



PASCO Picayune

30 YEARS

SERVING COLORADO'S DISABILITY COMMUNITY

The Newsletter That Serves its Readers

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Guess what? We're about to launch something seriously cool that'll make high-fives feel like yesterday's news. Get ready to dive into our awesome PASCO Perks program — an adventure designed to bring us closer, amp up the fun, and show some extra love to our wonderful friends and families in the disability community.

What's the scoop on this PASCO Perks program?

Buckle up, because this program is all about building a bond that's as unbreakable. We're inviting you to sprinkle a little magic by offering exclusive discounts, free services, snazzy coupons, or raffle prizes for your fantastic goods and services. In return, you're in for a treat—our crew of dedicated supporters will be lining up to experience the incredible things you do!

Why Be a Part of the Party?

Shine Brighter: Get ready to shine in the spotlight! Your business will stand out like the disco ball at a dance party in our community, where inclusivity is the name of the game.

BFF Level Connections: Joining our party means entering a world where friendships are forged over shared values. Expect high-fives, virtual hugs, and maybe even a secret handshake or two.

Rockstar Engagement: Our program is like your biggest fan club, filled with folks who can't wait to experience what you bring to the table. Say hello to a bunch of new faces who'll be singing your praises!

Get the Mic: We'll put you in the spotlight! Your goods and services will take center stage as we spread the word through our awesome PASCO Perks portal and marketing channels, giving your business the superstar treatment.

Make Waves: By teaming up, we're not just creating ripples; we're making waves in the world of inclusivity and accessibility. Your participation will help shape a better tomorrow for all.

Let's Kickstart the Fun

Joining our PASCO Perks Program is a breeze. Here's the game plan:

High-Five Us: Reach out to our program maestro at Erika Swanson at Erika.swanson@pascohh.com to let us know you're ready to dive in. We can't wait to hear from you!



Party Time: Get ready to party like it's 2099! We'll team up to spread the word about your offerings through our magical marketing spells, ensuring your brilliance reaches far and wide.

Let's Make Magic Together

At PASCO we believe in the power of unity and the charm of inclusivity. Our PASCO Perks Program is all about building bridges and creating unforgettable experiences in the disability community. By joining this adventure together, we're taking inclusivity to new heights and making memories that'll last a lifetime.



Reference in this Newsletter to any specific product, service, or company does not constitute a recommendation by PASCO (although we do our best to support community friendly

PASCO

PASCO LEADERSHIP QUARTERLY TOWN HALL

RSVP for Event

Join us for an opportunity to
let your voice be heard!

Meet with our PASCO
leadership team to share
your stories, ask questions,
and more.

FRIDAY
September 8
2:00pm – 4:00pm

PASCO
9197 W 6th Ave, Ste 1000
Lakewood, CO 80215

Please join us at the PASCO Lakewood office for a new, quarterly town hall with our leadership team. This event will be an opportunity for our PASCO family to **share their stories, learn about the latest happenings, ask questions to our PASCO knowledge leaders, and allow us to ask our families questions** as well to gain insight as to what matters most to you and your loved ones.

Snacks, and drinks will be available. If you have any questions, please reach out to Sarah Southern at sarah.southern@pascohh.com. We're here to help!



99 Pieces of Art on the Wall is coming up on **Friday, September 22nd!** Artworks created by 99 different artists, including local Denver artists and internationally renowned artists in our community, will be available for just \$99 each.

Our goal is to keep this event affordable and accessi-

**access
gallery**

ble to all; **tickets are available for just \$9.99 each!** Tickets include admission, food, and beverages.

Purchase Tickets Today

SEPTEMBER IS WORKFORCE DEVELOPMENT MONTH!

Arapahoe/Douglas
WORKS!
Workforce Center
A proud partner of the americanjobcenter network



Attend our open house event to learn about and experience the no-cost services Arapahoe/Douglas Works! offers and get a free professional headshot!

Wednesday, September 13, 2023

Centennial Workforce Center • 6974 S. Lima Street • Centennial, CO 80112

8:00 a.m. - 12:00 p.m. and 1:00 p.m. - 4:00 p.m.

Light snacks and drinks will be served.

A/D Works! Programs and Services (8:00 a.m. - 12:00 p.m.)

Immerse yourself in the world of A/D Works! and discover the wide range of programs and services.

LinkedIn Workshop (9:00 a.m. - 11:00 a.m.)

Our expert facilitator will provide invaluable insights into optimizing your profile, effective networking, and utilizing LinkedIn's features to propel your career.

Mastering Technology for Your Career: Elevate Your Resume, Interview, and Job Search (11:00 a.m. - 12:00 p.m.)

This workshop empowers participants with essential tech skills like ChatGPT and other software tools. Gain an edge in your job search through enhanced resumes, improved interview performance, and a targeted approach aligned with your dream career.

Professional Headshots (1:00 p.m. - 4:00 p.m.)

Elevate your online presence with polished and professional headshots.

Click [HERE](#) to register
or visit <https://bit.ly/ADWworkshops>.



CONTACT US
303.636.1160
www.adworks.org

Arapahoe/Douglas Works! is an equal opportunity employer/program. Auxiliary aids and services are available upon request to individuals with disabilities.

