
- Complete classroom training
- Complete field training with a training agent
- Dedicate a minimum of 24 hours of volunteer time per year
- Maintain a activity log during volunteer time
- Attend training refresher classes yearly

Volunteer Benefits

- Solve problems
- Make important networking contacts
- Learn and develop skills
- Teach your skills to others
- Enhance your resume
- Gain work experience
- Build self-esteem and selfconfidence
- Meet new people
- Improve your health
- Strengthen communities
- Improve lives
- Connect to others
- Transform your own life

Get in touch

DISABILITY PARKIN ENFORCEMENT PROGRAM

www.denvergov.org/disabilities, 720-913-3842, debra.gomez@denvergov.org

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Human Resource Corner--Erika, Holly, Chris², Alejandra and John

Reminder that a large majority of our C.N.A employees will need to renew their licenses before January 31st 2016





Thank you all for all your hard work. PASCO is appreciative of all of our employees, but wanted to take a minute to thank all of the field employees who make it out to consumer homes on a daily basis. We have had a couple good snowstorms this year, where traffic was bad, roads were worse, still our CNA's were out there making sure all of our consumers were getting the care they needed...Thank you!

We want to say congratulations to Holly Schanhals who recently gave birth to a beautiful baby girl, Brooklyn. Holly is taking some well-deserved time off to spend with her lovely daughter. Holly's exact return date is not set, but in the meantime Erika is covering her normal duties. You are always welcome to reach out to Chris Lauer as well.

We also wanted to take a minute to introduce new faces in our

PASCO Nutrition—2016

PASCO is committed to discovering innovative ways to promote health and wellness. Believing that health promotion programs help people to maintain functional independence and to enhance their overall quality of life – we are working to develop a health promotion program.

We have some ideas, but we need the help of our clients and field staff to develop such a program. In January, we will be recruiting clients and field staff to serve on a committee that will begin meeting in February. The first task of this committee will be to create a fun name, as a health promotion program does not sound very exciting. Throughout the year, we will be working with clients and field staff to provide the support needed to give clients more great tasting, nutritious food options.

With 1 in 7 Coloradoans struggling with hunger, facing times when there is not enough money to buy food, we recognize that we must support our clients in accessing healthy food (U.S. Department of Agriculture,

Human Resources Department, Erika and John. Erika has worked for PASCO for many years as a CNA and has recently joined our team in HR. John is a new face to PASCO but has done great so far. For your reference Erika will be handling the HR duties that Holly covered prior to her maternity leave. John will be working on compliance matters, including; Skills Den, annual requirements, and employee onboarding. Please feel free to reach out to either of them with any questions, or just to say hi and introduce yourself.

It is also that time of year where we wanted to send a reminder out that a majority of our CNA employees will need to renew their licenses before January 31st 2016. The online portal to renew those licenses will open as of January 1st 2016. The expected fee is \$25. PASCO is not able to renew your license for you. The link to the renewal page is: https://www.colorado.gov/dora/ licensing/Default.aspx ; You will select the "My Account" option and either log-in using your account info, or set up an account if you don't have one. Once you get into your account it will give you the option to renew after 1/1/16. If you need assistance with renewal you can contact Erika or John in Human Resources and set up a time to get assistance with this process. Please make sure you do not let your license lapse as it will affect your ability to continue working.

We hope you all enjoy the holidays and new year.

2012-2014 average in *Household Food Security in the United States in 2014*, September 2015). In January, we will be implementing a hungerscreening program with the goal of increasing nutritious food access and decreasing diet -related secondary conditions. Collaborating with Hunger Free our clients will have access to:

- One-on-one help with the application process for food stamps
- Screening for all federal nutrition programs
- Referrals to food pantries and free meals
- Information on child and senior nutrition programs
- Answers to any questions about food assistance
- Connections to community food resources and other partnering agencies.

Many things to come throughout this year! Watch for announcements on classes, surveys, and other exciting opportunities focused on nutrition. If you are interested in learning more about, and possibly serving on the health promotion committee please email:

Cassidy.dellemonache@pascohh.com



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Getting to Know PASCO's New COO-- Adam Steinbrunner

What do you do here?

I'm doing my best to identify and solve problems so that we can focus our time and energy on things that help out our consumers and employees. Currently, I oversee the Finance and Human Resources areas at PASCO and we have a number of exciting (and nerdy) projects queued up, including: (1) a move to accrual accounting, that will allow us to better understand opportunities to improve in our business, (2) a focus on employee communication and teamwork that will help non-administrative staff have an open dialogue with central leadership and admin team, and (3) organizing work and people in the central office to promote outstanding performance.

Where did you come from? I am originally from Cleveland, OH and lived in Chicago, IL for the past twenty years, with some stints in New Zealand and Arizona mixed in. The opportunity to join an organization like PASCO was very attractive - a service-driven mission that supports independence and connection for people on a daily basis, particularly in a community like Colorado. My past experience is coupled in Human Resources consulting and higher education analytics, and I can see a lot of similarities in the opportunity that PASCO has to continue to grow and provide excellent customer experiences.

What are the challenges here? The opportunities here are similar to those that I've seen in higher education - other industries have a track record over the past 20+ years of advancing using technology and information, whereas home healthcare has appropriately focused on the advocacy and energy required to allow for individuals to live independently. While there is plenty more advancement needed on the advocacy front, I also see a bright future of recognizing where data and mobile/remote technology will support healthy longer lives for our community. I look forward to PASCO being a leader in those efforts.

