

# PASCO PICAYUNE

Your Home. Your Community. Your #1 Choice.



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## PASCO BEGINS SERVICES IN COLORADO SPRINGS

In 1806, Lieutenant Zebulon Pike saw before him a mountain that appeared in the distance "like a small blue cloud." Wistfully taking a long pull off of his white clay pipe, he said aloud, "it is for shame that man cannot plant a flag on that behemoths summit..." a lone tear weaving down his pen-

sive face. Dread not Lieutenant Pike... dread not.

PASCO is pleased to announce that beginning in August, 2016 our services have been offered in Colorado Springs (El Paso County). By providing Colorado's

second largest city our relative care program, we hope to become a serious option for families looking for an ethical, reliable and sustainable choice. Through our enthusiastic pas-

sion and commitment to clients and employees alike, PASCO is excited for this newest chapter.

From the beautifully painted landscape at Garden of the Gods, to the black tongued giraffes at the Cheyenne Mountain Zoo (eating lettuce from your hand), to the committed Olympic athletes training diligently at the Olympic Training

Center, to the quiet serenity of the Air Force Academy chapel, the choice to expand PASCO's footprint south of Douglas County, was a simple one. Encouraged by numerous requests from families and clients

alike, asking for the above and beyond services they have come to expect from Personal Assistance Services of Colorado, we now have the go ahead from the state, and are rearing to go.

Starting with the family provider program, we hope to expand to serving those wishing to remain in the comfort of wherever they call home, as well as working with those people experiencing intellectual/developmental disabilities. By finding dedicated, qualified and appropriate staff members (CNA's, RN's) who would work solely in Colorado Springs, PASCO can provide more services, and achieve our highest standards of practice. Please feel free to call with any questions, concerns, tips or ideas.



PASCO can provide more services, and achieve our highest standards of practice. Please feel free to call with any questions, concerns, tips or ideas.



Visit [www.autismcolorado.org](http://www.autismcolorado.org) for more information on tickets and sponsorships.

Click [here](#) for tickets



## Help Colorado Plan for Aging

The Strategic Action Planning Group on Aging is tackling the pressing issues facing our state and families as Colorado's population ages. The group, which we are proud to partner with, is working to ensure all Coloradans have the support they need to enjoy a healthy, mobile, and vibrant lifestyle as they age. SAPGA needs your help

and perspectives as it works to answer questions about affordable housing, supports for family caregivers, community design, transportation options, workforce needs, retirement security, the viability of federal programs, impact on the state budget and access to quality health care.

Your input is essential to Colorado's future and SAPGA's recommendations to our leaders. Visit [colorado.gov/agingstrategy](http://colorado.gov/agingstrategy) to weigh in, or share your thoughts on social media with #plan4aging.

## MESSAGE FROM RYAN

*I want to recognize PASCO clients who remind me that their independence and choice are fundamental to what we do and that PASCO has to continually strive to advance client independence and choice through our services and advocacy*



### Join us in Denver, CO for the 17th National Lifespan Respite Conference!

With over 30 concurrent breakout sessions to experience, this conference is sure to be one to remember! Topics include:

- Connecting Kinship Caregivers - Creative Support Programs for Kinship Families
  - A Research Agenda for Respite Care: Deliberations of an Expert Panel
  - Lessons Learned in the Delivery of Respite Care for Military Families with Children Having Special Needs
  - A Path to Overnight Respite for Caregivers - A Respite Models for Caring for the Caregiver
- <http://www.arch.memberlodge.org/event-2172255>

With the first few days of cooler temperatures, kids back in school, and snow on some on the higher peaks, the end of 2016 will be here soon. It has been another very busy year at PASCO. Every day I am amazed by the dedication of our field CNAs, Personal Care Workers, Direct Service Providers and Nurses. I am always inspired by family caregivers and their commitment to the loved ones they support. I also want to recognize the administrative team for working hard to improve the behind the scenes operations to support the caregivers who so diligently support PASCO clients. Finally I want to recognize PASCO clients who remind me that their independence and choice are fundamental to what we do and that PASCO has to continually strive to advance client independence and choice through our services and advocacy.

**Annual Employee and Client Surveys** – Thank you to everyone who participated in the survey. We were excited to see an even higher participation than prior years. We have been analyzing the data and identifying areas for improvement. A more detailed communication will be sent out in the coming weeks, but some positive highlights:

*Of clients surveyed who receive Home Health services provided by PASCO field staff:*

- 97% would recommend PASCO to a friend
- 95% reported PASCO staff always/frequently stay the amount of time needed to meet their needs
- 94% reported PASCO helped them always/frequently remain independent
- 93% report PASCO staff always/frequently arrive at the scheduled time

*Of clients/families receiving Home Health services from relatives/family members:*

- 98% would recommend PASCO to a friend

*Of employees who have worked for another Home Health agency:*

- 97% reported PASCO is far better/better/the same (85% reported we are far better/better --12% reported we are the same)

*Of clients who receive PASCO's Intellectual and Development Disabilities I/DD services:*

- 100% said that their I/DD service provider always/frequently gives their undivided attention

**PASCO CORE VALUE - A LEARNING CULTURE:** I am very excited to share these positive results. This reflects some significant areas where of improvement over prior years. I want to thank our clients for providing honest feedback on areas we needed to improve, and all PASCO team members for working to make these improvements. We certainly should celebrate these achievements. In the spirit of PASCO's core value "A Learning Culture" we will continue to focus on newly identified areas for improvement, learn and improve. More to come in the more detailed communications regarding the survey results.

**LAUNCHED: Children's Personal Care Benefit:** In May of 2016, PASCO was one of the first providers to provide services under this new Children's Personal Care Benefit. We have already seen the significant positive impact on families from this additional support for kiddos that may exhibit some challenging behaviors and have medically necessary ADL needs. We have made significant progress on expanding our capacity to provide these services.

*You can read more about the Medicaid benefit at:*

- <https://www.colorado.gov/pacific/hcpf/pediatric-personal-care-services>

*If you have specific questions about PASCO's personal care services please contact [to-ni.uhe@pascoh.com](mailto:to-ni.uhe@pascoh.com) (See Bio on Page \_\_\_)*

### Disability Civil Rights Action in Boston End of October 2016

- If you read my section of the newsletter, you will notice I highlight PASCO's involvement with the ADAPT organization and protest actions in different locations around the country to advance disability civil rights. A group of PASCO clients and employees made the pilgrimage to Washington DC this past April to advocate for the Disability Integration Act
- There are generally two big actions each year, one in the fall and one in the spring in addition to a number of local activities
- If you are interested in getting involved in one of these actions or want to learn more, please contact [ryan.zeiger@pascoh.com](mailto:ryan.zeiger@pascoh.com)

### COMING SOON TO PASCO: Behavioral Therapy

- Children's Behavioral Therapy services can now be accessed by children on Medicaid under the Early Periodic Screening, Detection and Treatment rule. For more information go to: <https://www.colorado.gov/pacific/hcpf/pediatric-behavioral-therapies>
- PASCO is currently building the capacity to provide these much needed services. Stay tuned!

