

Save the Date for PASCO's 27th Annual Picnic! Tuesday, June 18th, 2019 11am-2 pm

Morse Park

INSIDE THIS ISSUE:

Colorado ABLE

Human Resources Corner

T.A.C.T 3

KADEP

Various Resources

Medicaid Buy-In for **Working Adults**

Various Resources

Reference in this Newsletter to any specific product, service, or company does not constitute a recommendation by Personal Assistance Services of Colorado (although we do our best to support community friendly organiza-

PASCO Picayu #Everybodyin

VOLUME 23, ISSUE I

SPRING, 2019

Need a ramp? Apply for HBF's Blitz Build today!

The Home Builders Foundation is currently seeking out applications for people needing ramps to be completed during its 2019 Blitz Build!

In 2011, the HBF organized the Inaugural Blitz Build, where seven ramps were built for seven families across the Denver metro area in just three days. The Blitz Build was a huge success for the recipients, the HBF and all of the companies involved. Since 2011, close to 130 ramps have been completed during Blitz Build weekends, mobilizing hundreds and volunteers and impacting recipients and their extended networks of care. In 2019, the HBF plans on building on the success of the past eight years by completing at least 20 ramps (possibly more!) on <u>August 22nd, 23rd and 24th,</u> 2019.

If you have a client, colleague or family member who is in need of a ramp OR need one yourself, please fill out the HBF's application for assistance. Note: Any ramp applications received from now through June 2019 will be considered for the Blitz Build. Projects need to meet the requisite qualifications and will be reviewed on a first-come, first-served basis of the completed application.

For more information on the HBF and the services they provide, visit hbfdenver.org or call us at 303-551-6721.



Funding for Services and Support Available to Denver Residents with I/DD through RMHS

Denver residents with intellectual and developmental disabilities (I/DD) can receive funding to support their unique needs through the Rocky Mountain Human Services (RMHS) Mill Levy Program.

In 2003, Denver residents approved a mill levy, or property tax, to support individuals with I/DD in Denver. Denver Human Services directs most property tax income from the mill levy to RMHS.

Denver residents with I/DD and their families can request services and support from RMHS to meet their individual needs that are not available through other resources. Examples include:

- Adaptive equipment
- Durable medical equipment
- Dental and medical costs
- Evaluations and assessments
- Transportation
- Caregiver and parent training
- Car seats
- Safety items
- Cribs and beds
- Some Medicaid-limited services and support

Requests can be made in two ways.

If you have an RMHS service coordinator, contact him or her to submit your request.

If you do not have an RMHS service coordinator, visit www.rmhumanservices.org/individual-requests to complete an online form, or contact RMHS at (303) 636-5865 or MillLevy@rmhumanservices.org.

To learn more about the RMHS Mill Levy Program, visit www.rmhumanservices.org/ml.



MAY 24-26 AURORA FOX ARTS CENTER

JUNE 1-2 ELAINE WOLF THEATRE, MIZEL ARTS AND CULTURE CENTER AT THE JCC

JUNE 6 LEVITT PAVILION

STEVE WILSON

DONNA DEBRECENT

TICKETS \$30 SUGGESTED DONATION

VISIT PHAMALY.ORG OR CALL 303-365-0005

Colorado Initiative for Inclusive Higher Education

Please join us for a presentation by The Colorado Initiative for Inclusive Higher Education (IN!), a non-profit founded in 2014 by educators, disability leaders, students and families who have a vision for better and more fulfilling career opportunities for people with intellectual and developmental disabilities (I/ DD). We will discuss options for students

Continued "Education" Page 6



Save money tax-deferred.

The earnings on your investments are federally tax-deferred and tax-free, if used for qualified disability expenses. That can help your savings compound, earning returns on your returns.

Keep your needs-based benefits.

