



The Newsletter That Serves its Readers

PASCO Picayune

Everybodyin

VOLUME 23, ISSUE 2

SUMMER, 2019

50%
Bigger!

**Save the Date for PASCO's
7th Annual Halloween
Party: Friday, October 25th
Details to Follow**

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LuBird's Light Foundation

LuBird's Light Foundation was founded in honor of a little girl named Lucia, affectionately called "LuBird." Lucia was born with a rare genetic condition called Pallister Killian Syndrome or PKS and is affected from head to toe. While Lucia faces many challenges she is still just a little girl who wants to experience the joy, love and laughter in life.

Lucia is Latin for light and despite being nonverbal, in a wheelchair, legally blind and more, she has always been a beautiful shining light to her family. At 2 weeks old Lucia's parents were given the severe and bleak diagnosis of PKS. While leaving the genetics office after receiving the news, cradling their first born beautiful little girl, tears streaming down their faces, the geneticist said something to them they will never forget. "She's just a little human that needs to be loved." Those words spoken to them by Dr. Gary Bellis from Children's Hospital Colorado have resonated with Lucia's family. Kids with special needs are actually so similar to every other kid, every other human. We all just need and deserved to be loved and given experiences. Lucia's favorite joy is swinging in a supported swing and this is the inspiration for the Foundation. LuBird's Light Foundation strives to create a brighter world for exceptional kids.

Unlike other major cities, our area does not offer a playground for all children to play together.

Play is critical to the healthy growth and development of children starting at a young age. Children learn to problem solve, get along with others and develop fine and gross motor skills needed to grow and learn through play. Language skills are also developed as children interact

Continued "LuBirds" Page 2



Primary Care is Here

We are excited to announce that Primary Care services at the Chanda Center for Health will officially begin on July 24th 2019 in partnership with Denver Health.

Establishing Care: We hope you decide to establish primary care at the Chanda Center for Health as your primary location for this service knowing that we are making disability competent primary care a reality together for the first time.

Call (800) 766-4255 ext. 1 to schedule your first initial appointment and get your primary care services started at the Chanda Center for Health: 1630 Carr Street, Lakewood, CO 80214

www.chandacenter.org

Parents and caregivers, we ask for your help!

If you have a child with special health care needs please keep reading. Tri-County Health Department wants to learn from families about how you stay on top of your child's needs, appointments, insurance, and all the things it takes--while also managing the rest of family and work life. And let's be candid--you know which systems, offices, processes, health insurances, and people (and so much more) work well...are frustrating...or require secret handshakes to navigate. Tri-County is trying to figure out the future of our work, and we know that parents and caregivers know better than anyone what will most benefit families.

You may have taken our survey a few weeks ago--if so, thank you! We received so much information from almost 100 families, and now we have follow up questions. We really want to get our work right, so the best way to do that is to learn from you.

Continued "Tri-County" Page 4

Message from PASCO CEO, Adam Steinbrunner

This is my first narrative in this space as CEO, and I would be remiss to not acknowledge and appreciate the work that has gone before me. Thanks Barry (Rosenberg), for founding an organization with such passion for both clients and caregivers. Thanks Ryan (Zeiger), for expanding PASCO's supports across the disability community, well beyond our home health roots and origin. I'm excited to see the outcomes generated by Ryan's new chairman role focused on national advocacy for the disability community. And thanks to both of you for establishing a core value of advocacy at PASCO, supporting clients and continuing to push for benefits that allow individuals to choose their caregiver and live a quality life in their community. And to everyone within our broad team of caregivers that have followed their advocacy lead – thank you.

As I look into the near term future of PASCO, one area that I would like to touch on is more practical – technology. In the PASCO administrative staff, we know that timekeeping and tracking tasks is not the rewarding or satisfying part of your role. In that vein, we have invested in a new system – Therap - for our clients with Intellectual or Developmental Disabilities (I/DD). We wanted to make the required documentation less cumbersome and more user-friendly. The most common feedback we've received is "Is that all there is? It cannot be this easy" – which is a great signal that we've moved in the right direction.

In addition to ease of use, there are federal regulations (the 21st Century CURES Act) driving technology changes as well. A debate and decision process continues in Colorado regarding a situation relevant to many of our clients and their families: in what way are family caregivers required to meet Electronic Visit Verification (EVV) mandate? PASCO remains committed to balancing flexibility and convenience while still meeting the rules established by Medicaid. As we move forward towards the target date of January 1, 2020 for implementation, I appreciate everyone's willingness to be open to training and process changes that may be introduced to meet those twin goals of compliance and employee satisfaction. I'm happy to discuss feedback as we work together to address EVV. We will do our best to communicate effectively as decisions are made.

PASCO has other core values of teamwork, learning, and accountability. As things evolve related to EVV, this is a great opportunity for our entire team of staff and caregivers to embody these core values and arrive in 2020 as a stronger organization as a result.

Thank you for all that you do, every day, to help PASCO support our clients.



What Families Need to Know: Utilizing the Pediatric Medical Care Guidelines for Down Syndrome

What You Need to Know

Overview & Speakers:

This webinar will discuss the importance of utilizing the American Academy of Pediatrics Guidelines Health Supervision of patients with Down Syndrome, published in 2011. Find out what families need to know. Key takeaways from this presentation are:

- To better comprehend the utilization of the Guidelines in the medical care of our kids
- To recognize the importance of ongoing testing of thyroid, hearing, and vision
- To understand the increased risk of respiratory illnesses including pulmonary illnesses, pneumonia, and aspiration in individuals with Down syndrome.

**Wednesday,
September 11, 2019
12pm – 1pm MST**

Global Members – Free

Non-Members – \$10

<https://www.globaldownsyndrome.org/global>

Register Now

[-webinar-series/](#)

Fran Hickey, MD joined the Linda Crnic

Institute for Down Syndrome as Medical Director of its Anna and John J. Sie Center for Down Syndrome in 2010 and he has been involved in the care of individuals with Down syndrome for over 2 decades.



"LuBirds" Page 1

with others. When all are welcomed and included, a playground can be the perfect setting to develop these important skills.

LuBird's Playground in Aurora will be the first inclusive playground in Denver and Aurora!

We will build our first playground at Stanley Marketplace on approximately 9,000 square feet of outdoor space generously donated by the city of Aurora and Stanley Marketplace. Our playground will include state-of-the-art hand-capped accessible swings, spinners and slides, musical sensory play equipment, smooth barrier-free surfacing and more—all with a magical

design. Stanley Marketplace features over 50 Colorado businesses, including restaurants, shops and activities for all ages. We selected this location because of the community-focused mission of Stanley Marketplace, its proximity to Denver Metro's pediatric hospitals, and its location between two diverse neighborhoods.