As always, the entire team in the central office and I are here to serve all of you so if you ever need anything please don't hesitate to contact us at 303-233-3122 or contact me at [ryan.zeiger@pascoh.com](mailto:ryan.zeiger@pascoh.com)

Thank you and I hope you are enjoying this wonderful start to FALL!



## HUMAN RESOURCE CORNER

We hope you all are doing well and have had a nice summer. We'd like to send out a huge thank you and applause to those of you that have been working hard with our team these past few months on getting your compliance items completed and staying up to date, it is much appreciated. As we move into fall and into the holiday's please keep your compliance requirements in mind as we know the end of the year is a busy time for everyone.

We've had some changes within our HR department this past month. First and foremost Chris Lauer is no longer with PASCO as he has moved on to pursue his interest doing out-

reach. Chris has been with PASCO for almost 7 years and will be greatly missed in our department. Taking Chris's place in recruiting is Andrew Layne, please feel free to stop by and say hello to him. The last change we have had is Erika Swanson has moved from HR over to intake so all compliance related issues will now be directed to Quinn Taccogno.

Open enrollment is now behind us for another year. Please contact Holly in HR if you have any insurance related questions or send her an email [Holly.Schanhals@pascohh.com](mailto:Holly.Schanhals@pascohh.com). Please remember if you participated in 24 hour flex last year and you still have money on your card you have until October 31, 2016 to use it otherwise you will lose it.

As always please feel free to contact anyone in Human Resources regarding any issues, etc. you might be having, we will be happy to assist you or point you in the right direction. If you do not know who you need to contact we have a general email box you can use and your message will be directed to the correct person. [HR@pascohh.com](mailto:HR@pascohh.com)

**Chris Livesay, Holly Schanhals, John Binning, Quinn Taccogno, and Andrew Layne**



### Care for the Caregiver Support and Resources for Parents & Caregivers

Are you caring for a loved one?

Are you stressed, overwhelmed or worried?

Are you not taking care of yourself?

#### You are not alone!

Join us to learn about resources to manage the challenges of providing care, meet other families and share your experiences while enjoying dinner & dessert!

Respite provided if needed.

When: Thursday, September 22<sup>nd</sup>

6:00 pm – 8:00 pm

Where: PASCO Offices 9197 W. 6<sup>th</sup> Avenue, Suite 1000 Lakewood, CO 80228

#### Please RSVP to

[cassidy.dellemonache@pascohh.com](mailto:cassidy.dellemonache@pascohh.com) or  
call directly to  
Cassidy 303-233-3122 Ext 387  
by Friday, September 16<sup>th</sup>

**Developmental Pathways**  
*Dedicated to Individuals with Disabilities*

**The Case Management and  
Community Outreach Departments present:**

## Transition Fair & Forum!

<p><b>Presentation Schedule:</b> <b>Doors open— 9:00 am</b></p> <ul style="list-style-type: none"> <li><b>- Supported Decision Making—9:30 -10:15 am</b> Presented by The Arc of Arapahoe and Douglas • Who Makes Decisions, Guardianship, and other alternatives.</li> <li><b>- Intake/Enrollment—10:30 -11:00 am</b> • Getting started, pre-enrollment prep, and what to expect during your enrollment.</li> <li><b>- Waiver Services—11:15 -11:45 am</b> • HCBS-SLS waiver—Specific services available through the waiver and how they can complement Transition services.</li> <li><b>- Medicaid/SSI—12:00 - 12:45 pm</b> • Learn about the ins and outs of Medicaid and Social Security including the tips and tricks to applying.</li> </ul> <p><b>*Spanish Interpretation will be available*</b></p>	<p><b>Saturday, September 24, 2016 9:00 am—1:00 pm</b></p> <p><b>Location:</b> 325 Inverness Dr. South, Englewood, CO 80112</p> <p><b>Who:</b> 16-22 year old individuals with an intellectual disability and their families</p> <p><i>*light refreshments available</i></p> <p><b>RSVP:</b> <a href="http://www.dpcolo.org">www.dpcolo.org</a> or <a href="https://goo.gl/AMrEa2">https://goo.gl/AMrEa2</a> <i>(RSVP encouraged, but not required)</i></p> <p><b>Questions &amp; Accommodations:</b> Jenny Skinner 303-858-2070 <a href="mailto:J.Skinner@dpcolo.org">J.Skinner@dpcolo.org</a></p>	<p>Come to gather information that will help empower individuals, families, caregivers, and educational providers. Learn how to: plan for, enroll, and benefit from the Supported Living Services (HCBS-SLS) Waiver while receiving Transition services through school!</p> <p><b>Information Tables:</b></p> <ul style="list-style-type: none"> <li>• The Arc of Arapahoe and Douglas Counties</li> <li>• The Arc of Aurora</li> <li>• Community Outreach Department               <ul style="list-style-type: none"> <li>• Division of Vocational Rehabilitation (DVR)</li> </ul> </li> <li>• Family Caregiver service options               <ul style="list-style-type: none"> <li>• Family Support Council</li> </ul> </li> <li>• HCBS Waiver service options               <ul style="list-style-type: none"> <li>• Intake/Enrollments</li> <li>• Medicaid/SSI</li> </ul> </li> <li>• Transportation Assistance (VIA)</li> </ul>
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### ADVANCED EMERGENCY PREPAREDNESS:

For People with Disabilities, Their Families and Caregivers

This interactive class is for people with disabilities, families and caregivers who have some background in emergency/disaster preparedness. This course is **NEW** and **FREE** to participants and will include hands on training for fire suppression, active treat response, emergency communications and pet/service animal preparedness. Students will receive free lunch and resources to add to family preparedness kits.

**When:** Saturday, September 24th from 10:00am- 4:00pm  
**Where:** Scheitler Recreation Center: 5031 W. 46th Ave. Denver, CO 80212

**Cost: FREE! (Lunch and snacks are included)**

**REGISTRATION:** Space is limited, please contact Denver Emergency Management to register: [DenverCERT@denvergov.org](mailto:DenverCERT@denvergov.org) or by phone at 303.725.3084 with names of the individuals attending and any additional accommodations needed to participate.

CART or ASL services available **upon request** before September 17<sup>th</sup> by calling: (720) 288-1008



This class is sponsored by the North Central All-Hazards Region and the Denver Office of Emergency Management and Homeland Security





## Wheelchair Mobility Strategies for the Fall: Tips from The Spinal Cord Injury Recovery Project

As the Fall approaches and school comes back in session, we have a few tips and tricks for our wheelchair-bound friends to help maintain mobility, flexibility, and overall health and wellness while living life in and out of the chair.

We know the difficulty: busy schedules and the beautiful Colorado Fall weather can cut into the time designated to maintain our health. With a little planning and a few easy strategies, however, you can maintain your joint health and muscle flexibility while minimizing some of the side effects of a chronic seated position.