MAY WE HELP TAKE LIFE TO THE NEXT LEVEL

Our services are **free and easy**. One quick form opens up a world of possibilities.



To help **Richard ride a bike!**



To help **Brandon be a performer!**



To help **Grace Anna be a chef!**

Looking for a way to become more independent? Or do activities that bring you joy? At May We Help, we provide custom one-of-a-kind solutions - **for free**.

Modified Equipment

- Wheelchairs
- Bikes
- Walkers
- Lifts

Custom Solutions

- Sensory chairs
- Modified toys
- Music instruments
- Sports equipment

And more!

How it works:

1. Complete a short online form. Tell us your goal and the challenge you face.
2. We arrange an initial visit with you where you are - no transportation necessary!
3. Our volunteers design, build and deliver a device to help you reach your goal.



Request a free custom solution or free adaptive equipment at our website www.maywehelp.org or call us at 513.834.6443.



In 2022, we helped **589** people pursue their passions.

“When I heard about what May We Help does, I felt hope.”
- Mom

Do you, or someone you know, have trouble performing a basic task or routine due to a physical limitation?

Is there an activity that you, or someone you know, would like to do but can't due to a disability? If so...



May We Help creates assistive devices for those with disabilities.

Skilled volunteers design, develop, and fabricate uniquely tailored devices that allow individuals to pursue their passions- and realize their dreams.

At no cost to the recipient.

If you, or someone you know, needs help... request a solution.

Go to <https://maywehelp.org/request-a-solution/>

ADA Accessible

You're invited to our **9th annual**

TRICK OR TREAT STREET



Friday - October 27, 2023

4 PM - 7:30 PM

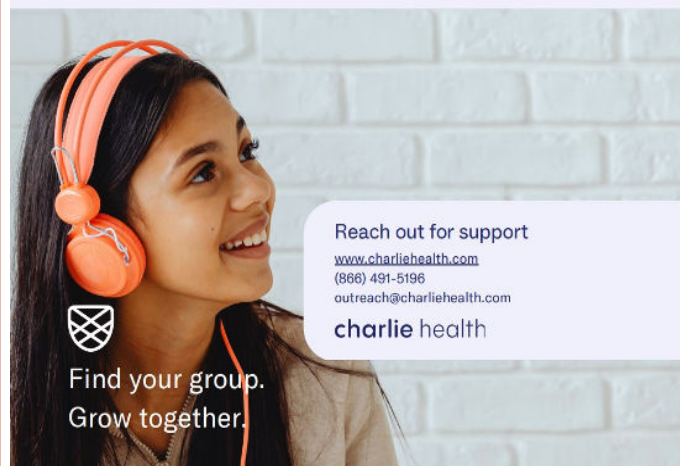
9197 W 6th Ave, Suite #1000
Lakewood, CO 80215

PASCO
30 YEARS
SERVING COLORADO'S DISABILITY COMMUNITY

Neurodivergent-Affirming Care

Charlie Health's virtual Intensive Outpatient Program (IOP) supports neurodivergent teens and young adults. This program is designed to meet the unique needs of neurodivergent clients who may have autism, ADHD, or another condition under the neurodivergent umbrella. Programming provides a safe and healing space to deal with the secondary stressors that can come with living in a neuro-typical world.

- Curated groups with similar peers
- Affirming, trauma-informed clinicians
- Individual therapy
- Family therapy
- Free parent support group
 - Learn more about how to support and understand your neurodivergent teen or young adult child. Led by neurodivergent-affirming therapists at Charlie Health.



Reach out for support

www.charliehealth.com
(866) 491-5196
outreach@charliehealth.com

charlie health

Find your group.
Grow together.

You're Invited



SENSORY HEALTH IN EARLY CHILDHOOD

VIRTUAL | NOVEMBER 2, 9 & 16, 2023
8AM - 12PM MDT

This multi-day interactive summit provides insights into the impacts and vital need for the understanding and implementation of sensory health in early childhood development. Designed for parents, educators, and providers of **children age 0-5**, we'll be addressing some of the biggest concern areas we hear about in this age: feeding, toileting, play skill development, speech development, and gross motor skill development.

Our speakers, coming from a range of disciplines including occupational therapy, speech-language pathology, feeding specialists, and mental health providers, will dive into today's most relevant topics and research. The focus is supporting positive early childhood cognitive health [physical, emotional, and relational] using a sensory integration/processing lens.

Early Bird **\$89**

REGISTER TODAY
bit.ly/star_vsearlychildhood



2023
DISABILITY EMPLOYMENT AWARENESS CONFERENCE

 **October 3, 2023**
10:00 AM-3:00 PM
Lunch from 11:00 AM-12:00 PM

LIGHT REFRESHMENTS, COMMUNITY RESOURCES, SPEAKERS

Free Boxed Lunches to the first 100 registered participants!

POP-UP SHOPS
Local vendors showcasing their products for purchase

COMMUNITY RESOURCES
Resource fair with disability organizations

KEYNOTE SPEAKER
The first bisexual legislator and wheelchair user to serve in the chamber. Serves on both House Public & Behavioral Health & Human Services Committee and the Health & Insurance Committee.