Colorado ABLE accounts are an addition to, not a replacement of, government programs and do not affect eligibility for any federal needs-based programs including Medicaid. There is a limitation for Supplemental Security Income (SSI) benefits explained below:

- Balances of \$100,000 or less are excluded from your SSI resource limit.
- Only the amount OVER \$100,000 is counted against your limit, along with assets held in non-ABLE accounts.
- If your account causes you to exceed the SSI resource limit, then your SSI benefits will be suspended until the account balance no longer exceeds your resource limit.
- You'll continue to be eligible for Medicaid, regardless of your account balance

Investment options that fit your needs.

Choose from among six different investment options, including four mutual fund based investments and one FDIC-insured investment

Friends & family can contribute to your account. Anytime.

Anyone can contribute directly to your account. No matter who contributes, you, the account owner or authorized individual, retain control over the account.

Contribute more with Earned Income.

ABLE account owners who earn income may contribute additional funds beyond the annual \$15,000 contribution limit. The additional annual contribution amount is equal to the federal poverty level for a one-person household (in your state of residence) or the account owner's gross wages, whichever is less. Working account owners are not eligible to contribute the additional funds if they are already contributing to:

- a defined contribution plan
- an annuity contract
- an eligible deferred compensation plan

Account Owners should keep adequate records to ensure the limit is not exceeded. Any increase in contributions could impact tax obligations, so consult a tax advisor before making any such increase. If you are eligible, fill out the <u>Self Certification</u> form.

Save up to \$15,000/year.

No

further contributions may be made until the start of the next calendar year. Account balance limit: \$400,000

Your annual contribution limit is: \$15,000

work and earn income, you may be eligible for an increased annual contribution limit. <u>Learn more about self-certifying.</u>

Set up automatic contributions.

These

are contributions of a specific amount made automatically into your account on a custom frequency basis. For example, you can set up recurring contributions of \$25 per month. This makes the process of investing very simple.

Easily create an account in minutes

Just

tell us a little bit about yourself and select your investments. That's it. You can easily access your account at any time, from a PC, tablet, or mobile device. Plus, you can get started with as little as \$25.

¹ Earnings on non-qualified withdrawals may be subject to federal income tax and a 10% federal penalty tax, as well as applicable state and local income taxes.

Contact Information

Existing Account Holders:

Call <u>1-888-609-3468</u>(Available Monday – Friday, 8am – 5pm MST) <u>co.clientservice@savewithable.com</u>

Do you have a group or organization that would like to know more about the benefits of this plan? A representative from Colorado ABLE is available to speak to groups of 10 more. To get more information, or to schedule a presentation:

Call 303-376-8833

(Available Monday – Friday, 8am – 5pm MST)

mkeglovits@collegeinvest.org

https://www.coloradoable.org/



Advocacy, Resources, Caregiving, Hope

The Arch Foundation (TAF) is a local nonprofit organization with a mission of providing support to family caregivers of people with diverse abilities to find balance in their own lives.

Our goal at TAF is to help caregivers maintain their sense of self within our community.

- We are here to listen, share resources, build you up so you feel strong to advocate for yourself and others
- Share a laugh over a cocktail & a shoulder to cry on
- Provide programming moments for you to take a deep breath for yourself & share the challenges of managing a life of someone with diverse abilities

Join us for our free monthly activities or contact for more information. TAF provides respite funds so family caregivers can attend activities.

(970)217-7448 heather@thearchfoundation.org

https://www.thearchfoundation.org/



Teaching the Autism Community Trades | Summer 2019 (303) 295-0163 | buildwithtact.org | tactinfo@buildwithtact.org

This Summer, how would you like to help your child discover their passion and take their skills in electronics, woodworking or design to the next level? T.A.C.T. is offering unique camps in a variety of trades and kids get to keep all of their creations! Class space is limited for each camp, so sign up today. All tools and materials are provided. Contact becky@buildwithtact.org with any questions!





Youth Sewing Camp

Geared toward the beginner, this camp will teach sewing machine basics while creating fun projects.