The first step to health maintenance is to establish a regular movement or mobility practice. The Spinal Cord Injury Recovery Project holds a firm advocacy for daily mobility practice whether it is with one of our skilled adaptive exercise specialist or a fellow family member or caregiver. Lack of activity will deteriorate the good condition of any human being while movement and methodical exercise will improve and preserve it. At the Spinal Cord Injury Recovery Project the first thing we do is get our clients out of their chair and into a stretching routine to get stiff joints moving. In order to counteract some of the negative side effects of sitting, focus on the hip flexor, hamstring, and lower back muscle groups. Shoot for at least 15 minutes per day, and if you can do a routine after waking and before bed, even better. Remember, it doesn't necessarily matter what movement practice you choose, just that you are moving!

The next step to improving your mobility is about bringing awareness to your seated posture.

## Why is breakfast so important for children?

Studies show that breakfast is the most important meal of the day, especially for children. Eating school breakfast improves children's educational performance, behavior and health. As a parent, you can get involved in helping ensure that your children and other students get the most important meal of the day.

Find out about the School Breakfast Program and why breakfast is so important for children and teenagers, as well as how you can enroll your child(ren) for school meals.

To learn more about food and nutrition programs for your family and children, call the statewide, bilingual Hunger Free Hotline toll-free at (855) 855-4626, or in Metro Denver at (720)-382-2920. All calls are kept confidential.

Breakfast is considered the most important meal of the day, particularly for children. Those who do not eat a regular, nutritious morning meal may be more likely to struggle with poor academic performance, exhibit behavior problems and experience poor health.

### Eating breakfast can contribute to:

- Improved math and reading
- Improved standardized test scores, especially around test-

If you spend most of your waking time in a wheelchair, then optimizing your posture and position is the best way to make sure that you are keeping your body healthy. There are four primary areas that we would like you to focus on: head and neck, hips and lower back, knees, and feet.

Keeping your head in a good, stable position while seated is the easiest way to prevent downstream neck and shoulder pain. Try to always keep your head stacked directly over your shoulders with your chin tucked, and avoid craning your neck forward

taking time.

- Decreased tardiness and suspensions
- Improved memory, attentiveness and overall health

### Enrolling for free or reduced-price meals



Now is the time for families to enroll or re-enroll

for free or reduced-price meals, so their children have access to school lunches and possibly breakfast at their school. Besides ensuring children start off the day in a nutritious way, it also helps families stretch their food budgets farther.

### Complete the process today and encourage other families to do the same!

Schools have a rolling application process, so families can apply and see if they qualify anytime throughout the year. Check with your child's school about completing an application.

### What is the School Breakfast Program?

The School Breakfast Program is a federal nutrition program that provides reimbursement to

schools that serve breakfast to students who qualify. Hunger Free Colorado and other community partners are working to increase participation, so more students have a nutritious start to the school day.

Hunger Free Colorado works with the Colorado Department of Education, school districts, schools and communities to increase participation in the School Breakfast Program by assisting with the implementation of innovative-serving models that incorporate breakfast as part of the school's morning routine. Instead of the traditional method of serving breakfast in the cafeteria before classes start, elementary to high schools across the state can make it easier for students by offering Breakfast in the Classroom, Grab and Go, Breakfast After First Period or Breakfast on the Bus.

In 2013, Hunger Free Colorado served as a lead supporter for House Bill 13-1006, known as the Breakfast After the Bell Nutrition Program, to provide more Colorado children with access to a daily breakfast and the fuel to succeed in the classroom. On May 15, 2013, Gov. John Hickenlooper signed the bill into law, requiring schools to offer breakfast after the school day begins, beginning school year 2014-15, if 80 percent or more of the student body is eligible for free or reduced-price lunch. In the 2015-16 school year, schools with 70 percent or more qualifying students will have to follow suit.

while you sit on the edge of the table.

Moving on to the hips and lower back, it is very important to make sure your chair is fitted properly for your individual body. Ensure that your hips are all the way back in the chair to prevent slouching, and have someone check that both sides of your hips are even while you sit.

Now looking at the knees – are they pulling together while you sit? Is one slight turned out while the other is straight?

**Continued "SCI" Page 6**

and rounding your upper back, as this will quickly become your default resting position. If you find yourself in this rounded forward position, then try using the thoracic extension stretch: place a half foam roller, yoga block, or even a rolled up towel in your middle back (around the same level as your sternum), and use that roll to arch back and stretch out the front of your chest. You can do this in your chair, on a bed, or with a helper pushing into your mid-back and retracting your shoulders



**Senior Fall Prevention and Awareness** — Falls Are a Leading Cause of Injury in Seniors Many people don't realize that falls are the number one cause of injuries — and injury resulting in death — in older Americans. One third of American seniors fall each year, resulting in more than 2.3 million emergency room visits annually, according to the Centers for Disease Control and Prevention.

Falls in older adults can easily cause injuries, and lead to severe effects on physical and emotional quality of life. The CDC also lists these dangers of falling:

- Falls cause most fractures in older Americans, which include severe injuries like hip fractures
- Falls are the most common cause of Traumatic Brain Injury (TBI) — which can also cause severe and fatal falls
- Senior women are twice as likely to suffer fall-related fractures
- Senior men are more likely than women to die from a fall
- Falls in seniors can lead to a greater fear of falling, which can lead to reduced physical activity and fitness — thus increasing the actual risk of falls and worsening quality of life
- The economic cost of falls is high, too — about \$30 billion in direct medical costs in 2010

The facts sound dire, but as the National Council on Aging points out, "falling is not an inevitable result of aging." There are plenty of reasons to be optimistic: government programs are addressing falls as a public health issue, caregivers can take simple steps to reduce risks in the home and seniors themselves can take balance classes to improve fitness and mobility. Caregiver Tips for Preventing Senior Falls The best place to start in preventing senior falls is to take into account the potential causes of falling in older adults, whether it's osteoporosis, vision problems, lack of physical fitness, chronic conditions, medications or hazards in the home. Knowing what the greatest risks are to your loved ones can help you more effectively prevent them from falling.

The Council on Aging has plenty of helpful tips for helping your loved ones prevent falls:

1. Talk to your loved one about the risks of falling.
2. Encourage seniors to talk to their health care providers to assess fall risk.
3. Stay informed about your loved one's current health conditions, and whether they are experiencing any vision, hearing or balance changes.
4. Talk about the medications they are taking and any side effects.
5. Be sure your loved one gets regular eye and hearing checkups.
6. Encourage older loved ones to attend balance and exercise programs.
7. Notice if they have difficulties walking or standing, or if they are holding onto walls or furniture while walking.

**3RD ANNUAL SENIORS IN SEPTEMBER**  
SHINING A LIGHT ON SERVICES FOR OLDER ADULTS IN THE COMMUNITY



**FREE INFORMATION RESOURCE FAIR**      **LIFE MATTERS (WORKSHOPS FOR THE MIND, BODY & SOUL)**      **FREE CATERED LUNCH**

Sign language interpreter or CART  
Contact: 720-913-8487 or  
SignLanguageServices@denvergov.org

For information, please contact  
Amanda Gregg, Director of Office on Aging at  
720-913-8456 or visit  
denvergov.org/aging

Limited transportation provided.  
Call 720-913-8456 to RSVP and find a pick-up location near you.