LOCATION:
Anschutz Health Sciences Building
Elliman Conference Center
1890 N Revere Ct
Aurora, CO 80045

EASY FREE PARKING WITH SHUTTLE SERVICE

THE SPEAKERS
Dr. Regina Richards
Land Acknowledgement

Rep. David Ortiz
Keynote Speaker

REGISTRATION



 Office of Diversity, Equity, Inclusion and Community Engagement
UNIVERSITY OF COLORADO ANSCHUTZ MEDICAL CAMPUS



Through facilitated support groups, Essentials Bags and grants, **Love for Lily's** mission is to support families in the Neonatal Intensive Care Unit (NICU) to thrive during their stay and at home.

Facilitated support groups, such as Lasting Love, our post-NICU group, teach coping skills and provide community. Essentials Bags are stuffed with items that can provide a little comfort and ease the burden of life in the NICU. Grants help insured families who spend four or more weeks in the NICU obtain therapies that support the well-being of their child(ren).

We want you! Join a committee, volunteer to bring breakfast, host an Essentials Bag-making event or donate to support the vital work we are doing. There are so many ways to get involved — if you have a skill or passion you want to share, please reach out and let's partner together.



Love for Lily

(720) 526-2556

<https://www.loveforlily.org/>

There are many things you only get to do in Autumn and some of these are Cassie's favorites. She loves milder temperatures for her walks, red and yellow leaves, and all things Halloween, in particular the PASCO Halloween Party! I'm sure you'll agree it's a wonderful holiday event bringing such joy and fun to our loved ones. This coming fall season is feeling extra blessed due to health improvements. Along with the dog days of Summer, we noticed Cass developing pain symptoms and because she's non-verbal we needed to listen closely to her language. The answers didn't come easy this time, but we did discover the issue and she's feeling so much better! Amidst the challenges I have just completed a certificate in Spiritual and Life-Balance Coaching. This timing was just right to offer some extra fuel, so to speak, to the mindset, prayers, and everything else we need to get through different times. I'm sure you can relate. We do what it takes to help our precious people and we all need an extra spark as Caretakers to stay the course and do our best. Our best includes self-care as well. I found myself imagining many times during my courses how beneficial the teachings may be for other parent and family care givers. There's so much emphasis on staying positive, learning how to manifest hopes and dreams, developing connectedness to...(you insert the word here that reflects your spiritual knowing, beliefs etc). I now fully realize that staying positive, or returning to it, is one of my special person's needs. My daily life feels more energized with a connection ringing in faith, guidance, and reassurance. If you have ever felt led to inquire about the coaching process or if it might be useful for you, please do feel welcome to contact me! I'm happy to answer questions and If I were to serve Pasco Caregivers; well, that sounds about perfect. Enjoy and look forward to all that you can in the season of change ahead. We hope it's a healthy season as well!

Cindy Johnson

Bobcatglowing@gmail.com



Disability Peer Support Group

Fridays at 1:30 pm



This hybrid peer support group is for individuals who have a disability and identify as a member of the LGBTQ+ community. This is a drop in space that provides conversation, social support, and resource sharing. This group is free to attend. Registration is required if you intend to participate virtually. For questions, please contact Bryant Mehay at bmehay@lgbtqcolorado.org.

When: Every Friday from 1:30pm to 2:30pm

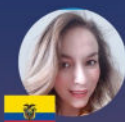
Where: In-Person at the Center on Colfax. A virtual option available to attend!

Email Bryant Mehay, Coordinator for Elder and Disability Services, at bmeahy@lgbtqcolorado.org with any questions!

Join The Group

SU EQUIPO BILINGÜE | PASCO

9197 W 6th Ave Suite 1000
Lakewood, CO 80215
(303) 233-3123 pascohh.com



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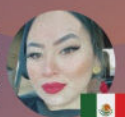


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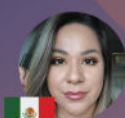
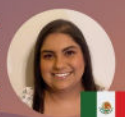


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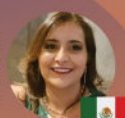


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Taking great pride in fulfilling our PASCO Promise (Medicaid Made Easy, Together we Thrive, Advocacy for All, Care Through all Ages & Stages, Care for the Caregiver, Collaborative Care) it became apparent that unless we made changes in how we delivered information in one's native language, that we were not living up to our own high standards. Starting in 2022 under CEO Leslee Torres's leadership, a tremendous and intentional overall occurred, whereby every department in the organization has on its team a native Spanish speaker. From Human Resources to Payroll to Intake to Outreach to I/DD Case Management—no more will a person who is far more comfortable speaking in their native Spanish, need to rely on translation (which oftentimes overlooks nuances and subtleties). For other languages, PASCO does it's best to work with current employees who can convey the complexities and distinctions in a native tongue. As our friends at The [Community Language Cooperative](#) maintain: Language Justice is a key practice used in social justice movements to create shared power, practice inclusion and dismantle traditional systems of oppression that have traditionally disenfranchised non-English speakers.