Consulting with landscape architects, occupational, physical and vision therapists, Anchor Center for Blind Children, Autism Society, inclusive playground professionals, a panel of parents of children with special needs, and people with disabilities, we will complete the vision and fulfill the dream of LuBird's Playground. With the help of generous sponsors, grants, and individual donors, our goal is to raise \$700,000 **Continued "LuBirds"**

GUIDED BY HUMANITY PRESENTS

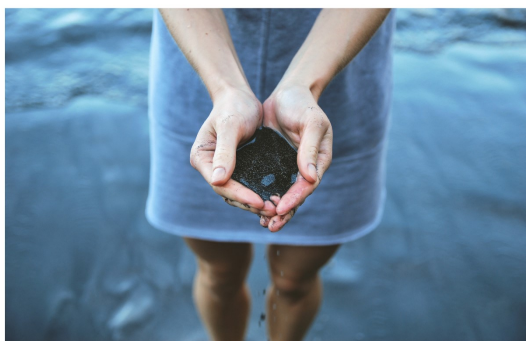
CARING FOR THE CAREGIVER MINDFULNESS WORKSHOP



Guided by Humanity is a 501c3 non-profit dedicated to providing inclusive and accessible holistic health and wellness opportunities through yoga and mindfulness programs.

8-25-19 @ 2-4PM

WHERE: AUTISM COMMUNITY STORE
14095 EAST EXPOSITION AVENUE AURORA
80012, AURORA, COLORADO 80012

\$30


This workshop will include information about how to commit to yourself so that you can continue to GIVE to others. We will explore mindfulness and its benefits, provide community support, share resources and tools, and offer a nourishing guided meditation practice.

Register on Eventbrite. Respite available upon request at info@guidedbyhumanity.org
www.guidedbyhumanity.org

Upcoming Webinars:

Wednesday, August 28, 2019,
12-1 pm

From Evaluation to Service Delivery; How to Ensure Positive Outcomes for Young Children presented by Penny Dell, Early Childhood Consultant

This webinar will look at the key components of meaningful information gathering, functional goal development & relevant service delivery to improve the outcomes of young children with disabilities. [Register for this webinar at http://bit.ly/Web-Outcome](http://bit.ly/Web-Outcome)

Wednesday, September 4, 2019,
12-1pm

Transition: Grade to Grade

Explore tips to smooth the transition process from grade-to-grade and school-to-school -- preschool through high school. [Register for this webinar at http://bit.ly/Web-Transition](http://bit.ly/Web-Transition)

Tuesday, September 10, 2019,
12-1 pm

Key Components of Positive Behavior Support presented by Kiki Mc Gough, APBS Family Consultant

This webinar will look at Will look at the components of Positive Behavior Support and function based strategies to use at home and ways to partner with the schools. [Register for this webinar at http://bit.ly/Web-PBehavior](http://bit.ly/Web-PBehavior)

Please visit PEAK Parent Center's website for additional information:

<https://www.peakparent.org>

917 E. Moreno Ave., Ste. 140

Colorado Springs, CO



DOUGLAS COUNTY
SIBSHOP
OCTOBER 26, 2019
10AM-2PM
SOUTH METRO FIRE STATION 45
16801 Northgate Drive
Parker, CO 80134

SUPER SIBS UNITE!
Come join our sibling workshop to play games, eat lunch, meet a special four-legged friend and first responders, tour the fire house, create a take home bag and have fun!

Calling all
SUPER SIBS
Ages 8-12

Sponsored by
Developmental Pathways

No cost for Sibling Tree members.
Non-members \$5.
RSVP at www.siblingtree.org/sibshop
or Tamara@siblingtree.org

SIBLING TREE

HOWL AT THE MOON.
FOR ADAM'S CAMP
FRIDAY 8 NOV
6:00 PM
THE BARN AT RACCOON CREEK
LITTLETON, CO

TICKETS: \$75, VIP \$150
DINNER, OPEN BAR, ENTERTAINMENT,
DESSERT AUCTION, DANCING AND MORE!

Join Adam's Camp as we Howl at the Moon!
Duelling pianos! From Billy Joel to Bon Jovi to Britney Spears, no tune is off-limits.
Equal parts concert, comedy and cabaret, you'll laugh, dance and sing along!
Join us for this fun evening of entertainment as we raise funds for the Adam's Camp scholarship program.

*CASUAL ATTIRE

adamscampcolorado.org

ADAM'S CAMP
Scholarship Program

“LuBirds” Page 2

and to break ground at Stanley Marketplace in 2019.

Our foundation also realizes the importance of community and are working to make neighborhood playgrounds inclusive as well. To date we have donated 12 supported swings to Denver Parks and Recreation. These swings are being added to existing playgrounds to ensure there is something for everyone at all playgrounds.

Play is crucial. Play is problem solving. Play is language. Play is therapy. Every child deserves a safe, appropriate and welcoming place to play.

LuBird's Light Foundation strives to create a brighter world for exceptional kids by creating play spaces for all.

<https://lubirdslight.org/events/>

**Findings**

- Domesticated dogs have evolved a special muscle that allows them to make puppy eyes.
- Old people's early bedtimes and difficulty sleeping may be an adaptation to ensure that someone in a given group is awake at all times.
- Bamboo sharks shrug their shoulders to swallow their food.
- Scientists proposed that male lions' skill at ambushing prey in dense vegetation was previously unknown because of scientists' fear of being ambushed by male lions in dense vegetation.

Higher Visions for Education

Higher Visions for Education (HVE) is continuing education for adults with Down syndrome designed to enrich their independent living and social skills. HVE explores a variety of topics to learn and practice important life skills and concepts in a fun and meaningful way. Our expected outcomes include increased independence and self-esteem, as well as improved social and community involvement. Themes discussed include: safety, good health (physical, emotional and mental) and hygiene practices, decision-making skills, assertiveness, self-advocacy, independence, age-appropriate behavior, time management, identification of needs and desires, community access, and the development of resources and support systems. Individuals with Down syndrome and other disabilities need to continue learning and practicing social skills throughout their lives and HVE has a demonstrated success on several levels. The program has grown over the years while developing a method and curriculum that works for adults with Down syndrome. HVE works because we use a variety of interactive techniques; we meet the students "where they are" and address real-life situations and needs. A unique aspect of the HVE program is our collaborative approach and regular weekly communication with parents and caregivers to continue the classroom learning in the students' real life settings. Through parent input we learn the issues and concerns that are most important to address in our classes. We have seen tremendous progress in students' abilities to communicate their needs and develop life skills. The feedback we get from our satisfaction surveys and communications with parents support our belief that Higher Visions is making a positive difference in the lives of our students and their families.