Blending Carpentry and Metal Arts, students will spend the week learning tool safety and then crafting beautiful furniture Ages 16+

Metal & Wood Furniture



9:00 - 12:00 Ages 5-9 \$350 June 10th - 14th, 2019

Woodworking Camp

Campers will develop their carpentry skills and build fun and functional items

9:00 - 12:00 1:00 - 4:00 Ages 5-9 \$350 Ages 10+



June 17th - 21st. 2019

Electric Guitar Camp

Combining electronics and instrument building, students will get the unique experience of building their own electric guitar

9:00 - 12:00 Ages 10+ \$500

Metal & Wood Furniture

Blending Carpentry and Metal Arts, safety and crafting beautiful furniture

1:00 - 4:00 Ages 16+ \$350

Youth Arduino Camp

This beginner level electronics camp will teach young students the basics of arduino

9:00 - 12:00 Ages 5-9 \$400

Drone Builder Camp

1:00 - 4:00

Your teen will love this camp -- They will get to build their very own quadcopter kit and learn how to fly it!

Ages 16+ \$500

June 24th - 28th, 2019

TACT Trades Intro/STEAM Camp

This camp is perfect "sampler" for the kid who loves making things and seeing how they work. Over five days, we will explore electronics, carpentry, fiber arts, and auto mechanics. 9:00 - 12:00 Ages 5-9 1:00 - 4:00 Ages 10+ \$400



August 5th - 9th, 2019 Costume Design

Students will learn about measuring, patterns, cutting, sewing, fitting, and crafting that goes into make their own costume. 1:00 - 4:00 Ages 10+ \$350



OUR ANNUAL FUNDRAISER

NEW NAME! NEW DATE! NEW AUCTION ITEMS! Same Great Cause, New Location, and Always A Lot of Fun!

JOIN US FOR A LITTLE SOIRÉE, AT OUR NEW LOCATION



The GRID Collaborative Workspaces, 445 Broadway, Denver

Get your tickets at alittlehelp.org/soirée or by calling us at 720-242-9032.















- Weekday Round of Golf for 3 at the Glenmoor Country Club
- A Golfers Delight Basket with a fantastic bottle of bourbon
- Denver Broncos Game Tickets
- Ikon Season Pass with access to 38 iconic winter destinations across the Americas. Japan, Australia and New Zealand
- Tickets to Puzzahl The Interactive Puzzle Game Experience
- 2 tickets to "Anastasia" at the **Buell Theatre**
- African Safari for Two
- ½ Day Hunt for 2 Hunters at The Buffs
- A True Cattle Ranch Experience for 4 Cowboy and Girls

Gift cards for many local restaurants



In order to better understand the experiences of people with intellectual and developmental disabilities have when interacting with the criminal justice system in Larimer County, The Arc of Larimer County is conducting a number of focus groups with parents/guardians/caregivers of people with I/DD.

To be eligible for a focus group, you must:

- Be a Parent/Guardian/Caregiver of an individual with I/DD
- If you are not sure if the individual you care for qualifies as having an intellectual or developmental disability, our focus group facilitator will call you and help determine eligibility for the project. You can learn more about the definition of intellectual and/or developmental disability here: https://www.thearc.org/learn-about/ intellectual-disability
- The individual with I/DD you care for must be 10+ years old
- You and/or the person with I/DD you care for must live in Larimer
- The individual that you care for has experienced an interaction with the Criminal Justice System OR you're interested in the criminal justice system and how it relates to people with I/DD
- Be able to attend a 90-minute interview

Human Resource Corner

We hope you all have had a nice winter and are ready for some warm weather, we sure are!

We would like to welcome Kristin Layne to our HR Team. Kristin will be doing all compliance items so if you are due for your annual requirements she will be the one reaching out to you to get those done.

If you have a profit sharing account with PASCO you can now make contributions to it. If you would like more information on this please reach out to our benefits coordinator, Holly Pajaud at Holly.Pajaud@pascohh.com.