**Thursday, September 15th, 2016**  
**10:00 AM - 2:00 PM**  
**At the Denver Art Museum**  
**100 W. 14th Ave. Pkwy., Denver**

Limited number of parking vouchers available for Cultural Complex Garage on 12th (just west of Broadway) distribution at the event.

Keynote by Mayor Michael B. Hancock

**Sponsors**



Denver Office on Boards and Commissions, Denver Regional Mobility & Access Council, Capitol Hill Care Link, Audio Information Network of Colorado, Colorado Gerontological Society, Jewish Family Services at Home, Susan G. Komen Colorado

**COMMISSION ON AGING**  
DENVER HUMAN RIGHTS & COMMUNITY PARTNERSHIPS

**OFFICE ON AGING**  
DENVER HUMAN RIGHTS & COMMUNITY PARTNERSHIPS

**Jefferson County**

**2016 LEGISLATIVE FORUM FOR SENIORS**

**Thursday, October 13, 2016**  
9077 W Alameda Ave, Lakewood, CO 80226  
2:00 pm - 4:00 pm

**Free Admission Refreshments included!**

**DECISION 2016**  
Local, state and national candidates will be represented to express their views on issues that impact seniors.

**Thank you Sponsors!**



### From "SCI" Page 4

While not everyone may be capable of controlling their knees while seated, you can easily place a physical block (towel, yoga block, etc...) so that your knees are always straight and evenly spaced throughout the day. Bringing awareness to these positions is a great way to avoid the common chronic shortening of the adductor and lateral hip muscles.

Finally, let's take a look at seated foot position. Again, having a properly fitted chair with good footplates is paramount. One of the things we look for when clients come into our gym is for the feet to sit perfectly flat and facing straight ahead on the footplates. If the feet are rolled up on the outside edge of the shoe or rotated outwards, then your body will slowly adapt to that position by tightening the surrounding muscles. Tight ankles will inhibit any functional lower body activity like walking or even standing. Correct this by adjusting footplates and using whatever props necessary to maintain a straight, flat foot. Maintaining good ankle flexibility by including it in your daily ROM stretches is also a great idea.

Remember that all of these body positions apply whether you are in a wheelchair or not! Taking the time to be aware of your daily posture and the positions that your joints are in throughout the day is the best way to prevent other joint issues down the road. We regularly tell our clients: it's not what you do in the gym, but what you do in the remaining 23 hours of the day that can make the most difference in your health.

Our final tip for the Fall is to change your body's positions as much as possible. For those who are going back to school, the office, or somewhere that you will be relatively inactive, take advantage of breaks. Go outside to catch a few minutes of sunshine. If you are able, stand up whenever you get a chance. Take mental breaks to go chat with someone you haven't met before. Tilt your chair back to shift the weight around on your hips. Try out an adaptive adventure on the weekend. Every opportunity to move, change positions, or get some activity is one that you need to take to remind your body that it can still move and be active. Maintain this mindset, keep up your movement and range of motion practices, and bring a concerted and diligent awareness to your seated posture every day and reap the rewards of a more mobile, healthy body.

## I/DD SERVICES

2016 has been a busy year for us in the PASCO I/DD Services Program. We have been excited to welcome many new individuals receiving CES, SLS, and DD waiver services to the PASCO family as we have been growing and expanding our program. In advance of Direct Service Professionals Recognition week from 9/11 – 9/15/16, we want to thank our valued Direct Service Providers, family caregivers as well as field staff, for their hard work and commitment to providing excellent services and supports to all of our individuals receiving services. We would also like to thank you all for your dedication to our department goals and mission. One of our department goals for 2016 has been to emphasize our commitment to provide services and supports that advance the independence and abilities of every single indi-

vidual receiving services, regardless of any and all challenges and obstacles they face in their daily lives. We have the expectation and belief in each individual receiving services' accomplishments and their ability to achieve higher levels of independence and success.

The entire I/DD team are continuing to work to refine, improve and enrich the services we offer. We continue to strive to identify new and improved ways to provide choice and self-direction through a person centered planning and service implementation model. We have been planning and offering a variety of community connections activities for our adults receiving services, including a series of job interest and readiness groups. In addition, our team is continuing to work toward improving and streamlining processes and paperwork for our individuals receiving services, their families and the Direct Service Pro-

viders providing services and supports. We are focusing on developing an electronic documentation, time keeping and scheduling system through Procura. We are in the pilot stage of integrating schedules into the system and transitioning into a streamlined system and process.

As always, the I/DD team is here to support and serve all of you. Thank you and I hope that you have enjoyed your summer and are looking forward to a wonderful start to fall!

Andrea Peralta, Lauren Jobe, Tammy Aaron, Danielle Miller, Lindsay Amacker & Kara Vigil

## DENVER COMMISSION FOR PEOPLE WITH DISABILITIES TO HOLD PUBLIC LISTENING SESSION ON ISSUES IMPACTING THE DISABILITY COMMUNITY

**What:** The Denver Commission for People with Disabilities invites the public to attend a listening session on issues affecting people with disabilities in Denver. The Commission will focus specifically on education, employment, transportation/mobility, housing, healthcare (physical, mental and developmental) and leisure/quality of life as each of these relate to matters impacting the lives of people with disabilities. Multiple community organizations will share come out share the unmet needs and concerns of individuals with disabilities in

Denver that they serve and provide insight about the programs or services, within the identified priorities, that they believe should be provided..

**When:** Tuesday, September 13, 2016, 9:20 a.m. – 5:00p.m.

**Where:** Blair-Caldwell African



**COMMISSION FOR PEOPLE WITH DISABILITIES**  
DENVER HUMAN RIGHTS & COMMUNITY PARTNERSHIPS

American Research Library;  
2401 Welton Street, Denver, CO 80205

**Why:** To assess the six major areas that track Mayor Michael B. Hancock's priorities: educa-

tion, employment, transportation/mobility, housing, healthcare (physical, mental and developmental) and leisure/quality of life.

### Mission Statement

The mission of the Denver Commission for People with Disabilities is to promote and enhance equality for people with disabilities through empowerment, advocacy and education by working with community members, and City and County of Denver officials and employees who have the ability to affect change.