WE CAN DO THIS!!! FOOD WITH INTEGRITY

COMMUNITY STARTS HERE

DO GOOD WITH CHIPOTLE

CHIPOTLE FUNDRAISER FOR
DREAM BIG DENVER FOUNDATION

33% OF EVENT SALES GET DONATED TO THE CAUSE

WEDNESDAY, SEPTEMBER 20TH | 4-8PM
12073 E ARAPAHOE RD STE 160, CENTENNIAL, CO, 80112

ORDER ONLINE FOR PICKUP USING CODE **PCK39YF**
OR SHOW THIS FLYER IN RESTAURANT

CHIPOTLE

For online orders to count towards the fundraiser, they must be placed for pickup only from the restaurant location of, and during the hours of, the fundraiser. Delivery orders and gift cards do not qualify. \$150 minimum event sales required to receive any donation.



NUTS & BOLTS CONFERENCE 2023

Creating Neuro-Inclusive Housing From Dreams to Development

YOU'VE GOT QUESTIONS?

THIS CONFERENCE
HAS ANSWERS!



www.inclusivehighered.org
info@inclusivehighered.org
720.629.0196

STUDENTS WITH INTELLECTUAL DISABILITIES CAN GO TO COLLEGE IN COLORADO!

INI's mission is to create inclusive college opportunities in Colorado for students with intellectual disabilities (ID) to foster **academic growth, social development, and career advancement.**

As a non-profit organization, INI works to raise awareness of the inclusive college options available in our state via webinars, informational sessions, mentorship opportunities, college prep resources, and more.

Colorado currently offers four inclusive higher education (IHE) programs where individuals with ID are fully included members of the student body. Students earn a Comprehensive Higher Education Certificate in their area of study and are graduating with more meaningful jobs, greater independence, increased community involvement, and holistic growth.

Arapahoe Community College
Elevate at ACC
<https://www.arapahoe.edu/elevate-acc>

University of
Colorado at Colorado Springs
Office of Inclusive Services
<https://www.uccs.edu/inclusiveservices>

University of
Northern Colorado
GOAL - Go On and Learn
<http://www.unco.edu/unco-goal>

Regis University
GLOBAL Inclusive Program
<https://www.regis.edu/global>



HELPFUL RESOURCES:

Inclusive Higher Education Overview
<https://inclusivehighered.org/college-options/>

Free Webinar Series
<https://inclusivehighered.org/news-events/>

Monthly Newsletter
<https://inclusivehighered.org/news-events/join-us.html>

Financial Resources
<https://inclusivehighered.org/college-options/funding.html>

Designed for Students Who:

- Have a documented intellectual disability with need for additional support in academic, career, social, and independent skills
- Do not meet traditional college entrance criteria and/or would benefit from modifications in order to fully access college coursework
- Have a desire to go to college
- Express interest in living and working as independently as possible after college
- Have completed K-12 education (students may participate in their district transition or 18-21 program before starting inclusive programs)
- Are able to participate in class and campus activities with support
- Wish to pursue a certificate credential

Students in IHE Programs Will:

- Earn a Comprehensive Higher Education Certificate from the college or university
- Declare a primary area of study
- Receive robust support through direct advising, peer mentors, and the school's office of disability services
- Be fully included in college courses, taken for credit with high standards that align with person-centered plan
- Follow an individualized plan of study to include 2-3 courses/semester
- Utilize academic accommodations and modifications of coursework
- Experience full campus engagement including events, clubs, residential options, and more
- Participate in person-centered planning regarding academic and vocational goal setting
- Engage in a progression of job experiences, including on-campus and off-campus employment
- Participate in commencement exercises upon completion

Questions? Contact Shayna Laing, INI Community Engagement Manager - shayna@inclusivehighered.org

Intellectual & Developmental Disability Study

Now recruiting research participants

Measuring Cognitive Development

Is your son/daughter between the ages of 4 and 25 years old? Their participation in this study could help us learn more about thinking and reasoning in people with intellectual and developmental disabilities, and how these skills develop over time.

The purpose of this research is to evaluate iPad tests for tracking cognitive changes.



Who can participate?

- Individuals with a diagnosis of intellectual or developmental disability caused by Down syndrome, fragile X syndrome, Williams syndrome, or another cause
- Males and females, between 4 - 25 years old

What does the study involve?

- Cognitive and behavioral assessments during 1 - 3 visits. These visits typically last about 3-4 hours per 1 day (including breaks)
- One of our research psychologists can provide feedback on cognitive assessment results

What else is expected?

- The study will provide \$100 compensation for your time and effort for each visit
- We can offer reimbursement for travel expenses from your home and for lodging if needed

Contact jcoleman009@regis.edu for more information

Learn more about this study

For more information about this study, please contact
Jeanine Coleman, PhD

Principal Investigator at
jcoleman009@regis.edu
303-964-6229

All research activities will take place at
Regis University

3333 Regis Blvd. Denver, CO 80221



Click here to Register for Sibshops



Coming to Lakewood in Fall 2023!

What is a Sibshop?

A Sibshop is a fun and rewarding workshop for kids who have a sibling with a disability.

Who attends a Sibshop?

Participants are ages 8-13 and have a sibling with a disability

Where & when will they happen?