Most of you are aware that annual CEU's are due each year during your anniversary month. Save time and paper by doing them online! Please remember that not completing your annual requirements will lead to your employment being placed on hold until the items are completed.

As always please feel free to contact anyone in Human Resources regarding any issues, etc. you might be having, we will be happy to assist you or point you in the right direction. If you do not know who you need to contact we have a general email box you can use and your message will be directed to the correct person. HR@pascohh.com

Chris Livesay, Holly Pajaud, Kristin Layne, Zoe Broughton, Erin McDonough, and Melissa Angel



Transition From
Pre-K - Kindergarten: What Parents
Should Know

- Tuesday, April 23, 2019
- 5:00 PM 7:00 PM
- Adams County Governmental Bldg. (11860 North Pecos Street Westminster, CO, 80234)

You Will Learn the Following:

- School Choice
- Decision Considerations
- Parent Transition
- School Readiness
- Communication Between Old school and New school
- Open Enrollment
- Types of Schools
- Talking to Your Child About Their New School
- Special Education and Kindergarten
- Activities

Registration is not required to attend this training.



Volunteers Needed for Spring 2019!

The Spring season is right around the corner and we are looking for volunteers!

Without you, we wouldn't be able to run our program. Miracle

League of Metro Denver depends on each and every volunteer to help our players both on the field and off by creating an atmosphere conducive to baseball.

METRO DENVER

Some of our players need assistance with all aspects of baseball, some need very little more than cheering. Either way, your presence makes all of the difference in the world!

Below are the dates that still need volunteers:

April 27th: 9am - 12:30pm May 4th: 11am - 2pm June 1st: 11am - 2pm

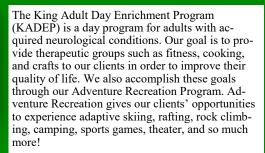
In order for Volunteers to participate, you must:

- 1. Have reached at least 10 years of age or be an athlete's immediate family member
- 2. Call or Text Jim @ 720-219-2999 to set up a time and date for you and/or your group to volunteer
- 3. Complete the Online Volunteer Waiver
- 4. Show up 30 minutes early on your volunteer day, sign in, make a name tag and be ready for general instructions on the pitcher's mound.
- 5. Have Fun!!!

No baseball or softball experience is required! We have coaches on every team to provide athletic guidance

If you or someone you know is interested in volunteering with our program, please contact Jim Morgan by calling or texting: 720-219-2999!





https://www.mscenter.org/care/adult-day-program

KADEP is open weekdays from 7:30 am to 4:30 pm. Breakfast and lunch are served daily, with special diets and snacks, as needed. To schedule a tour of this innovative day enrichment program, call 303-433-6887.









Autism Diagnosis Deserves The Highest Level Of Confidence

We have a diverse team of highly skilled professionals that provide the greatest level of accuracy and insight.



Our **Autism Diagnostic Team** Is Your Missing Piece!

Clinical Psychologist | Occupational Therapist Physical Therapist | Speech Therapist

Follow-Up

Team

Review of conclusive results

Explanation of Final

Comprehensive Report

30-60^{min}

and recommendatio



Parent Interview

Psychologist Administers ADI-R

Parent Homework ntal Histor land Adaptive Behavior Scale-3 Child Behavior Checklist Sensory Profile-2

2hr

shandyclinic

Adaptive Behaviors Articulation Cognitive Functioning Emotional Regulation Fine/Gross Motor

Colorado Springs/Pueblo: 719.215.7874

Child

Evaluation

Team

Gold Standard Assessments
ADOS-2, Bayley Developmental Scales,
Peabody Developmental Motor Scales,
Developmental Profile-3, Preschool
Language Scales, 5th ed.