# September 2016

## SCHEDULE OF EVENTS

- September 6 & 7—Pizza Night at Beau Jo's—[Arvada](#) (9/6) [Denver](#) (9/7)—Autism Society of Colorado
- September 9—Sensory Friendly Night at the [Denver Botanic Gardens](#)—Autism Society of Colorado
- September 13—Community Listening Session (see page 6)—Denver Commission for People with Disabilities
- September 15—Seniors in September (see page 5)—Denver Commission on Aging
- September 15—[Hops for Hope](#)—SCI Recovery Project
- September 20—[Voting Rights for People with Disabilities](#)—Disability Law Colorado
- September 20-22—[Elevate Respite Conference](#)—National Respite Network
- September 23—[Tall Tales Ranch Hoedown](#)—Tall Tales Ranch
- September 24—[Transition Forum and Fair](#)—Developmental Pathways
- September 24—[Bow Ties and Tales](#)—Canine Partners of the Rockies
- September 25—[Step Up for Down Syndrome](#)—Rocky Mountain Down Syndrome Association
- September 28—[Well Planned Party](#)—The Chanda Plan Foundation

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## ADA ACCESS AWARDS



### Annual Fundraiser Luncheon

October 21st, 12:00 - 1:30 pm

Arrival 11:30 am - 12:00 pm

The University of Denver's  
Driscoll Ballroom  
2055 East Evans Avenue,  
Denver, CO 80210

**Why:** All proceeds benefit the programs of CCDC. Goal is to

raise at least \$55,000!  
Individual tickets are \$40 each – a gourmet lunch will be served

*Keynote Speaker: [Felicia Griffin](#), the Executive Director of FRESC, will discuss Advocacy, Equity and Leadership. The current Chair of the Aurora Human Relations Commission, Griffin is a passionate speaker known statewide for her accomplishments in community organizing in Colorado.*

**Please RSVP by Friday, October 14<sup>th</sup> at 5:00 p.m. Seating is on a first come first serve basis.**

Individual tickets are \$40 each and are available upon request

and at the door. Sponsorships start at \$500.

**RSVP:** Contact **Laura Gabbay** at [lgabbay@ccdconline.org](mailto:lgabbay@ccdconline.org) or 720-249-2208 to reserve a ticket or become a sponsor. If you are unable to afford to buy a luncheon ticket and would like to come, please contact

**CCDC- Executive Director Julie Reiskin** [jreiskin@ccdconline.org](mailto:jreiskin@ccdconline.org), as our generous sponsors have made some funds available to ensure the event is inclusive.

To volunteer on the day-of the event, contact CCDC Community Organizer Dawn Howard at [dhoward@ccdconline.org](mailto:dhoward@ccdconline.org) for details.



I WOULD PUT MY  
OTTAWA ROUGH  
RIDERS OF 1976  
AGAINST ANY  
FOOTBALL TEAM EVER -  
- BRUCE MCNEIL

Hello, hope you are well and readying yourself for a delightful autumn, it is no doubt going to be pretty scenic up here in Ontario. I understand your football season starts soon, but up here we're already in week 12, and though my Ottawa Redblacks, are looking a little wobbly compared to the Calgary Stampeders, it's sure shaping up to be a heck of a year in the Canadian Football League. Be that as it may I was talking to my old friend, Don McBane, (a guy I've known since grade 4) and over the course of a few beers, the talk gets to the best football teams ever. He suggests some obscure teams from Dallas, and New England, where I counter and say that the Ottawa Rough Riders of 1976, would beat anyone. I mean Tom Clements, Tony Gabriel...I get goosebumps just thinking about that team. Who can forget old Frank Clair calling that genius 'hook an ladder' against the Blue Bombers? Yes sir, that team will definitely stand the test of time.



The 18th Judicial District Attorney's Office is hosting the Senior Law and Safety Summit on Friday, **October 14, 2016, from 8:00 am to 1:35 pm.** at the **Charles Schwab and Co. Events Center**, in **Lonetree, CO.**

This educational program focuses on topics pertaining to legal, safety, and fraud awareness issues in later life. Seniors, family members, professionals in the field of aging, and individuals contemplating retirement are particularly encouraged to attend.

Workshop topics include safe investing; ID theft prevention; fraud protection; wills, trusts, and probate; crime prevention; powers of attorney; Medicare and benefits; and reverse mortgages.

To register, please click on this link to download the registration form. It is a mail-in registration. If you have questions, call **720-874-8487** or email [bmw@da18.state.co.us](mailto:bmw@da18.state.co.us)

## Health First Colorado?



### What is Health First Colorado?

Medicaid in Colorado is now known as Health First Colorado (Colorado's Medicaid Program). While the name and look of Colorado Medicaid are changing, member eligibility, benefits, and choice of providers remain the same. The new name and logo better represent Colorado's member-focused approach to public health care coverage.

Health First Colorado (Colorado's Medicaid Program) is public health insurance for low-income Coloradans who qualify. Medicaid is funded jointly by the federal government and Colorado state government, and is administered by the Department of Health Care Policy & Financing. Each state manages its own Medicaid program differently.

### Frequently Asked Questions

#### Are there any changes to member eligibility or benefits associated with the new name and look?

There are no changes to member eligibility, coverage or enrollment processes associated with the new name and look for Health First Colorado (Colorado's Medicaid Program).

#### How is this change being communicated to health care providers?

Notification to providers of the change began in March 2016 with the update to the member identification card. Providers will be notified of the change through several communication channels, including provider claims remittances, the provider revalidation process and Department and provider partner direct outreach.

#### How were the Health First Colorado name and logo selected and who made this decision?

The Department of Health Care Policy & Financing contracted with a third party facilitator to conduct focus groups in English and Spanish that included current and prospective Medicaid members. The focus groups provided input on the name, logo and messaging associated with the new look and name. Additionally, health care leaders throughout the state and Department staff provided input via a survey. The final decision on the new name and logo was made by the Department leadership team.

partment leadership team.

#### How will the Department let members know about the new name?

The Department of Health Care Policy & Financing will conduct a statewide messaging effort in partnership with program contractors, community-based organizations and other partners, to communicate the change. Information about the new name and look will be available on the Department's website and social media sites.

#### How will the new name and logo relate to Connect for Health Colorado?

**Connect for Health Colorado** is the state insurance marketplace, or exchange, that opened in 2013 to help Coloradans purchase health insurance. Connect for Health Colorado works with the Department of Health Care Policy & Financing to ensure Coloradans are getting enrolled in health coverage, but is otherwise an independent, non-profit organization. The Department is working closely with Connect for Health Colorado to update references to Medicaid on its website and printed information with the new name.

#### How will this change be funded?

The Department received a grant from the Colorado Health Foundation that funded the development of the new name and logo, including the member focus groups and graphic design. In 2016, the Department received grants from the Colorado Health Foundation and Caring for Colorado to support the public launch, including an advertising campaign.

#### Is there a change in member costs associated with the new name?

There are no changes to member costs associated with this change. Medicaid does not have an enrollment fee, but in some circumstances co-pays may be required. Medicaid members who are pregnant, living in a nursing facility or age 18 years or younger do not have to pay co-pays. For more information about member benefits, visit the **Benefits and Services Overview**.

#### Tell me about the paid advertising campaign.

The advertising campaign, funded by grants from the Colorado Health Foundation and Caring for Colorado, will include statewide radio, transit (bus panel and bus shelter posters) and online advertising. All advertising will be in English and Spanish. Advertising will be targeted by

geographic and demographic data to reach members and EBNE (eligible but not enrolled) populations. Advertising dates will be between June 27, 2016 and September 16, 2016.

#### Tell me more about the Health First Colorado name and logo.

The name, Health First Colorado, reflects messages that the Department heard from members and eligible members in focus groups. The new logo is abstract and different people see different things when they look at it. The Department believes that it reflects a commitment to working collaboratively with partners and stakeholders and reflects the diversity of the members we serve.