The Lakewood Sibshops will be held at the Link Recreation Center once a month on Saturday mornings 9:30am-1:30pm. Please bring a sack lunch.
The dates are Sept 23, Oct 7, Nov 18, Dec 9.

Where do I register?

www.lakewood.org/register or call 303-987-4800
(\$60 Lakewood Resident, \$64 Nonresident)

What will I do at a Sibshop?

Games, Activities, Meet other friends who have a sibling with a disability, and many more fun surprises!

Any questions, please reach out to Kayla White (kwhite@lakewood.org)

Join us for a Professional Networking Event

Hosted by Accelerated Schools
and Guiding Bright Minds

When: September 19th, 2023 4:30-6:30pm

Where: 2160 S. Cook Street
Denver, CO 80210

Who: Any one who works with or is a part of
the neurodivergent community.

RSVP: At eventbrite.com
email: mtuengel@acceleratedschools.org

Sponsored By:



FREE WORKSHOP

Computer & Internet Safety Class for Adults with IDD

Space is available for **FIVE** residents of the city and county of Denver 18 years or older with an intellectual or developmental disability.



This free workshop is for individuals with intellectual and developmental disabilities who want to learn how to safely use a computer, navigate the internet, and use apps to increase their independent living skills, community access, and social opportunities.

Topics will include computer basics, online safety, public vs. private information, social media and online dating dos and don'ts, using technology for self-entertainment, using apps to access local community, and more! The workshop will combine classroom time and community learning opportunities individualized for each participant's strengths and growth areas.

CLASS TIME

Classes will be once a week for 12 weeks on Wednesdays beginning September 6-November 22 from 3:00 p.m.-6:00 p.m.

LOCATION

JFS office, 3201 S Tamarac Denver, CO 80231

WHAT TO BRING

Bring your laptop, or a laptop will be provided (to keep) at no cost to participants that don't have the technology. Reasonable accommodations are available upon request.



Please scan QR code or visit jewishfamilyservice.org/tech-workshop to register.

If you need to complete registration form in a different format or for questions or concerns, please contact Paige Reppe at 720.248.4649 or preppo@jewishfamilyservice.org.

FUNDED BY ROCKY MOUNTAIN HUMAN SERVICES MILL LEVY



Jewish Family Service



FALL FESTIVAL

**OCT
21**

**4-8
PM**

6538 S Racine Circle
Centennial, CO 80111

HAUNTED HOUSE

PUMPKIN PATCH

PETTING ZOO

BOUNCE HOUSE

AND MORE!!!



Developmental Disabilities Resource Center with Family Tree, Jefferson Center & Seniors Resource Center

Get your fill of tasty BBQ while connecting with elected officials and candidates about issues important to you and to our nonprofits at the 23rd Annual Indoor Legislative BBQ.

Participants, families, staff, supporters, and friends are invited to join us on **Tuesday, Sept. 12 (5-7:30 pm)** when advocacy, enjoyment and a tasty dinner come together for this **free** event hosted by DDRC, Family Tree, Jefferson Center, and Seniors Resource Center.

Help advocate for opportunities and inclusion, and the need for resources, access to transportation, affordable housing, behavioral health, or other needs. Share your challenges, successes and why you care. Join us to discover common ground in working together to improve the lives of people in our community.

And of course, we'll have delicious BBQ too!

FREE event! Advance registration required.

WHEN: Tues., Sept. 12 from 5:00-7:30 pm

WHERE: Red Rocks Community College 13300 W 6th Ave. Lakewood 80228 (in the Community Room)

REGISTER

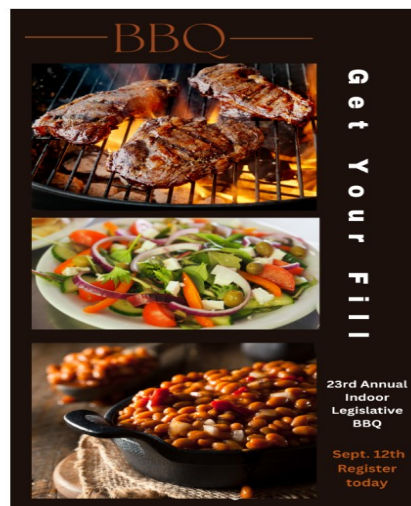
Don't miss the special mingling and networking time from 5:00-6:00 pm during the BBQ!



Seniors Resource Center

Space is limited for this event.

Reserve a spot before registration closes.



Need a lift?

Colorado's Employment First program can help you get to your job. Contact your county workforce center for more info.



Employment First programs offer support to SNAP recipients to help them gain long-term self-sufficiency through meaningful employment and can offer a variety of services, including rides to and from your workplace depending on which county you live in.

More Information

SAVE THE DATE

17th Annual Legislative Town Hall on Disabilities

WEDNESDAY
OCTOBER 11
Centennial Hall | 6:30pm

Elected officials will take questions from the community, discuss topics, and explore solutions to important issues impacting the disability community.