Topics for the modules can include the following, although actual topics will be determined by demand and consultation with the individuals and families attending Higher Visions:

- Conversation in Social Settings using Speech Therapy Techniques
- Relationships and Sexuality
- Cooking
- Safety at Home
- Health and Fitness Group
- Developing and Maintaining Friendships and Other Relationships
- Assertiveness Training
- Service to the Community Leadership Development
- Creativity and Self-expression

“Tri-County” Page 1

We ask you to consider helping us. All you have to do is join us for one of our 2 small group meetings--and we'll thank you with food, childcare, and a \$25 gift card for your insight. Please register by clicking the link below. If you can't join us, but know of another parent or caregiver who might be interested, please share this invitation!

Wednesday September 18, 2019, from 5:30-7:00pm,

The Arc Arapahoe & Douglas Counties, 6538 S Racine Cir, Centennial, CO 80111

[Link for registration](#)

Please register by Thursday September 12, 2019

Saturday, September 28, 2019 from 10:00 -11:30am

Anythink Huron Street Library, 9417 Huron St, Thornton, CO 80260

[Link for registration](#)

Please register by Tuesday, September 24, 2019

For questions or more information, please contact Meredith Henry with Tri-County Health Department, 303-783-7148, mhenry@tchd.org

- Feeling Identification, Appropriate Expression and Anger Management
- Personal Safety in the Community
- Awareness of Financial Needs and Budgeting
- Employment Readiness and Job Performance Skills

Registration Information:

You must be registered to attend class. To register, call (303)797-1699 or email info@rmdsa.org



Katie Morrell

Anataniel Method® NeuroMovement® Practitioner
ABMN Children with Special Needs



ENTHUSIASM
MOVEMENT WITH ATTENTION
IMAGINATION & DREAMS
AWARENESS
FLEXIBLE GOALS
SUBTLETY
THE LEARNING SWITCH

Endless Possibilities.

Adults and children with the following have shown vast improvement and wonderful outcomes:

- Cerebral Palsy
- Stroke
- Autism Spectrum Disorder
- Genetic Additions/Deletions
- Traumatic Brain Injury
- ADHD / Anxiety
- Brachial Plexus Injury
- HIE
- Sensory Processing Disorders
- Undiagnosed Developmental Delay

Hello! I am Katie Morrell, a NeuroMovement practitioner specializing in work with Children with Special Needs. I also work with adults that are looking to regain lost mobility, improve balance, think and function on a higher level.

I am committed to providing a very rich ABM experience for my clients. Please give me call if you have any questions. Thank you, Katie.

206-291-6615
kmmorrell73@gmail.com
Louisville Family Center
924 Main St., Louisville, CO 80027
www.katiemorrellmovement.com



PROJECT INDEPENDENCE: WHAT HAPPENS AFTER HIGH SCHOOL



For Families Who Have a Child ages 14 -21 with a Disability, will Learn the Following:

- Obtaining Employment
- College as an option
- Transportation
- Self Advocacy
- Community Resources
- Soft Skills
- Person Centered Planning
- Transition on the IEP
- College Tour

5 Thursday Nights
Starting on September 26th
ending October 24th
6:00pm – 8:30p

TWO STRANDS OF WORKSHOPS FOR DENVER FAMILIES

Youth Only Workshops
Parent Only Workshops
College Tour: Saturday TBD

Location: Salvation Army
Community Center
2915 N. High Street
Denver, CO 80205

Register online: <http://www.thrivectr.org/new-events-1/>
Contact Erin at 303-632-6840 or email Yvette at Yvette@thrivectr.org to register on phone or by email.

Census 2020 101

EVERYONE
COUNTS
Census 2020

The goal of the 2020 Census is to count everyone once, only once, and in the right place. The Census Bureau will continue to improve its use of mobile technology, geospatial innovations, and internet self-response.

It's Important. It's Easy. It's Safe.

What is the census?

- The census is a count of all persons living in the United States that is conducted every ten years by the federal government and is required by the U.S. Constitution.
- It is used to determine the number of seats each state has in the House of Representatives, how federal and state legislative districts are redrawn, and the appropriation of federally funded programs.

When will the 2020 Census be conducted?

- Census Day is April 1, 2020. Data collection will begin in March, 2020 and continue through August 2020.
- Households will receive a postcard with instructions for completing the census beginning in March 2020.

Start End
03/2020 08/2020

Who should respond to the census?

- Everyone! Census postcards are sent to all households in the United States to collect information about each person living in the household.
- The Census Bureau is conducting special counts for populations living in group quarters or who are unsheltered.

Special Count
Efforts Target: Homeless populations
University students

How can people complete the census?

- The Census Bureau is collecting census forms in four ways:
 - Online, using the internet or a cell phone,
 - Over the telephone, by calling the census call center listed on the census card,
 - Using a paper form, or
 - By responding to a census enumerator

- Census forms are available in 13 different languages.

What questions will be asked?

- 10 questions, 10 minutes per person
 - » Name
 - » Phone number
 - » Age
 - » Sex
 - » Hispanic origin
 - » Race
 - » Relationship to householder
 - » Household tenure (own/rent)
 - » Number of persons in the household
 - » Does a person usually stay or live somewhere else?



Are census responses confidential?

- All data are protected under Title 13 of the U.S. Code. Records are confidential for 72 years by law. All Census Bureau employees swear a lifetime oath to protect respondent information.
- The U.S. Census Bureau will never share a respondent's personal information with other government agencies.
- Data is only released in summary tables, no individual records are released.
- All Census Bureau employees swear a lifetime oath to protect respondent information. The penalty for wrongful disclosure is up to 5 years imprisonment and/or a fine of \$250,000.

Did you know...

Census counts are used in distributing over \$13.1 billion in federal funds per year in Colorado, this translates to \$2,300 per person per year.

Those dollars help fund:

- » Title 1 grants to educational agencies
- » Head Start programs
- » Women, Infants, and Children (WIC)
- » Transportation (public transit, road rehabilitation, and construction)
- » Emergency food and shelter
- » Health and human services programs

See <http://bit.ly/countingfordollars>

Do people have to answer all census questions?

- While the law requires persons to answer all census questions accurately, an incomplete census form will still be included in the head count.