#### When will the new name and look be introduced?

Health First Colorado (Colorado's Medicaid Program) will be officially announced by the Department of Health Care Policy & Financing as the new name for Medicaid in Colorado on June 27, 2016. The official announcement will include a press release, launch of the HealthFirstColorado.com website, and a paid advertising campaign, funded by grants. Effective June 27, 2016, member notices generated by the Colorado Benefits Management System (CBMS) will be updated to replace references to "Medicaid" and "Colorado Medicaid" with the new name, "Health First Colorado (Colorado's Medicaid Program)."

#### Which programs will be affected by this change?

The Health First Colorado name and logo will only directly replace the name "Colorado Medicaid." Other programs managed by the Department of Health Care Policy & Financing, including Child Health Plan Plus (CHP+) and the Colorado Indigent Care Program (CICP), and public assistance programs managed by other state health agencies, will not be affected by this change.

#### Why is Medicaid changing its name and look?

Good health and access to affordable health care is the very foundation of a productive, engaged life. Medicaid provides that foundation for over a million people in Colorado and through the new name and logo, we are proudly conveying the critical importance of the services we and our partners provide. The new name will also reduce confusion with "Medicare" and may reduce the stigma associated with the name Medicaid and public assistance.



**CONTACT US!**

Discovery Club  
303.233.1666 x237  
nhanson@eastersealscolorado.org

**OVERNIGHT RESPIRE  
at Rocky Mountain Village**

Guys Night Out Respite  
September 24-25, 2016

Traditional Respite #1 (Ages 6+)  
December 2-4, 2016

Ski Respite (Ages 6+)  
January 6-8, 2017

Traditional Respite #2 (Ages 6+)  
January 6-8, 2017

Girl's Slumber Party (Females 6+)  
January 27-29, 2017

Rocky Mountain Village Camp  
303.549.2333  
campinfo@eastersealscolorado.org

Coming Up For Air  
November 11-13, 2016

Coming Up for Air session will focus on kinship care, adoptive and foster families.

Coming Up For Air  
March 17-19, 2017

Coming Up for Air session will focus on kinship care, adoptive and foster families.

Meghan Baskett Kluth  
303.233.1666 x257  
mbaskett@eastersealscolorado.org

**THANK YOU!**

Arapahoe Community College  
College America  
Community College of Denver  
Concordia School of Nursing  
Denver School of Nursing  
Front Range Community College  
Metro State University  
Pikes Peak School of Nursing  
Regis School of Physical Therapy  
University of Phoenix School of Nursing  
Colorado Christian University

**Easter Seals Colorado**  
**Discovery Club**  
2016 - 2017  
www.eastersealscolorado.org

**Sponsors**

**Discover  
Learn  
Explore Grow**

A chance for children with disabilities and their siblings to discover, learn, explore, and grow.

**WHO**

Children of ALL abilities, including children with extensive needs and their siblings. Ages 6-21 years.

**WHAT**

A day for children and youth to explore and learn in a friendly social setting. Children will meet new friends and enjoy recreational activities such as sports, games, singing, drama and more. Discovery Club acts very similar to child care allowing parents a break from care-giving and a chance for them to rest and recharge.

**WHEN**

From 10:00 AM to 4:00 PM  
From September through May.

**WHERE**

Aurora, Boulder, Fort Collins, Highlands Ranch and Northglenn.

**AURORA**

Holy Love Lutheran Church  
4210 S. Chambers Rd. Aurora, CO 80014  
DATES: Sept 24, Oct 22, Nov 26, Jan 28, Feb 25, Mar 25, Apr 22

**BOULDER**

Boulder Valley Christian Church  
7100 S. Boulder Road, Boulder, CO 80303  
DATES: Sept 10, Oct 8, Nov 12, Dec 10, Jan 14, Feb 11, Mar 11, Apr 8, May 13

**FORT COLLINS**

Redeemer Lutheran Church  
7755 Greenstone Trail, Fort Collins, CO 80525  
DATES: Oct 22, Nov 26, Jan 28, Feb 25, Mar 25, Apr 22, May 27

**HIGHLANDS RANCH**

The Living Way Fellowship Church  
345 E. Wildcat Reserve Pkwy, Highlands Ranch, CO 80126  
DATES: Sept 17, Oct 29, Nov 19, Dec 17, Jan 21, Feb 18, Mar 18, Apr 15, May 13

**NORTHGLENN**

Gethsemane Lutheran Church  
10675 N. Washington St. Northglenn, CO 80233  
DATES: Oct 1, Nov 5, Dec 3, Jan 7, Feb 4, Mar 4, Apr 1, May 6



- \* \$30 Annual Registration Fee
- \* \$30 Per Person
- \* \$50 for 2+ Children Per Session (Same Family)
- \* Financial Assistance Available
- \* All Forms Must be Submitted Prior to Attendance

**OUR STAFF**

Our staff of professionals and trained volunteers can provide care for most children who need assistance with mobility, eating and other care needs.

**Free Voting Workshop**

Join other self-advocates and parents

**Topic: Voting Rights and Responsibilities for People with Disabilities**  
*Presented by Disability Law Colorado*

**Date:** Tuesday, Sept 20, 2016

**Time:** 6:00-8:00 pm

A light meal will be provided

**Place:** Developmental Pathways  
11111 E. Mississippi Ave  
Aurora, CO 80012

Sign Up Today!

Participants may register online or by phone:  
PEAK Parent Center  
<https://www.peakparent.org/events/voting-rights-and-responsibilities-people-with-disabilities-2>  
719-531-9400 or 800-284-0251  
Please register by Sept. 15, 2016

**Join us to explore:**

- Your rights to vote
- The laws that provide access for people with disabilities to vote
- The in's and out's of registering to vote
- Voting requirements
- Accessibility at the voting poll

Please visit PEAK Parent Center's website for additional information:  
<https://www.peakparent.org/events>  
611 North Weber Street, Ste. 200  
Colorado Springs, CO 80903  
719-531-9400 or 800-284-0251

**Sponsors:****FREE Legal Clinic**

Do you have a legal question, but can't afford an attorney? Come to our Drop-in Clinic and get some answers!

**Wednesday, October 26, 2016**

**9:00am-12:00 pm & 1:00-3:45pm**

**Adams County Justice Center**

**1100 Judicial Center Drive**

**Brighton, CO 80601**

**1st Floor Training Room**



**Areas of Law covered:** Divorce, Custody, Child Support, Tenant/Landlord, Eviction, Traffic, Juvenile, Criminal, Small Claims, Civil Protection Orders, County Civil Money cases, Guardianship, Conservatorship, Estate Planning, Probate

**Representatives will also be available from:** Colorado Fraud Protection, Office of Dispute Resolution (mediation), Project Safeguard (Domestic Violence advocates), Child Support Services, Senior Reach/Community Reach Center (Mental Health)

Attendees will be seen **first come, first serve**. Attorneys will spend between 10-15 minutes with each individual. This meeting will not constitute an attorney-client relationship and all participants will be required to sign a waiver.