Why PASCO?

During my consideration of moving to Denver and joining the PASCO team, the passion and dedication of Barry, Lee, Ryan and Megan was inspiring and I wanted to be a part of that team.

What do you like to do in spare time?

I enjoy spending time with my wife and two daughters, particularly outdoors. I bike to work when the weather cooperates, and enjoy mountain biking as well. We'll go camping and hiking as a family on a regular basis and look forward to introducing the girls to fourteen-ers as we settle into Denver. I love baseball and try to get to games as often as I can – we'll see whether the Rockies can temper that enthusiasm.

Other thoughts?

A lot of my time each week tends to be internal-facing, regarding how we can make the operations of the business run efficiently and create some value for the PASCO team. For field staff, family members, and consumers who are visiting the office, I would love to meet you and hear about what you enjoy about PASCO, and how we can continue to improve your experience in the community.



Adam Steinbrunner, PASCO COO

Nursing Corner-Stephanie & Denise

Hello from the nursing department. We hope you've had a wonderful holiday season. PASCO would love welcome a few new nurses to the team: Patricia Wisell, Carol Odell, Kristina Baumer, Rebecca Dethman, Christine Bindi and Jeannette Pearson---Welcome.

Just a friendly reminder, please notify the agency of all hospitalizations. Also, please notify the agency immediately when discharged from the hospital--Per Federal and State Rules and Regulations, an agency has 48 hours to have a Registered Nurse complete a post hospitalization comprehensive assessment. CNA services cannot resume until the Registered Nurse has made a visit to your home to complete the comprehensive assessment, review the plan of care, medication list and discharge orders. If your child is receiving CNA only services from PASCO, a Registered Nurse is required to supervise the CNA every 60 days per Federal, State and Licensure Rules. Recertification paperwork including: comprehensive pediatric assessment, medication profile review, case conference and plan of care must be completed every 56-60 days. If the Recertification is not completed on time, CNA services may be put on hold or discharged.

Thank you for all you do.

Mission for 2016—I/DD--Andrea Peralta

In 2016, the I/DD Services Program team plan to emphasize and prioritize the purpose of our service provision- to provide services and supports to ensure the health, safety and welfare of the individuals receiving services. We strive to provide training and habilitation services or a combination of training and supports in the areas of personal, physical, mental and social development and to promote interdependence, self-sufficiency and community inclusion. Services and

supports are designed to meet the unique needs of each individual and to provide access to participation in typical activities and functions of community life. We are committed to provide services and supports that advance the independence and abilities of every single individual receiving services, regardless of any and all challenges and obstacles they face in their daily lives. We have the expectation and belief in each individual receiving services' accomplishments and their ability

to achieve higher levels of independence and success.



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www.pascohh.com

Reference in this Newsletter to any specific product, service, or company does not constitute a recommendation by Personal Assistance Services of Colorado (although we do our best to support community friendly organizations.)

SAFE ZONE



all aspects of people including race, ethnicity, gender expression, sexual orientation, socio-economic background, age, religion, and ability.

> ligted from a Boulder County Health Department poster and is brough Sigh School: Caulitian. To print more pacters, please visit www.suflactor/acoulition.org

Your Home. Your Community. Your #1 Choice.

Personal Assistance Services of Colorado (PASCO) is certified under Medicare, Medicaid, and the Medicaid Home and Community Based Services (HCBS) program to provide personal assistance services to children and adults with severe disabilities. PASCO was incorporated in 1991 and began providing services to persons with disabilities on January 1, 1992. PASCO's mission is to provide personal assistance services, promoting independence and safety to clients and/or their families. PASCO continuously strives for client and employee satisfaction. The foundation of PASCO is CHOICE. To the maximum extent possible, PASCO works to accommodate the needs and wants of each consumer/client. PASCO provides services in the following counties: Adams, Arapahoe, Boulder, Broomfield, Clear Creek, Denver, Douglas, Elbert, Gilpin, Jefferson, Larimer, Morgan, Park & Weld.



2016 Upcoming Opportunities

The band travels with a group of approximately 20 people at a time. On each tour, we welcome approximately 8-12 adults who experience disabilities, 2-5 leadership fellows who participate in a rigorous leadership curriculum, one artist-in-residence, and 5 trained staff. All trips fill on a first-come, first-served basis.

- Downtown Denver: Weekend at The Ritz Carlton--February 19-21, 2016 | 3 days / 2 nights
- Austin, Texas: Live Music & BBQ-- March 20-26, 2016 | 7 days / 6 nights
- Sailing in the Bahamas-- May 26 June 2, 2016 | 8 days / 7 nights
- Yellowstone & Grand Teton National Parks-- July 17-23, 2016 | 7 days / 6 nights
- Backcountry Hut Trip-- September 15-18, 2016 | 4 days / 3 nights
- San Francisco by Train-- October 9-15, 2016 | 7 days / 6 nights
- Cañon City & Royal Gorge, Colorado-- December 28, 2016 January I, 2017 | 5 days, 4 nights

For more information head over to http://thewayfaringband.com/upcoming-opportunities/

Contact Info The Wayfaring Band (720) 515-1596 <u>info@thewayfaringband.com</u> 3327 Brighton Blvd. / Denver, CO 80216