Getting Involved

- The administration of the decennial census is managed by the U.S. Census Bureau. Local governments, schools, and not-for-profit organizations can follow the preparations for the 2020 Census. They can support the census by communicating the importance of the census to their residents, students, and clients.

Learn About the Census

- Colorado Census 2020 Website: <https://bit.ly/2UPhK1Y>
- Read *The 2020 Census at a Glance*: <http://bit.ly/censusataglance>
- Follow the U.S. Census Bureau: *How to Support the 2020 Census*: <http://bit.ly/supportcensus2020>
- Review the *Census 2020 Planning Documents*: <http://bit.ly/planningdocs2020>
- Learn about the *Census Statistics in Schools Program*: <http://bit.ly/censusstatsinschools>
- Counting for Dollars, *Colorado*: <http://bit.ly/countingfordollars>

Fall Respite Opportunities: City of Lakewood

We know that respite can be expensive and hard to find, which is why the Lakewood Therapeutic Recreation department is hosting three **low-cost** fun respite sessions coming up this fall! All respite days will take place at the Link Recreation Center and will include activities, swimming, and appropriate supervision. Registration for these opportunities is already open and to register, you may stop into any of our four Recreation Centers at 303-987-4800, or register online at <https://rec.lakewood.org/wbwc/webtrac.wsc/search>.

Saturday, Sept 14th 9am-Noon

Monday, October 28th (**no school day**) 9am-Noon

Saturday, December 14th 5-8pm

Cost - \$25 Resident, \$30 Non-resident

If you have any questions or would like more information on some of these opportunities, please don't hesitate to reach out!

Shelby Nellis, CTRS

Therapeutic Recreation Programmer

COMMUNITY RESOURCES

303.987.4869

1555 Dover St

LAKEWOOD, COLORADO
80215



The Child and Family Therapy Center of Den- ver

The Child and Family Therapy Center of Denver specializes in supporting children with chronic and life-limiting illnesses and developmental disabilities. Our team is trained to provide support and guidance throughout your child's journey. We provide multiple types of therapeutic interventions to best support your child and family. Our offices are conveniently located near I-25 in Greenwood Village and Westminster, plus we offer in-home and community-based services as well.

Child and Family Therapy

The Child and Family Therapy Center of Denver tailors each session based on the needs and therapeutic goals of the client. Our therapists have worked with hundreds of clients to successfully implement actions plans for sustainable growth and change. Our therapists focus on building healthy coping mechanisms, changing dysfunctional family patterns and building a healthy support system to have the tools for sustainable change. Expressive therapeutic approaches such as play therapy, sand play therapy, and art therapy can be used to help children express their thoughts and feelings.

South Office

7400 E Orchard Rd Suite 2700 N
Greenwood Village, CO 80111

720-442-2720 (main)

North Office

12207 Pecos St, Suite 600
Westminster, CO 80124

info@childfamilytherapyofdenver.com
www.childfamilytherapyofdenver.com

clients up for success and growth, however that looks to each individual.

Massage Therapy

Our team of massage therapists specialize in working with chil-

Music Therapy

Music therapy is an evidence-based practice that uses music to meet non-musical goals. Music therapy interventions can include, but are not limited to singing, instrument play, movement to music, active music listening, lyric discussion and analysis, songwriting, adaptive instrument lessons, etc. These interventions allow a safe space in which to work on a variety of goals, including receptive and expressive communication (verbal and nonverbal), appropriate social interaction, fine and gross motor development, developmental growth, emotional needs, self-awareness, and many more. Our team of music therapists recognize that each person is different and will adjust sessions and interventions to best meet the needs and goals of each client individually. An overarching goal in our music therapy services is to set our

dren who are experiencing medical barriers. Children who receive massage therapy may experience many benefits including decreased anxiety, enhanced pulmonary and immune function, improved neurological development, better sleep and digestive patterns. Massage can also be useful in targeting ailments specific to children with medical complications such as depression, post-surgical recovery low or high tone muscles, pain management and quality of life.

Behavioral Therapy

We provide behavioral assessments to evaluate current strengths and areas of growth. We work with you, your family, and community providers to support the increase of pivotal skills and the decrease of challenging behavior. Our team uses a parent consultation team approach to work with you to develop and integrate goals for you, your family, and your child. We adapt our approach to meet address your family's values. Our goal is to support increasing your child's independence and flexibility while increasing your family's opportunities to engage with

your
child,
family,
and
commu-
nity.



Putting a Face with a Name: Jennifer Martinez

Sometimes the timing is just so, that a person, who is greatly admired, and has consistently performed at a high level, is looking for a change, while at the same exact instant a company (who the person had long admired) is searching for an individual, who has all the qualifications of the aforementioned go-getter. This was the good fortune PASCO found itself in this past July, when Jennifer Martinez joined the team. Hitting the proverbial ground running, Jen has been extremely busy, acclimating to the culture, while also working on developing a culture of high

expectations for her crew. We were lucky to chat and learn a few things about her:

What do you do at PASCO? I am the I/DD Director. I oversee the implementation and success of IRSS family caregiver, personal care, respite, community connector and community connections.

How was PASCO on your radar? I have worked in various capacities with PASCO for about 18 years and I love the

mission and the quality work we do!! I admire and respect the staff within PASCO.

What was your Previous job? Division Director of Case Management and Quality Performance for the Office of Community Living at HCPF (Health Care Policy & Finance) at the state.

What do you like about PASCO? I like everything about PASCO, the mission, values, community involvement, the

Continued "Jen" Page 8

THE INITIATIVE

ABUSE-FREE CULTURE FOR ALL

Victim Advocacy for Persons with Disabilities who have experienced Abuse

"Inspirando una cultura libre de abuso"

Monday through Friday 8:30 - 4:30

Call us: (303) 839-5510
Text us: (720) 503-9580
E-mail us: info@TheInitiativeCo.org

Free and Confidential

No documentation of citizenship, abuse, or disability required

Our Services

All services are accessible to monolingual **SPANISH** speakers, services are available in **RURAL** areas, and we are **LGBTQ+inclusive**. Disability Accommodation requests are welcome

www.TheInitiativeColorado.org



Creative Work-Based Learning Through the Arts

Access Gallery and Easter Seals Colorado will conduct a 15-week creative work-based learning arts program for youth between the ages of 15-21 years old. Interns will meet on Wednesdays and Thursdays from 12:30pm to 4pm starting September 4th and ending December 19th. Interns will also work 1st and 3rd Fridays (evenings). The core themes participants will explore include: self-advocacy, interpersonal relations, exposure to a wide range of creative career options, collaborative art-making, graphic and computer art, and general job skills development.