Sponsored by:



**Se Habla Español**

1 of 2

## EPSDT Pediatric Personal Care

The Pediatric Personal Care Benefit helps Colorado Medicaid members 20 years old and younger with in-home, non-medical support with daily living activities

Personal care services may take different forms, such as completing a task for someone, supervising someone to ensure a task is performed safely, showing someone how to complete a task, or reminding or cueing someone to complete a task. There are 17 personal care tasks included in this benefit. Members who qualify for the benefit can receive support with any of these 17 tasks.

### You do not qualify for Pediatric Personal Care Benefits if you are getting services through...

- Consumer-Directed Attendant Support Services (CDASS)
- In-Home Support Services (IHSS) (except through the CHCBS waiver, which does not provide personal care)
- Home Care Allowance (HCA)
- HCBS-Persons with Developmental Disabilities (DD) waiver
- HCBS-Children's Habilitation Residential Program (CHRP) waiver

### Can I provide personal care services to my family member through this benefit?

According to the federal rules, an adult who is legally responsible for a dependent individual is not allowed to get paid by Medicaid for providing personal care services to that individual. This means that parents, spouses, and other legally responsible adults cannot be reimbursed for providing personal care services to their own children, spouses, or otherwise dependent individuals. However, client referred employees can apply to work as a personal care worker to provide support for a specific child.

Please go to <https://www.colorado.gov/pacific/hcp/early-and-periodic-screening-diagnostic-and-treatment-epsdt> for more information, and read the full benefits standard at <https://www.colorado.gov/pacific/sites/default/files/Pediatric%20Personal%20Care.pdf>



### 17 Personal Care Tasks

1. Bathing / Showering
2. Dressing
3. Feeding
4. Medication Reminders
5. Ambulation / Locomotion
6. Meal Preparation
7. Hygiene - Hair Care / Grooming
8. Hygiene - Mouth Care
9. Hygiene - Nail Care
10. Hygiene - Shaving
11. Hygiene - Skin Care
12. Toileting - Bowel Care
13. Toileting - Bowel Program
14. Toileting - Catheter Care
15. Toileting - Bladder Care
16. Mobility - Positioning
17. Mobility - Transfer

If you need personal care support for any tasks not covered by this list, additional support may be available.

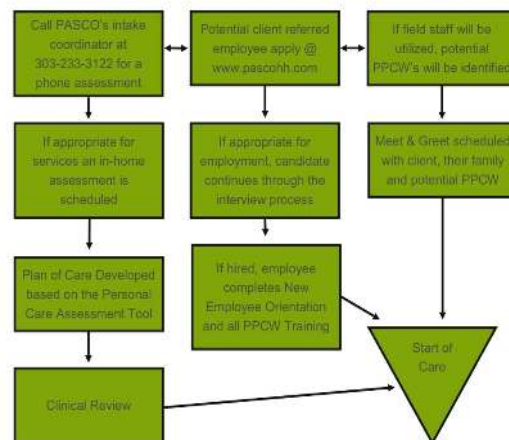
Call the Pediatric Personal Care Line at 303-866-3447 or email [personalcare@state.co.us](mailto:personalcare@state.co.us) with any questions about these or other personal care tasks.

## EPSDT Pediatric Personal Care



EPSDT – Personal Care Services are available at PASCO to those EPSDT eligible recipients (up to age 21 years) that meet the medical necessity for these services. These services are not intended for providing respite.

### Steps to accessing Pediatric Personal Care Benefits @ PASCO



### Who can be a Pediatric Personal Care Worker?

Personal care workers must be 18 years of age or older. PASCO requires new employees to attend training in the following areas before working as a Pediatric Personal Care Worker:

- New Employee Orientation
- Confidentiality
- HIPAA
- Rights & Due Process
- Incident Reporting
- Mistreatment, Abuse, Neglect and Exploitation and Abuse Prevention
- CPR & First Aid
- Training Specific to the Person Receiving Services
- Personal Care Skills & Lift Training (Skills Den)
- Health & Safety / Universal Precautions
- Safety Care Crisis Intervention

## Putting a Face with the Name—Toni Uhe Personal Care Services Supervisor

Toni Uhe (think “Pull a u-ey at the light”) came to PASCO and hit the ground running. If it has to do with personal care services, Toni is involved, from the front door to assessing to scheduling. She’s the first person a client would see after an initial intake is rerouted her way, and would be there all the way through...from “soup to nuts.”

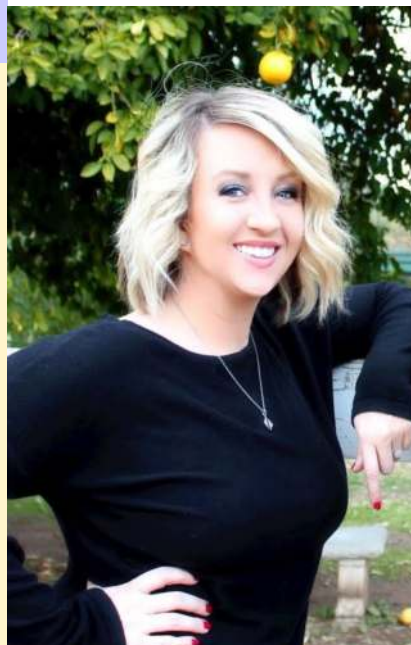
By creating a new program from scratch, challenges are ahead and Toni’s enthusiasm will only go so far. Coming from Houston and the Lone Star states miniscule resources, Toni is busy learning the ins and outs of Colorado personal care services, and is pleasantly surprised by Colorado’s commitment to keeping people in the community. All the while, Toni is trying to create bridge services to help improve clients quality of life. “The idea,” she says, “is to successfully create gap services for our clients between skilled and unskilled services, while harnessing independence, and hiring great staff.”

Initial thoughts on PASCO have been positive, with Toni stating emphatically that “for people living in the community, PASCO is the most thoughtful and caring agency I have ever encountered in all my time in the business. Their commitment to clients and employees is phenomenal.”

Originally from Arizona, where Toni earned her MSW from Northern Arizona University. She worked extensively in human services California, Texas and Arizona. Having just recently moved to Colorado, Toni loves spending time with her husband and dogs (Bentley the Beagle and Gidget the Chihuahua) in the more forgiving Colorado outdoors. She is also an avid movie buff.

Toni is a great PASCO addition, and amazing resource. Get to know her.

Toni can be emailed at [toni.uhe@pascoh.com](mailto:toni.uhe@pascoh.com)



**Toni Uhe—  
Personal Care Services Supervisor**





"John Morris really does understand"

It was not that long ago that John Morris was like every other young man, looking forward to his future possibilities and challenging himself to do all the things that young men do. At least that was the plan until one day, as the result of a snowboarding accident, life changed forever. As the result of landing in an awkward position, John injured his spine, and learned shortly thereafter that he was going to be a C-4 quadriplegic, and he would be confined to a wheelchair for the rest of his life.