4hr

Play Strategies Self Care Skills Sensory Processing Social Skills Language Delays

Denver: 303.217.9354 shandvclinic.com/asd

Exceptional Therapy For Exceptional Children



- Join PEAK Parent Center for these upcoming of webinars for families and educators!
- Register for all four or just the ones that interest you the most.
- Space is limited! Please register online for each webinar you wish to attend and then you will receive a confirmation email with directions on how to access the webinar(s).

Please visit PEAK Parent

Center's website for additional information:

917 E. Moreno Ave., Ste. 140 Colorado Springs, CO 80903 719.531.9400

Upcoming Webinars

FREE For Families and Educators

Preparing for the IEP

Wednesday, April 10, 2019, 12:00-1:00 pm MDT Register for this webinar at https://bit.ly/IEPone

Wednesday, April 17, 2019, 12:00-1:00 pm MDT Register for this webinar at https://bit.ly/IEPtwo

Implementation and Follow Up of the IEP

Wednesday, April 24, 2019, 12:00-1:00 pm MDT Register for this webinar at https://bit.ly/IEPth

Tips for Helping Children Develop Friendships

Wednesday, May 8, 2019, 12:00-1:00 pm MDT Register for this webinar at https://bit.ly/Dev_Friendships

These webinars will explore:

- Basics of IDEA 2004 specifically related to IEPs
- Evaluation/Consent for Services
- Eliaibility
- Communication before the IEP IEP Team Members
- SMART Goals
- Accommodations and Modifications
- Implementation
- **Progress Monitoring**
- Resolutions Under IDEA
- Explore creative ways parents and educators can facilitate friendships over the summer and into next school year



Denver Metro Specialized Education Support for Parents

Does your child have difficulties in school? On an IEP/504? Twice Exceptional? Join us for our monthly meetup!

April 18, 2019

Family Caregiving: Getting Paid to Take Care of Your Loved One



In 2001, PASCO's founder Barry Rosenberg advocated alongside families and Colorado lawmakers to establish a program that allows family members to be paid to deliver care to their loved ones. There are four ways this program can be beneficial to families.

Come learn more about these Colorado programs, their requirements and how to access them.

Location: PASCO, Lakewood

May 23, 2019

Intro to Trust-Based Relational Intervention® (TBRI®) Parenting Techniques



Jill Crewes, MSW Accredited TBRI® Educator Senior Director of Family Support Services The Adoption Exchange

Families caring for children from trauma and disabilities often experience challenges addressing resulting fear-based, survival behaviors and understanding the complex needs of their children. This presentation will orient participants to Trust-Based Relational Intervention® (TBRI®). TBRI® is an evidence-based, trauma-informed and developmentally respective parenting model aimed at healing and supporting attachment for children with histories of complex developmental trauma.

Location: Betty Ford Center, Aurora

Meeting time: 11:30 am to 1:00 pm (Bring your own lunch.) Too far to drive: Join us via video conference

For more information and to register

https://www.meetup.com/Denver-Metro-Special-Education-Support

Access Gallery's Respite in the **Arts** program gives people with disabilities the opportunity to explore various art mediums and activities while experiencing the Art District on Santa Fe.. Each session is led by professional teaching artists and trained Access Gallery staff members. At this time, all participants in this program must be at least 16 years old. Where: Access Gallery (909 Santa Fe Drive, Denver 80204) When: Second Saturday and Third

Friday of each month Pricing \$10-\$20, depending on the activity,

to be paid at the front door. We also accept respite service dollars from various community providers and funding sources.

Registration

To participate in the Respite in the Arts Program, you must first complete the attached registration form and specify which sessions you would like to attend. Each session is limited to 10 participants and admission is on a first-come, first-served basis. All registrants will receive a notice confirming their reserved space in the sessions selected. If space is not available, you will be placed on a waitlist. Upon your first session with us, you or your legal guardian must complete an additional form in person. Please be advised: we must have this form signed in person in order to provide services to you.