Registration is on-going; please call **Tanner Whittaker** at **720-371-2940** or email twhittaker@eastersealscolorado.org to begin the process of registration.

Date/Time: September 4th through December 19th, 12:30pm to 4pm

Meeting Days: Every Wednesday and Thursday for 15 weeks

Access Gallery, in partnership with Easter Seals Colorado, serves people with disabilities who are interested in creative, educational, social, and economic opportunities through the arts. We primarily serve individuals who are eligible for Program Approved Services Agency (PASA) based services, Vocational Rehabilitation, and School to Work clients. For those who are not PASA-eligible, admission is determined on a case-by-case basis. Individuals who are interested in participating in our art programs can begin the process by contacting their caseworker or contacting Tanner at **720-371-2940** or twhittaker@eastersealscolorado.org to start the process. After the initial intake and if services are a good fit, we will talk about establishing personal goals, as they relate to your involvement in the Access Gallery programs. Spaces can fill up quickly, so please be aware one might have to go on the waitlist.

access
gallery

easterseals
Colorado

THURSDAY
SEPTEMBER
26
2019
10AM-2PM

GUARDIANSHIP CLASS

For Guardians/Parents of Children 14-21 years old

Christi Romero-Roseth
Colorado Fund for People with Disabilities

- Part 1: Review of the different options for guardianship.
- Part 2: Section by section walk-through of the actual guardianship paperwork.

- Lunch will be provided -

CAN'T ATTEND? JOIN US ON FACEBOOK LIVE
fb.com/pascohh

RSVP at pascohh.com/events/guardianship926
or contact Robyn Kaplan at (303) 233-3122 ext. 359
robyn@pascohh.com
(Respite available upon request - limited staffing)

PASCO OFFICE
9197 W. 6th Ave., Suite 1000
Lakewood, CO 80215



Announcing 2019-20 Speakers!

SES for Parents MeetUp (Specialized Education Support)

Why Attend?

Explore different topics every month
Get Acquainted with others in your shoes
Be a part of a dynamic group

Date	Speaker	Topic	Location
August 22	Roxanne Bradley & Barb Taylor	School Preparedness	Betty Ford Center in Aurora
September 26	Mary Anne Fleury, CDE	IEP Facilitation	Developmental Pathways in Englewood
October 24	Community Reach Staff	Mental Health	Community Reach in Northglenn
November 21	Sandra Vandergoot	ABA Therapy	PASCO in Lakewood
December 19	Michael Powers	My Journey with Dyslexia	Community Reach in Northglenn
January 23	Ed Porritt	Twice Exceptional	Developmental Pathways in Englewood
February 27	Craig Knippenberg	Social Skills	Developmental Pathways in Aurora
March	MeetUp Membership Survey	Results at end of month	Online survey
April 23	Parent Panel	Stories from the Experienced	Lakewood
May 28	Able Kids Foundation	Auditory Processing	Community Reach in Northglenn

Meeting times: 11:30 am to 1:00 pm (Bring your own lunch.)

Too far to drive, not enough time???? All meetings available via video conference!

For the latest information and to register, go to:

<https://www.meetup.com/Denver-Metro-Special-Education-Support>

Open Doors to Independence with Travel Training

HopeKids Colorado creates a unique and powerful support community for families who have a child with a life-threatening medical condition. HopeKids realizes that ALL families in Colorado deserve a community where they are welcomed for who they are. Families who are a part of HopeKids don't feel alone and always have something to look forward to in the future rather than dwelling on what they are dealing with today. We accomplish all of this by creating an ongoing calendar of events and activities for these families to enjoy. To get a glimpse of this community and learn more about HopeKids, we invite you to join us at the 3rd Annual HopeWalk at Philip S. Miller Park in Castle Rock on Sunday, September 22nd. For more information go to www.hopekids.org/hopewalkcolorado/ or contact Howie Hutchinson at howie@hopekids.org or 303-596-2329



Travel Training is the perfect place to address your concerns about trying, or maybe retrying, public transportation. Via & RTD Travel Trainers understand the reality of public transportation for people with I/DD, and they have been helping people learn about it for years. They also offer free individual travel training, during which travel trainers work one-on-one with a trainee for as long as it takes to insure safe, independent travel. People with intellectual and developmental disabilities, family members and caregivers

are welcome to attend this intro Travel Training.

When: Thursday, September 12 from 10 AM-12:30 PM

Where: The Arc – JCCG office: 13949 W Colfax Ave, Bldg 1, Suite 150, Lakewood, CO 80401

***Lunch will be included**

1. Presentation starts at 10:00 AM
2. Next, we board an out-of-service RTD bus reserved just for our group, and we go through the same steps that riders take on in-service buses.
3. We will ride the bus to a Light Rail station, where we board and

travel by Light Rail.

4. Lastly, we ride by bus back to The Arc for lunch starting between 12:00 and 12:30 PM.

5. All along the way you can get answers to your questions from the expert at RTD.

Space is limited. Please RSVP by Tuesday, September 10. Please e-mail va-lerie@arcjc.org or call (303) 232-1338 to RSVP.

"Thank you so much for running the Travel Training! We were fortunate enough to have Dan work with our kids and he trained them on everything they need to know to be successful getting to their jobs and back home!" -- Karen B.



"Jen" Page 6

quality services and how we are treated with kindness and respect as peers and employees.

Of the 5 major values, that PASCO holds in high esteem—where do you most excel? I am a strong believer in caring for others and doing what is right. I am fulfilled when I can help others and improve outcomes, which feeds into the importance of strong advocacy for others.

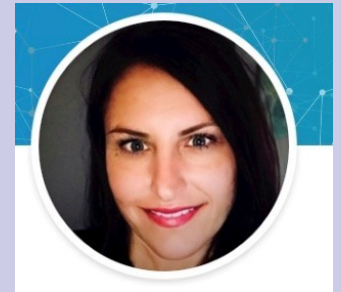
How did you get into human services? My grandmother was the best role model, always will-

ing to help and advocate for the right thing. I admired her heart, motivation, and determination, human services felt right to me. I started in NY as a direct care provider, mental health therapist and veterinarian assistant. While living in Colorado I have worked as a probation officer, drug and alcohol counselor, employment consultant for the DD waiver and several years in case management, serving the 10 waivers at the local and state levels.

When not working, what do you do? I am a cheerleader and chauffeur for my son Brody, he plays, football, baseball, ice

hockey and soccer. I really only have time to cook, clean, organize and kayak outside of that. I would like to engage in running again soon.

Welcome Jen. So glad and lucky to have you part of the PASCO Family!