ACCESSIBILITY HEALTH CARE HOUSING TRANSPORTATION

More information to follow from The Resource Exchange



Healthy Relationships Classes

For Individuals with Intellectual or Developmental Disabilities

Healthy Relationships, Sexuality, and Dating

Navigating different types of relationships can cause frustration and anxiety. Foundation for Successful Living's Healthy Relationship classes help individuals learn how to process the emotions that they are feeling and learn valuable information about relationships and dating in a way that will make sense in their lives.

Upcoming Classes

October 2, 2023-November 15, 2023

Monday and Wednesday 2:30pm-4:30 pm

- Healthy Relationships curriculum covers various topics to teach individuals how to have safe, healthy, and consensual relationships

These programs can be funded through the HCBS SLS or DD Waiver. Curriculum is geared towards individuals 18+ with intellectual & developmental disabilities. For more information visit our website at thefsl.org/healthy-relationships/

Foundation for Successful Living
8200 E Pacific Place #104, Denver, CO 80231
720-921-1405
Jessica@thefsl.org
www.thefsl.org



Meeting children
and families where
they're at

OUR UNIQUE APPROACH

Discover Autism Support was created out of my passion to serve children and the desire to meet families where they are at through providing behavioral services across environments. At Discover, all services are influenced by Early Start Denver Model (ESDM) practices and materials, and are provided directly by a Board-Certified Behavior Analyst (BCBA) to ensure accelerated progress and the highest quality of care.

WHO I AM

I'm Marissa Revington, a Board-Certified Behavior Analyst who has a passion for supporting families and helping kiddos learn to explore the world in new ways. I value collaboration with parents and all care providers to ensure holistic services that are compassionate, empowering, and effective are provided. I am focused on your child's unique needs and am here to help you and your family navigate the journey of autism.



Let's Connect!

(720) 675-8045
www.discoverautismsupport.com
info@discoverautismsupport.com

SERVICES



1:1 ABA
Therapy



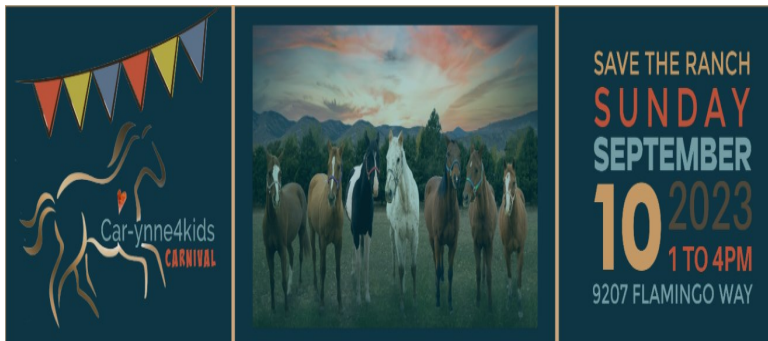
Caregiver
Coaching



Appointment
Preparation



Toilet
Training



JOIN US FOR AN INCLUSIVE CARNIVAL AND SILENT AUCTION TO RAISE FUNDS TO SAVE THE RANCH

Explore the ranch, join the silent auction, meet the animals, and enjoy a variety of attractions, including horseback rides, live music, photo booths, a petting zoo, food, face painting, balloon animals, games, and more!

TICKETS

\$15 for individual

[More Information](#)

\$50 for family of 4; \$55 for 5, \$60 for 6

EARLY BIRD PRICES AVAILABLE UNTIL SEPTEMBER 9.

NEW Youth Programs

City of Lakewood Therapeutic Recreation

To register for new programs, you can call 303-987-4800 or lakewood.org/register. If you have any questions, please email RISE@lakewood.org.

Special Olympics Bowling	Special Olympics Flag Football	Adapted TR Parent & Child Learn to Swim Lessons
Ages 8-17	Ages 8-15	Ages 4-7
Saturdays 10am-Noon Sept 9-Dec 16	Thursdays 4pm-5pm Sept 7-Nov 9	Tuesdays 6-6:30pm Sept 26-Oct 24
\$90 resident, \$120 Nonresident	\$70 resident, \$85 Nonresident	\$35 resident, \$40 Nonresident

Do you have a sibling with a disability?
Join **Sibshops** this Fall!
See Sibshop flyer for more information

Adaptive  Mobility

INSPIRING INDEPENDENCE, TOGETHER

- Adaptive Mobility is a disabled veteran and woman owned small local business
- Medicaid and VA Approved Installer
- Serving Denver, Colorado Springs and Pueblo
- Offering wheelchair ramps, ADA shower conversions, grab bars, handrails and more!



Certified Aging-in-Place Specialist

719-204-5008
www.adaptcolorado.com

GET A QUOTE

6385 Corporate Drive
Ste. 201
Colorado Springs, CO 80919

Dolly Parton's Imagination Library is a book gifting program that mails free, high-quality books to children from birth to age five, no matter their family's income.

After launching in 1995, the program grew quickly. First books were only distributed to children living in Sevier County, Tennessee where Dolly grew up. It became such a success that in 2000 a national replication effort was underway. By 2003, Dolly Parton's Imagination Library had mailed one million books. It would prove to be the first of many millions of books sent to children around the world.