Cancellation

If you sign up and are unable to attend, please cancel at least 24 hours before the session date. You can do this by calling 303-777-0797 or emailing cris@accessgallery.org

Respite Sessions

We start each respite session with an art activity, which takes place at Access Gallery for about an hour and a half. We then stop to eat together- all participants need to bring their own meal or money to buy something to eat from one of the many restaurant options nearby. After enjoying our meal, we often take a walking field trip around the Art District on Santa Fe, right outside the gallery door. Occasionally. we have various activities lined up such as a show, performance, or new exhibit, depending on what is going on in the District that day.

Health First Colorado Buy-In Program For Working Adults With Disabilities

The Health First Colorado Buy Medical release form on -In Program for Working Adults with Disabilities lets adults with a disability who qualify to "buy-into" Health First Colorado (Colorado's Medicaid Program). If you work and earn too much to qualify for Health First Colorado you may qualify. If you qualify, you pay a monthly premium. Your monthly premium is based on your gross monthly earned and unearned income after any applicable disregards.

Who qualifies?

You must be between 16 and 64 years old, You must be employed,

the How To Apply page. We will determine if you qualify using the Social Security Administration (SSA) listings. without regard to your substantial gainful activity or your ability to work.

Benefits and Services

You will get regular Health First Colorado benefits. You may also qualify for extra long-term services and supports. These additional services are accessed through the following Home and Community Based Services (HCBS) waivers:

Brain Injury Waiver Community Mental Health

the Social Security Administration, you must fill out the Health First Colorado Disability Application and Medical release form on the How To Apply page and submit it to your eligibility determination site.

In person

By phone at 1-800-221-3943 / State Relay: 711 By mail

For more information on how to apply, see our How to Apply page.

For more details about this program, see our Health First Colorado Buy-In Program page.

If you have more questions about this program please con-

Federal Poverty Level (FPL)	Monthly Income for an Individual	You Pay Each Month
0-40%	\$0 - \$405*	\$0
41-133%	\$406 - \$1,346*	\$25
134-200%	\$1,347 - \$2,024*	\$90
201-300%	\$2,025 - \$3,035*	\$130
301-450%	\$3,036 - \$4,553*	\$200

You must have a qualifying disability. The Social Security Administration (SSA) listings describes what disabilities qualify, and Your income after disregards

must be below 450% of the Federal Poverty Level (FPL). For example, you can earn about \$9.171 a month and qualify. You may have additional income that is disregarded.

Applicants should always complete the Health First Colorado Application to find out if their income qualifies. You are not required to apply for SSA disability. If you do not have a current disability determination from the Social Security Administration, fill out the Health First Colorado Disability Application and

Supports Waiver Elderly, Blind and Disabled Waiver Spinal Cord Injury Waiver Supported Living Services Waiver

What Does It Cost?

You have to pay monthly premiums based on your income to be in the program. The more you make, the more you pay.

Effective Date: April 1, 2018 *Some people earning more may still qualify.

How to Apply

Complete Medical application online at Colorado.gov/ PEAK

If you apply through PEAK and you do not have a current disability determination from

tact the Member Contact Center.

"Education" Page 1

with intellectual and developmental disabilities to pursue higher education in Colorado. https:// inclusivehighered.org/

WHO: Families, students, and anyone looking for resources

WHEN: April 30, 2019

TIME: 3:00 pm

WHERE: PASCO (9197 W. 6th Ave., Suite 1000 Lakewood 80215)

To Register:

Anne.Bartels@pascohh.com



Special Education Advisory Committee

LEGAL PANEL

Thursday, April 18, 2019 6:00-7:00 PM

Jeffco Public Schools Education Center

Board Room, 5th Floor 1829 Denver West Drive Golden, CO 80401

Please join us for the 2018-19 SEAC Legal Panel



RACHEL JUDD Rocky Mountain Children's Law

Rachel joined the Children's Law Center in 2015. She is developing a school-to-prison pipeline project to provide individual representation. community education and systemic advocacy to keep atrisk students in school and out of the court system. Center's work advocating for the special education needs of children and school stability for



ALYSSA C. BURGHARDT Caplan & Earnest

Alvssa Burghardt's practice employment matters, with counseling and litigation. defended clients in claims brought under the Individuals with Disabilities Education Act, Section 504 of the Rehabilitation Act, the Americans with Disabilities Act, Title VII and the Equal Pay Act.