Trauma-Informed Interventions That Build Individual and Organizational Resilience

Day after day, many of us work with children, families and staff who have experienced trauma, yet we often do not know how to effectively respond to their needs. As a result, more nonprofits and agencies are expanding their work to become "trauma-informed and resilient organizations." In this full-day training, we will begin by examining how toxic stress and trauma impact us all. We will explore how the culture of an organization can care for staff while also creating safe, supportive environments for families and children through trauma-informed policies and practices. Participants will discuss specific

trauma-sensitive interventions they can use with individuals and families to promote safety, build resilience, and minimize the impact of trauma. Participants will also gain tools for assessing and integrating knowledge about trauma into policies, procedures and practices, and a deeper understanding of how trauma-informed care leads to more sustainable, resilient organizations. We encourage you to bring a team from your programs, as there will be time for program planning and reflection.

**September 24, 2019
8:45 am - 4:00 pm**

Lunch provided

**Community Reach Center
Northglenn**

**11285 Highline Drive
Northglenn, Colorado
80233, United States**



**ECPAC
EARLY CHILDHOOD
PARTNERSHIP
OF ADAMS COUNTY**



Gather+Grow

Autism Therapy Services

We teach through building relationship, focusing on strengths, acknowledging challenges, and respecting individuality

LET'S GATHER
TOGETHER WE'LL GROW

SERVICES OFFERED

Innovative and scientifically validated intervention, drawing from the latest research to provide the highest quality possible.

Individualized Therapy

Supporting unique skill sets to achieve social, communication, vocational and academic goals.

Friendship Groups

Fostering authentic friendship skills through evidence-based social skills interventions.

Communication Counseling

Mentoring and coaching parents, caregivers, and siblings to best support your loved one between sessions.

Systems Supports

Collaborative teaming with schools, other therapists, and medical providers to navigate IEPs, transitions, and support programming across settings.

INITIAL CONSULTATION PROVIDED FREE OF CHARGE

WHO WE ARE

We are experts in comprehensive communication supports & services.

We specialize in transitional issues, from pre-adolescence through adulthood.

We understand the unique strengths and challenges associated with neurodiversity.



beth@gatherandgrowtherapy.com



(815) 814-7408

gatherandgrowtherapy.com

BETH WOLF M.S., CCC-SLP

Beth Wolf, founder and director of Gather and Grow Therapy Services, LLC, has been working in service of people with neurodevelopmental disabilities since 2009. Her passion is teaming with and empowering people across the spectrum.



MAKE YOUR VOICE HEARD!

Tell us about the programs and services you want for your child!

Parents and caregivers
of children ages birth
through five years old:



Complete this survey about early childhood programs, like child care and other services. You'll be entered for **the chance to win a \$200 gift card!**

Take the survey at: colo.health/parentsurvey

Please respond by August 30, 2019

The Colorado Department of Human Services has contracted with the Colorado Health Institute to survey Colorado families. **Your feedback is important** and will inform the state's five-year strategic plan for early childhood programs and services.

Questions about Colorado Shines Brighter? Visit:

<https://colo.health/ColoradoShinesBrighter>

Or contact: cdhs_pdg@state.co.us



This project is supported by the Preschool Development Grant Birth through Five Initiative, Grant Number 90TP0009-01-00 from the Office of Child Care, Administration for Children and Families, USD Department of Health and Human Services.

DISTRICT 49 SPECIAL EDUCATION COMMUNITY RESOURCE FAIR

HOSTED BY D49 SPECIAL EDUCATION
ADVISORY COMMITTEE (SEAC)
D49SEAC@GMAIL.COM

WHEN
September 7, 2019
11am-1pm

WHERE
Creekside Success Center
3850 Pony Tracks Drive, G/S 80922

COMMUNITY RESOURCES • The Resource Exchange • Nursing Agencies • Transition Programs • PASCO • UCCS Inclusive Services • Special Olympics • Medicaid Waiver Services • Special Kids Special Families • Autism Resources • The Independence Center • Therapy Agencies • Recreation Agencies • And MANY more!

OPEN TO THE
PUBLIC:
PARENTS, STAFF,
CAREGIVERS, AND
STUDENTS OF ALL
AGES ARE
WELCOME

FREE EVENT
Enjoy activities,
entertainment, food,
and more than 25
community
resources!

ACTIVITIES FOR
EVERYONE
Face Painting
Crafts
Rock Painting
Food and More!

At [Period Kits](#) we believe that anyone who has a period should have dependable and consistent access to the products they need when they need them. We build kits that contain 3 months' worth of period products in them. Each kit contains 40 tampons, 20 pads, 20 liners, a package of feminine wipes and a 6 pack of underwear.

To build these kits we partner with local businesses, churches, and civic groups to raise awareness around this need by holding collection drives and fundraising events. By working with local organizations and nonprofits, we can increase the amount of people we serve. Kits are then distributed to the local community with 25 percent of our kits going to direct street outreach and the remaining kits to local agencies that serve individuals experiencing homelessness.

People shouldn't have to choose between food or tampons, people shouldn't have to use newspaper because they don't have access to pads or liners and people shouldn't have to ration themselves one tampon a day because that is all they can afford.

This is about dignity. Period.

info@periodkits.org

(720)455-9510



VISION

Be recognized as the industry's most **loved** supplier

MISSION

We love helping people - *Live Better!*

CORE VALUES

Passionate Care
Excellence In What We Do
Do The Right Thing
Adaptable • Teamwork

MARKETING THEME

Helping You - Live Better!



Even for clients who have insurance, a health crisis often becomes a financial crisis.

For 35 years, Help Hope Live has been showing clients and families how to bring together a network of relatives, friends, and neighbors in fundraising efforts to help cover the costs of uncovered medical expenses. These efforts play a critical role in helping our clients recover and maintain their health and independence.

Since 1983, we have helped thousands of people raise millions of dollars for Help Hope Live to pay a wide range of expenses, including out-of-pocket costs for: medications, durable medical equipment, home health care, wheelchair-accessibility modifications, physical therapy, innovative treatments, medical travel and temporary relocation, even emergency living assistance.

Annually, we help place medical care within reach of about 3,000 families across the nation.

Help Hope Live

2 Radnor Corporate Center,
Suite 100
100 Matsonford Road
Radnor, PA 19087
800.642.8399
<https://helphopelive.org/>

When you need Home Medical Equipment – you can trust us! Major Medical

The story below illustrates the extent we go to Help People – *Live Better!*

Who was that masked man?