Bridging the Gap:

A Project for Equitable Pandemic Planning and COVID-19 Access for People with Intellectual and Developmental Disabilities (I/DD)

Made Possible through support from: [The Colorado Developmental Disability Council](#)



"I think they were the forgotten group in our society. We have all these talks about equity, and we cannot leave the disability community out of those conversations." – Tom Walsh, Individual Advocate with [The Arc of Aurora](#)

It is crucial that we continue to have conversations about COVID-19 and the effect it had, and still has, on people with developmental and other disabilities. We must listen to the experiences from the pandemic and learn from them: the adverse effects of the shutdowns and isolation, the disproportionate impact on their health, and barriers to treatment and support.

The [Bridging the Gap](#) project provides storytelling TALKS, informative TRAININGS, and take-away TOOLS that will reflect on the impact the pandemic had on the disability community, help plan for future COVID-19 outbreaks, as well as other pandemics, and provide resources for COVID-19 in Colorado.

The first 100 eligible participants could earn up to \$100 in gift cards

Are you a Colorado resident who has an IDD or a family member, friend, caregiver, or support provider of someone with an IDD? If so, [find out how](#) you can earn up to \$100.00 in gift cards through this project!



Do you and your kids struggle with sleep?
Have you tried everything you can think of and everyone is still tired?

Sensationally Wired can help you sleep.

We are a Sleep Consulting company supporting neurodivergent individuals and their families achieve better sleep. Ask us how.

sensationallywired.com
noelle@sensationallywired.com

Show+Tell

3 TO 21 WORKSHOP

Join Us Online For a Free Workshop!

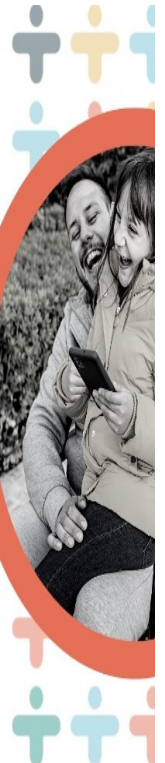
Monday, September 11th
6:30-7:45pm
Zoom

You Will Learn:

- The Evaluation Process
- What is Least Restrictive Environment?

[Link in Description](#)

Contact ellen@weshowandtell.org for more information or if you need an interpreter.





A dad to dad mentoring program for fathers raising children with special needs.

Dad-to-dad encouragement for fathers of children with special needs

Diane Woerner

Ours is a world where fathers who are willing to raise their children are a diminishing breed. This trend is exacerbated by things like general societal disdain, the systematic indoctrination of children to disrespect their parents, and various other cultural and even legal disincentives. These converge to degrade what should be a role of great honor into something many men avoid or at least struggle with significantly.

Among the men who *are* willing to embrace their calling, there is a subset of fathers who face the additional challenge of raising children with special needs. Often the discovery of abnormalities in their child brings a complex array of emotions, including grief, guilt, fear, and overall helplessness. These are natural and not easy to move beyond.

There is, however, one feature of this challenge that does not need to continue, and that is a sense of loneliness. There are literally tens of thousands of these “special fathers” in our country, and the number is growing. The Center for Disease Control [reports](#) that an estimated 17% of children between the ages of three and 17 have one or more developmental disabilities.

These disabilities represent a variety of issues, including genetic or chromosomal deficiencies, pregnancy complications resulting in harm to the baby, undetected or untreated problems incurred by newborns, severe physical injuries during childhood, and the neurodiversities represented generally within the autism spectrum. These result in limitations to cognitive and verbal capacities, physical mobility, emotional stability, and social interactions. They may bring life-threatening possibilities such as seizures, or even the horror of a terminal diagnosis.

On a day-to-day basis, these conditions translate to what can be a wearying sequence of medical exams, hospital stays, behavioral upsets, financial stresses, and the inevitable questions about the future. Will my child be able to learn? Can he develop meaningful skills and social relationships? Or the big one—what will happen to her when I’m no longer here?

Gratefully, the United States is one of the few nations that has intentionally created impressive social, educational and economic avenues of support for special needs families. But it often takes time for a father to realize, upon receiving the child’s diagnosis, that this isn’t something he can fix. Instead, he has to transition from fixer to engager, and that’s a challenge only other men who have been there can fully understand.

That’s why the 21st Century Dads Foundation launched the [Special Fathers Network](#) in 2017. Among their other services, they offer a unique dad-to-dad mentoring program using a personalized matching process. Today there are over 500 mentor dads who are eager to come alongside new special needs fathers to share the wisdom they’ve gained “on the ground,” walking through the experiences they’ve had with their own children.

In a world where the definition of manhood and even the concept of family itself are under continual assault, men who find themselves confronted with the tough and tangible realities of life don’t need arguments and theories and ideologies—they need buddies. That’s where organizations like the Special Fathers Network can step in with practical and proven support. They too aren’t fixers, but they practically model the engagement that in the end will be the best thing for special dads and the special families they lead.

Please contact Nathan Woerner for more information

www.21stcenturydads.org

Den SFN email (mine)

sfndenco@gmail.com

Phone Number

(720) 432-3336

The current meeting is the last Thursday of every month at 7pm at Spice Trade Kitchen and Brewery 8775 E Orchard Rd STE 811, Greenwood Village, CO 80111

JOIN US FOR THIS FREE VIRTUAL
TRAINING WITH A RURAL FOCUS!