ALISON L. BUTLER, Esq. Director of Legal Service Disability Law Colorado

In her role as Director of Services, Alison oversees all of the legal work at Disability Law Colorado, including investigations of abuse and neglect, individual representation in workplace or housing discrimination issues, assistance to students and parents with disabilityrelated legal issues in schools and working with residents seek a less restrictive community.



The Law Office of Dr. Jacque Phillips works to get students with disabilities educational services. She works in Administrative Court, Municipal Court and Juvenile Court to help students with disabilities stay in school and out of the juvenile "justice" system. With a doctorate in special education, she has worked for several universities including Adams State University, Lehigh University, and the currently an adjunct professor at UNC. She is the author of the award-winning "Preventing Litiga-

Adults with Mild Cognitive Disabilities and Their Care Givers:

"Usability Testing of Mobile Technology Products and Apps"





Smartphone Apps

Assistive Technology Partners, University of Colorado Denver is performing a Usability Testing study on mobile technology products and their apps. We need people to try out these products.

- 1. Have been diagnosed with a mild or moderate cognitive disability due to a developmental condition or a traumatic brain injury
- 2. Are of working age (18 65 years old), and
- 3. Are fluent in English.

You may qualify for this study!!!!

There is no cost to participate in the study, and if you qualify, you may receive a \$20 gift card for your participation. If you are interested, please call Assistive Technology Partners at 303-315-1280. Leave a message if necessary and we will reply within 48 hours.

> Principal Investigator: Greg McGrew, ME greg.mcgrew@ucdenver.edu Co-Investigator: Morris Huang, PhD Morris.huang@ucdenver.edu

COMIRB #: 11-0674

Kinship Caregiver Program



Grandparents:

Are you raising a relative's child?

The Kinship Caregiver Program at Catholic Charities supports caregivers from all cultural and faith backgrounds who are raising relatives' children due to circumstances such as the death or illness of the biological parents, incarceration, or drug abuse. We offer monthly support groups, fun family events, and special trainings to families in five counties: Denver, Arapahoe, Jefferson, Adams, and Douglas. Our program is free.

For more information, please contact Carrie Savage at 720-799-9254 or kinship@ccdenver.org

Para información en español: Kerry Lutz, 720-799-9253





Turn the page over for a group schedule

Kinship Caregiver Program

Support Group Schedule

Northeast Denver

1st Thursday of every month from 12pm-2pm, held at Macedonia Baptist Church, 3240 Adams St., Denver, CO 80205.

Southwest Denver

1st Monday of every month from 5pm-7pm, held at Notre Dame Catholic Church, Ministry Center, 5100 West Evans Ave, Denver, CO 80219.

Castle Rock

2nd Tuesday of every month from 5:30pm-7:30pm, held at Castle Rock Senior Center, 2323 Woodlands Blvd, Castle Rock, CO 80104.

2nd Wednesday of every month from 10am-12pm, held at Community First Foundation, 5855 Wadsworth Bypass, Arvada, CO 80003.

3rd Monday of every month from 5pm-7pm, held at Risen Christ Catholic Parish, 3060 South Monaco Pkwy, Denver, CO 80222.

3rd Wednesday or Thursday of every month from 5:30pm-7:30pm, held in Spanish at the Swansea Rec. Center, 2650 East 49th Ave, Denver, CO 80216. Call for specific dates

2nd Thursday of every month from 10am-12pm, held at Margaret Carpenter Rec. Center,

11151 Colorado Blvd, Thornton, CO 80233. *3rd Tuesday of every month, also from 10am-12pm at Margaret Carpenter Rec. Center.