Our CEO, Doug Coleman, leads by example. Imagine an intense blizzard rolling through Colorado and dumping two feet of snow in under 24 hours. This epic storm shutdown Northern Colorado. People were sequestered in their homes and only emergency vehicles were on the roads. The heavy snow took down power lines and caused many people to be without power for days. Our phone lines were lighting up with emergency calls from hospitals as patients were running out of oxygen. Doug set-up a mobile command center so hospitals could call our Respiratory Therapists (RT's) on their cell phones with which patients needed oxygen. Meanwhile, Doug dressed in his ski outfit complete with a face mask and ski goggles and jumped in his 4-wheel drive truck. He loaded it with oxygen at a nearby branch office and began making deliveries to the neediest patients first. He spent many hours delivering oxygen as the RT's would call in addresses to him while he

made deliveries. The snow was so heavy that it covered street signs so Doug had to get out of his truck and sweep the snow off the signs to find out where to turn. We found that some patients were not even Major Medical patients but serviced by one of our competitors who could not get to them with supplies. Doug cared about helping these people in a time of crisis and not about whether we were collecting revenue while people were suffering. No other Home Medical Equipment company made deliveries during the storm. After it was all over, a patient called into our branch office and said, "Who was that masked man?"

Who we are and what we do:

Major Medical is a trusted, Colorado-based, home medical supply and services company that gives medical practitioners and healthcare administrators the ability to improve patient lives at a lower operating cost by providing their patients the products and ser-

vices they need to live independently. Our clinical expertise, prompt and courteous service and broad product selection distinguish us from other providers. We serve the Front Range with eight branch offices. Our ninth location is opening soon in Aurora.

The products we offer:

Sleep Therapy – CPAP

Home Oxygen – convenient HomeFil system assures you always have the supply you need

Complex Respiratory Therapy – invasive and non-invasive ventilators

Complex Wheelchairs – RESNA certified ATP's custom fit your chair

Nutrition – tube feeding and formula supplies, oral supplements

Incontinence – products for all ages

Catheters -

Lightning Mobility Evaluations

Simplifying the process

We work alongside supplier reps and ATP's to ensure the client receives the most appropriate mobility device. We have developed a software specifically meant for mobility evaluations that is easy to use, read and understand. This software was specifically engineered to ensure evaluations meet medicare requirements.

A Focus on Client Care

By using a company that specializes in mobility evaluations you can be sure clients are receiving the appropriate device to meet their physical goals and improve their independence.

Industry Expertise

LME was founded by Justin Rowley, a physical therapist who rec-

ognized the need for a streamlined process to help patients get the correct mobility device quicker by committing to timely evaluations which are done by experienced and caring therapists. Rest assured knowing we will take patient evaluations off your hands saving your reps valuable time and energy.

Insurance

Our providers exclusively do mobility

evaluations so we guarantee a quick turnaround time which will help expedite the process.

Electronic

We operate on a customized electronic documentation system, removing paper notes

from the process.

We accept Medicare/Medicaid and other various insurance. Contact with questions regarding specific companies.

Effective

Our network of physical therapists specializes in mobility evaluations, with a deep understanding of the referral system and the needs of patients.

Contact us

Justin Rowley, Owner/CEO

Cell (720) 768 – 4348

Fax (512) 549 – 8484

Email:

jrowley@lightningmobilityevaluations.com

What to Expect During a Home Evaluation:



When you or a loved one [call Accessible Systems](#) for a home evaluation we know that you've done your research and chosen our company for our experience or that perhaps we were recommended to you by a therapist, physician or other community partners. No matter how you got our name our team is committed to delivering you the best quality experience from the first phone call through the installation of your equipment and beyond. Our team understands that helping you identify the right solution to meet your needs is part of a collaborative process between the person in need, the caregiver and family and the ASI representative. While we'd love to do business with you if we don't offer the best solution to your needs we'll help you find someone who can help you.

When our accessibility experts visit your home they are trained to help identify challenges throughout the property. The majority of our customers call with a solution in mind however, once our experts visit your home, other options may present themselves. Occasionally the layout of the house may mean other accessibility concerns were previously

overlooked or not thoroughly evaluated.

During your home evaluation, you can expect our experts to:

Understand your needs – both current and future. We work with all types of clients, from newly disabled to those who have long-term disease processes that will change their mobility in ways that are difficult to anticipate. By focusing on you or your loved one's abilities and understanding the whole picture we can make recommendations that have a lasting impact on the ability to use and enjoy your entire home.

Create a plan with you. Many families come to us feeling overwhelmed, scared, anxious, sad; the list goes on and on. Our job is to help alleviate that stress through well thought out solutions that keep both caregiver and user safety in mind. Depending upon the urgency and longevity of your needs solutions can be temporary or more permanent modifications can be made to your home. Long-term thinking and planning ahead help us help you find the best solutions.

Evaluate the whole home. When a disease process is diagnosed or a traumatic

event occurs many family members and loved ones are able to see obvious mobility barriers throughout the home right away. Entryways into the house will need to be modified, stairs present a new challenge, and accessing the bathroom for daily living activities will become difficult. All too often more subtle barriers to accessibility in the home can be overlooked: transitions between carpet and wood flooring can make it difficult for someone who relies on a walker or wheelchair to move through the house; a complete bathroom remodel may not be needed if a doorway can be widened and a shower chair like the Shower-Buddy can be used with the existing tub. These are two examples among many.

Offer unexpected options. Our company has been in business since 1999 and our team is passionate about helping you and your loved ones stay safely at home. We offer solutions throughout the home including stairlifts, ceiling lift systems, wheelchair ramps, vertical platform lifts, residential elevators, lift chairs and bathroom remodels. Choosing the best solution to help you overcome the barriers to accessibility in your home is our priority.

Our team is ready to evaluate your home and help you consider all your accessibility needs. Call today and schedule your free in-home evaluation with one of our experts! Choose the office nearest to you for more information: [Denver](#), [Southern Colorado](#), [Northern Colorado](#) including [Wyoming](#), [Dallas](#),

We are a husband + wife team out of San Diego, CA, who love making clothing for people living the g-tube and trach life.

In 2015, our son Owen was born premature at only 24 weeks. He only weighed 1lb 2oz when he was born and we knew we had a long road ahead of us. During that time, our family used t-shirts branded with the phrase "Keep Fighting" as a rallying cry to bring a community of support and love around him during his many months in the hospital.

A short time later, Owen caught a cold that sent him back to the hospital in which he would spend the next 784 consecutive days. During that time he needed to get a g-tube and a tracheostomy. It was a scary, stressful and overwhelming time. My wife and I made a decision. Instead of letting the weight of the situation bring us down, we were going to use art and design to bring joy and hope to our situation. But this time, not just for our own personal community. Were we were going to find as many families that we could that were in a similar situation and share it with them as well. This was the start of StomaStoma.