**FREE & OPEN
TO THE PUBLIC**

RIGHTS OF STUDENTS WITH DISABILITIES IN K-12 PUBLIC SCHOOLS

TOPICS OF DISCUSSION

- Fundamental requirements of Section 504 & the IDEA, including FAPE & LRE
- Requirements for progress monitoring
- Requesting an evaluation and what to do if it's denied or you disagree with the results
- Steps you can take to address issues caused by a lack of staffing
- Compensatory services, including when they're owed, how to calculate them, and how to get them
- Overview of disciplinary protections
- Retaliation and bullying

TUESDAY
 3 OCTOBER, 2023

VIA ZOOM FROM
 6:00PM–7:30PM

REGISTER TO RECEIVE
 THE ZOOM LINK AT
ARCWELDCOUNTY.ORG
 OR BY SCANNING THE
 QR CODE BELOW

**DISABILITY LAW
COLORADO**
Protecting the rights of Coloradans of all ages since 1976.

**The Arc
of Weld County**

SCAN ME



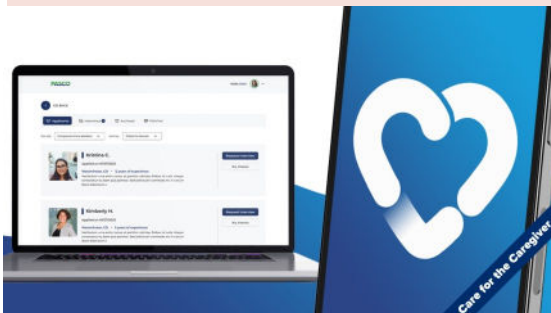
PERSONAL ASSISTANCE SERVICES OF COLORADO

9197 West 6th Avenue
Suite 1000
Lakewood, Colorado 80215
(303)233-3122
info@pascohh.com

Introducing Colorado's First Respite Matching Platform: PASCO CareMatch™

We are making amazing progress on the development of PASCO CareMatch™ - a platform that will match you and your loved one with a respite provider that fits your unique needs. We understand the importance of finding reliable and compassionate caregivers who can provide temporary relief for your loved ones. We're excited to bring you an innovative solution that simplifies the process, making respite care accessible at your fingertips. We cannot wait to share this platform with our PASCO family.

We are currently looking for both **providers** and for those **looking for care**. Interested? Click the link below



[Learn More and Join Our Waitlist](#)

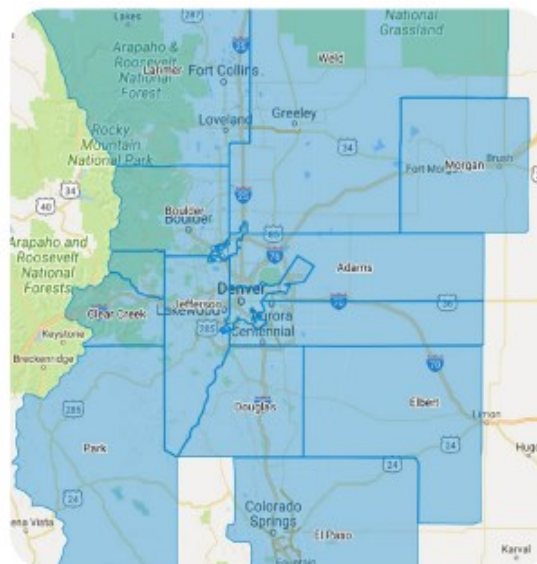
PASCO (Personal Assistance Services of Colorado) is certified under Medicare, Medicaid, and the Medicaid Home and Community Based Services (HCBS) program to provide personal assistance services to children and adults with severe disabilities. PASCO was incorporated in 1991 and began providing services to persons with disabilities on January 1, 1992. PASCO's mission is to provide personal assistance services, promoting independence and safety to clients and/or their families. PASCO continuously strives for client and employee satisfaction. The foundation of PASCO is CHOICE. To the maximum extent possible, PASCO works to accommodate the needs and wants of each client.

Jefferson County wants to hear from you! Jefferson County Public Health (JCPH) recently released the [Jefferson County 2023 Community Health Assessment \(CHA\)](#), which highlighted several strengths and areas of concern regarding the health of our community. But the data only tells part of the story.

Use your voice to elevate health priorities that impact you, your family, and your community. Every voice is needed, and we want to hear from **Jeffco residents, community-based organizations, elected leaders, and healthcare providers**. Reviewing the 2023 CHA will provide extensive additional information and context; however, your opinions on this survey are valuable based simply on your existing knowledge and personal experiences. The assessment and survey are available in both English and Spanish. When you open the link, the landing page will be in English, but once you select Spanish the entire survey will update in the language of your choice. The survey is anonymous and will take approximately 10-15 minutes to complete. **The survey will be available until September 15.** [Survey Link](#)



PASCO proudly serves the following counties:



- Adams
- Arapahoe
- Boulder
- Broomfield
- Clear Creek
- Denver
- Douglas
- El Paso
- Elbert
- Gilpin
- Jefferson
- Larimer
- Morgan
- Park
- Weld