For more information, call Carrie Savage at 720-799-9254 or kinship@ccdenver.org

Para español, llame a Kerry Lutz al 720-799-9253







PERSONAL ASSISTANCE SERVICES OF COLORADO

9197 West 6th Avenue **Suite 1000** Lakewood, Colorado 80215

Phone: (303)233-3122 Fax: (303)233-1478 info@pascohh.com

The Senior Hub in Adams County is doing a vard work project. They are providing a 1time vard cleaning service for seniors ages 60+ and adults with disabilities who live in Adams County. They plan to complete the yard work in April/May, but are accepting applications for both volunteers and individuals needing their yards cleaned out right now.

Anyone who is interested in the service (or volunteering) please contact Joanna at the Senior Hub at 303.426.4408





ASCO (Personal Assistance Services of Colorado) is certified under Medicare, Medicaid, and the Medicaid Home and Community Based Services (HCBS) program to provide personal assistance services to children and adults with severe disabilities. PASCO was incorporated in 1991 and began providing services to persons with disabilities on January 1, 1992. PASCO's mission is to provide personal assistance services, promoting independence and safety to clients and/or their families. PASCO continuously strives for client and employee satisfaction. The foundation of PASCO is CHOICE. To the maximum extent possible, PASCO works to accommodate the needs and wants of each client. PASCO provides services in the following counties: Adams, Arapahoe, Boulder, Broomfield, Clear Creek, Denver, Douglas, Elbert, El Paso, Gilpin, Jefferson, Larimer, Morgan, Park & Weld.

Faith Vidrine, the co-host of "Everybody In," experiences Down syndrome. But this podcast isn't really about that, exactly. This podcast is about conversations and connections. It's about how we are the same, and how we're different. For each episode, Faith and her co-host Andrea Moore interview a different guest. Some of their guests experience intellectual and developmental disabilities, also known as I/DD, and some don't. They talk about friendship, family, adulthood, and -- when it comes up -- disability. The podcast is called "Everybody In" because they are so interested in... EVERYBODY.

The format of each episode alternates depending on who leads the interview. Faith interviews guests who identify as neurotypical, meaning that they don't have a diagnosed intellectual or developmental disability. Faith asks her guest the same two questions each time, and then her guest gets to surprise her with two questions of their own. Together they go back-and-forth, getting to know each other better.

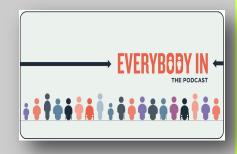
Andrea interviews guests with disabilities. Her guests might experience Down syndrome, autism, cerebral palsy, fragile X, or other developmental or genetic differences. Andrea asks them a series of questions about friendship, disability, housing, transportation, love and romance, and their special gifts. At the end of the interview, the guest has an opportunity to ask Andrea or Faith any questions in return.

In every episode, Faith and Andrea work together to bridge any gaps, ask follow-up questions, and keep the party rolling!

Transcriptions available. Email podcast@thewayfaringband.com.

"Everybody In" is conceived and produced by The Wayfaring Band, a Denver-based 501 (c)3 nonprofit. The Wayfaring Band is not a rock-and-roll band, but a band of travelers. They create opportunities for people to increase their leadership and life skills through travel, serving adults with and without disabilities.

Sound engineering: Carin Huebner Original music: The Dosage Associate Producer: Jake Freedle



THE BIG PICTURE...

People with disabilities, especially intellectual and developmental disabilities, have almost no representation in the media whatsoever... and even less in the world of podcasting. We want people with I/DD to have the space and support to share their thoughts, opinions, doubts, and dreams with the world. With your help, we can use the podcast to highlight the beautiful diversity of our community. #EverybodyIn!

We provide respite care and therapies for children with identified physical and developmental disabilities ranging in age from 3-16 years old. We also offer care for siblings on occasion (space available basis).

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