John spent the first several years of this new existence in a manually propelled tilt in space chair. It did not take long for him to notice that the chair he occupied did not have a sus-



pension system, and as a result, he was feeling every little bump and crack in the terrain along the routes he traveled on a daily basis. Worse than that, he was aggravating his body, resulting in fre-

quencing spasms and skin abrasions, as well as other secondary ailments associated with being confined to a wheelchair.

John was determined to do something about the suspension problem with wheelchairs, and do

what he could to make caregivers and professionals aware of the issue. He decided to complete his education and earned a degree in economic and a minor in business from Colorado State University. He also entered into their program for entrepreneurship and as a result of that discovery, decided to form his own company, QuadshoX, to deal with the wheelchair suspension issue.

QuadshoX is now an F.D.A. approved, durable equipment provider whose products are eligible for reimbursement from Medicare, Medicaid, and other insurance carriers. Its products can be purchased as part of the initial wheelchair prescription, or retrofitted to an existing wheelchair to improve its utility. You can learn more about QuadshoX and the products it provides by visiting their website at:

[www.quadshox.com](http://www.quadshox.com).



Sibling Tree's mission is to support and empower siblings of individuals with special needs and provide them with the resources necessary to become effective self-advocates. Sibling Tree provides companionship, while instilling confidence.

Sibling Tree was established in 2013 as a 501(c)(3) organization by siblings of individuals with intellectual and developmental disabilities (I/DD), who were interested in providing support and resources for other siblings of individuals with disabilities in order to empower them to become advocates along with their brother/sister. In 2015, Sibling Tree became the Colorado chapter of the National Sibling Leadership Network (SLN). The SLN represents over 5,000 siblings across the lifespan and sibling supporters with chapters in 21 states. The SLN's primary mission is to provide siblings of individuals with I/DD the information, support and tools to advocate with their brother and sisters and to promote the issues important to them and their entire families.

Sibling Tree has programs for children, teens and adults. PASCO currently hosts Sibs in the City, an opportunity for adult siblings to connect that meets at the PASCO offices the 3<sup>rd</sup> week of the month – check out our Facebook page for announcements. PASCO is in the process of working with Sibling Tree to also host activities for children and teens.

Check out this great opportunity to get connected at <http://www.siblingtree.org/>.



Suzanne Goodspeed, Esq.

Goodspeed & Merrill

Is Proud to Present  
**Protecting Your Child's Future:  
An Educational Session for Families of  
Children with Special Needs**



Nathan Merrill, Esq.

### What Will Happen If...?

*"As the parent of a child with special needs, I know this question and topic can be daunting. It's what can keep us up at night. As a professional, I want our community to have access to the best and most current information."*

-Suzanne Goodspeed, Esq.

**Presented by: Melissa J. Edelman, CLU, ChSNC, Betty Lehman, Disability Advisor and Nathan Merrill, Esq.**

\*What if my child is disqualified from benefits because a family member names my child in his/her will?

\*Do the guardians know our wishes and intentions for my child?

\* Am I leaving enough money behind?

**When:** Wednesday, September 21

**Doors Open:** 5:30pm

**Presentation:** 6:00 PM sharp – 7:15

**Where:** Glenmoor Country Club  
The Highland Room  
110 Glenmoor Drive  
Cherry Hills Village, CO 80113

**Topics include:**

Financial Planning, **ABLE Act**,  
Letter of Intent  
**Legal Considerations**, Medicaid Waivers,  
Disability Benefits

\*Heavy Appetizers and Refreshments Provided\*

**CHILD CARE TO BE PROVIDED**

\*RSVP Required: Kelly at Goodspeed & Merrill, [client.relations@goodspeedmerrill.com](mailto:client.relations@goodspeedmerrill.com), or 720-287-6984\*



Join us in support of spinal cord injury recovery.

**CIRCUS PERFORMERS  
LIVE & SILENT AUCTION  
LIVE ARTIST PERFORMANCES  
BEER TASTING and MORE!**

September 15th 6pm  
Arvada Center

**[Click here to purchase tickets!](#)**



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*Your Home. Your Community.  
Your #1 Choice.*

*Reference in this Newsletter to any specific product, service, or company does not constitute a recommendation by Personal Assistance Services of Colorado (although we do our best to support community friendly organizations.)*

### Section 8 Lottery Housing Choice Voucher Program

2017 Housing Choice Voucher (Section 8) Lottery will be accepting entries on Thursday, **September 22** and Friday, **September 23**, 2016. For more information on the Lottery (Frequently Asked Questions)--Click [here](#)

Selected and approved families will need to meet the following basic program requirement to include but is not limited to:

- Meet HUD basic eligibility requirements: not a registered sex offender and/or not convicted of methamphetamine manufacture or production on public housing premises
- Have not been evicted from federally assisted housing for drug-related criminal activity in the past 3 years
- Have not been evicted from federally assisted housing within the last 5 years
- Does not owe monies to any subsidized housing programs
- Cannot exceed income guidelines

*Personal Assistance Services of Colorado (PASCO) is certified under Medicare, Medicaid, and the Medicaid Home and Community Based Services (HCBS) program to provide personal assistance services to children and adults with severe disabilities. PASCO was incorporated in 1991 and began providing services to persons with disabilities on January 1, 1992. PASCO's mission is to provide personal assistance services, promoting independence and safety to clients and/or their families. PASCO continuously strives for client and employee satisfaction. The foundation of PASCO is CHOICE. To the maximum extent possible, PASCO works to accommodate the needs and wants of each client. PASCO provides services in the following counties: Adams, Arapahoe, Boulder, Broomfield, Clear Creek, Denver, Douglas, Elbert, El Paso, Gilpin, Jefferson, Larimer, Morgan, Park & Weld.*

## HopeKids Colorado

HopeKids provides FREE ongoing events and activities and a unique support community for families who have a child with a life-threatening medical condition. Each month we schedule a variety of sporting events, live entertainment, museum visits, or other types of fun activities for the whole family.

### Areas of Impact

We focus on five research-driven impact areas to ease the journey for families who are walking through the hardest time in their lives:

**Hope and Anticipation** to keep kids looking forward to the next fun event around the corner.

**Family-Focused** events bring the family together and prevent siblings from being unintentionally overlooked.

**Community and Support** fosters lasting support among people who share similar challenges.

**Safety and Acceptance**

through HopeKids' supportive peer community where no child is the only one wearing a mask or using a wheelchair.

**Economic Support** through free events because all families are seriously impacted



by overwhelming medical costs.

### Apply to Become a HopeKid

If you have a child age 0 -18 with cancer or a life-threatening medical condition ~ i.e. a progressive, degenerative, or malignant condition that may jeopardize the child's life, we would love for your family to become a part of our program.

The first step is to submit the HopeKids application by clicking "become a HopeKid" on our website ~ [www.HopeKids.org](http://www.HopeKids.org). Next, we will determine your child's medical eligibility with the help of the treating physician. Once you complete the registration process, you will begin receiving invitations to our monthly free events.

If you have any questions regarding HopeKids or the application process, please contact [lisa@hopekids.org](mailto:lisa@hopekids.org).



For More in formation about the September 24th Event click [here](#)