We are passionate about creating a sense of belonging for those who feel different and normalizing this life that can feel so abnormal. We love using humor and

joy to lighten the mood and bring joy to those living the "tubie" and "trach life." The StomaStoma community has grown over the years to become a group that is proud of who we are and the path we're on, even if it is really hard. We love to remind each other that we're not alone on this journey!

We know that art on shirts isn't going to change the world but we believe it can be one part of taking an overwhelming and scary situation and make it a little bit better. It can be a tangible thing that connects and weaves together families and caregivers. It can be a hub for resources, support and education. We're excited to continue to grow this community, to create products that bring them value and produce resources that can help with everyday life.

Contact Information:

www.stomastoma.com

[instagram.com/hi_stomastoma](https://www.instagram.com/hi_stomastoma)

Demographic Served:

Individuals or families with tracheotomies, g-tube or ostomies.

EDUCATION



STEP UP! INTO LIFE AFTER HIGH SCHOOL!

For parents of young adults with intellectual and developmental disabilities (I/DD) ages 15 – 21
A 6-week class on Wednesday nights
August 28 – Oct 2, 2019, 5:45 - 8:15 pm

Step Up! Into Life After High School: Is a seminar series on planning for post-secondary transitions. We invite parents, family members, educators and young adults with I/DD to learn about topics related to post-secondary transition. This workshop is conducted by our chapter to assist parents and young adults to understand resources and planning for life after high school.

ENGLEWOOD HIGH SCHOOL, 3800 S LOGAN ST, ENGLEWOOD, CO 80113

One-time Fee: Members \$10 / Non-members \$15 / Light Dinner, respite/child care will be provided (if requested).
Financial assistance available, contact Luke@arc-ad.org

A six-week series designed to empower families, caregivers, and educators to plan for life after high school. Participants are highly encouraged to attend as many sessions as possible.

Topics include:

- Person-Centered Planning
- Private Insurance, Medicaid, and Waivers
- SSI/SSDI and ABLE Accounts
- Housing
- Daily Life - respite, fun, and employment
- Supported Decision Making and Guardianship

This is a 6-week class on Wednesday nights starting August 28 – Oct 2, 2019 5:45 - 8:15 pm
Please RSVP by August 26, 2019.



QUESTIONS? Call Luke at 303-220-9228 or Email: Luke@arc-ad.org or visit our Website: <http://www.arc-ad.org/>

Register On [Eventbrite](#) Link: <http://bit.ly/2Z2UUpP>



9197 West 6th Avenue
Suite 1000
Lakewood, Colorado 80215
(303)233-3122

PASCO (Personal Assistance Services of Colorado) is certified under Medicare, Medicaid, and the Medicaid Home and Community Based Services (HCBS) program to provide personal assistance services to children and adults with severe disabilities. PASCO was incorporated in 1991 and began providing services to persons with disabilities on January 1, 1992. PASCO's mission is to provide personal assistance services, promoting independence and safety to clients and/or their families. PASCO continuously strives for client and employee satisfaction. The foundation of PASCO is CHOICE. To the maximum extent possible, PASCO works to accommodate the needs and wants of each client. PASCO provides services in the following counties: Adams, Arapahoe, Boulder, Broomfield, Clear Creek, Denver, Douglas, Elbert, El Paso, Gilpin, Jefferson, Larimer, Morgan, Park & Weld.

Committed to Helping Families with G-tube training and support

Compassionate nurses are here to help increase your comfort and your confidence in the hospital and in the home

You have Choice in support services

Our experienced and compassionate nurses will help you feel comfortable providing the skilled G-tube care your loved one needs



Our goal is to provide guidance and support as you adjust into this new journey.

Caregiver & PASCO Involvement

- This is a no cost to you service provided by PASCO to ensure you feel confident in the delivery of this care to your loved one.
- Our nurses are excellent trainers across the spectrum of feeding delivery options.
- We are **not** an enteral feeding company but we do offer a list of providers that can help.

Guidance & Support

- G-tube competency
- Assistance with navigating long-term service and support options
- Ongoing community and group support
- Access to 24/7 nursing support

CONTACT US TODAY!

Our experienced intake team will schedule a nurse training visit for you in the hospital or home

(303) 233-3122
PASCOHH.COM

PASCO
G-TUBE SUPPORT

PASCO
G-TUBE SUPPORT

Reference in this Newsletter to any specific product, service, or company does not constitute a recommendation by Personal Assistance Services of Colorado (although we do our best to support community friendly organizations)

EST. 2019

HIGH COUNTRY JUBILEE

GUNNISON, CO

SEPTEMBER 7, 2019

I BAR RANCH, GUNNISON COLORADO

2-6 PM MARKET, GAMES & PANELS • 6-10 PM LIVE MUSIC, DINNER & DANCING

A STATEWIDE GATHERING FOR MEMBERS OF THE DISABILITY COMMUNITY AND THEIR FAMILIES, FRIENDS, AND ALLIES

PART FESTIVAL, PART RETREAT, AND ALL FUN!

FEATURING

A MARKETPLACE FEATURING VENDORS WITH DISABILITIES • LAWN GAMES AND ACTIVITIES
DISCUSSION PANELS • FOOD FOR PURCHASE
CASH BAR • LIVE MUSIC • AND DANCING

HOSTED BY THE WAYFARING BAND WITH SUPPORT FROM FOX FOLIO

\$15 SUGGESTED DONATION

FREE OVERNIGHT CAMPING

FOR TICKETS AND MORE INFORMATION VISIT WWW.THEWAYFARINGBAND.COM • WHEELCHAIR ACCESSIBLE

Coach To Cure MD, presented by Werner Ladder, is a partnership between the American Football Coaches Association (AFCA), a professional organization for over 10,000 college football coaches and staff, and Parent Project Muscular Dystrophy (PPMD), the largest national charity devoted exclusively to Duchenne muscular dystrophy (Duchenne). Over 20 different Colorado high schools and colleges have participated in Coach To Cure MD over the past 11 years, many of which have hosted local Duchenne families. Among the schools to participate are University of Colorado, Colorado School of Mines (pictured) and Colorado State University. The 12th year of Coach To Cure MD returns on September 28th. We need YOU to join our team to help us #TACKLEDUCHENNE. Visit our website for more information at

www.coachtocuremd.org or text 'CURE' to 501501 to make a \$25 donation.*

