



PASCO Picayune

SERVING COLORADO'S DISABILITY COMMUNITY

The Newsletter That Serves its Readers



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Nuts & Bolts, Peanut Butter & Jelly, PASCO & Advocacy

inevitably, when talking with Case Managers, families interested in services, or others new to the crowded home health care space, the conversation veers to “what makes PASCO different from your competitors?” An honest question perhaps asked with the expectation that a simple reply of “we care more” or “our passion is unparalleled” would suffice. However, since this is a business that works with people... hopefully providing these crucial services infers compassion and caring. Like most complex questions, there is nuance to the answer. PASCO can boast of being innovators in home health – we standardized a comprehensive backup and runner position to quickly respond to missed visits (1992) and



organization was created to help people with disabilities live in a community setting. Some of the first deinstitutionalized people became part of a group collectively called “The Gang of 19.” Among other accomplishments, this assemblage of people, once “locked inside,” was instrumental in getting busses accessible in Denver, and later nationwide. All these incremental changes didn’t happen overnight; sweat, persistence, dedication, and tremendous early advocacy helped pave the way for services and The Americans with Disabilities Act (1990) which we prize today. Mums pushing their trams in London and American vets with disabilities who wanted to safely navigate streets and sidewalks began an advocacy movement in post-war America and Britain. It ultimately led to what we all now take for granted...curb cuts. But when does an issue gain urgency? What are the unintended consequences associated with certain legislations and acts? How many indignities must occur before anything is done? When is enough...enough?

Occasionally the stakes are higher and cast a wider net. In 2002, months after the horrific attacks of September 11th, the country faced an economic reckoning, with numerous shortfalls projected across the board. Governor Bill Owens needed to balance Colorado’s budget and it was widely assumed that there would likely be 5% or 6% cuts in every department of the State. As every organization would be affected equally (while not ideal) it was understood that everyone had to do their part to help. As the smoke began to clear, it was determined that nursing and therapy services would be cut by 5% and CNA services would be cut by 30%...a number which would completely decimate Home and Community-Based Services. Immediately, PASCO teamed with other constituent groups: ADAPT (American Disabled for Attendant Programs Today), CCDC (Colorado Cross Disability Coalition), Atlantis, and Accent on Independence. The groups took their grievances to Colorado’s Department of Health Care & Policy and Financing (HCPF) to protest the monumental cuts. When little came from talking, 25

have been good stewards of Medicaid monies by adopting a phone log-in system – Telephony (1996). We could also point to the fact that we worked with the State to develop Pediatric Personal Care (2016), which was created in response to probably our most innovative creation...Paid Family Caregiving (1999). We could look at our other key guiding principles and discuss our ethics, willingness to learn, teamwork (which makes the dream work), and accountability to our clients, employees, and Medicaid. Many of these core tenets might ring true for many other agencies which provide good services. However, it is our “North Star,” if you will, which truly differentiates us from the rest of the pack... Advocacy.

The story begins after PASCO’s founder, Barry Rosenberg (who cut his teeth in civil rights work in Texas and Mississippi), moved to Colorado in 1972 with his very pregnant wife. He took a job at Heritage House, a nursing home in Lakewood, as an Activities Assistant. Rosenberg noticed a large number of young people, who experienced an assortment of disabilities (who had no business being in such an institution), and were simply being “warehoused” away from the public. Their basic freedoms were being compromised. In 1975, Rosenberg, along with the late Reverend Wade Blank, co-founded the third Independent Living Center in the country, Atlantis. The

CONTINUED “Advocacy” Page 2

PASCO CORE VALUES

ACCOUNTABILITY

TEAMWORK

ADVOCACY

LEARNING

ETHICS

Reference in this Newsletter to any specific product, service, or company does not constitute a recommendation by PASCO (although we do our best to support community friendly organizations)

Ask the CEO, Leslee Torres

August Edition -
Skills Checkoffs



Care for the Caregiver

Q: Why did we move to in-home skills checkoffs?

A: Hello, PASCO family!

Since 2023, we've made some exciting changes to how we conduct our CNA skills checkoffs. You might remember that we used to partner with SkillsDen to complete these tasks. However, we realized that while SkillsDen was a great partner, we had an opportunity to make these check offs more accessible and create more opportunities for our RNs and CNAs to have a stronger relationship. The decision was made to start having our talented PASCO RNs complete these check offs in the home. This allowed our caregivers to have a better level of familiarity with their nurse, all while providing these required tasks in the comfort of their own homes.

Unfortunately, about a year ago, SkillsDen informed us that they were closing their doors and could no longer provide these services. SkillsDen kindly offered to sell us their training equipment, and we jumped at the chance. Because of their generous offer, we were able to create our very own skills lab at the PASCO Lakewood office! This is now not only used weekly for CNA training, but has also become a vital resource for training new nurse case managers and supporting various other training needs within PASCO. Our skills lab is a testament to our dedication to providing top-notch training and education for all our team members.

We are committed to always improving and evolving to best meet the needs of our families. As a part of this ongoing goal, we are excited to announce that we now have a dedicated nurse educator on our team! This new role is crucial in ensuring that all our service lines are properly trained and given the resources they need for success. The nurse educator will play a key role in overseeing our training programs, ensuring consistency and quality care across the board.

I'm incredibly proud of the strides we've made and the steps we've taken to enhance the accessibility of our training programs. The establishment of our own skills lab and the introduction of in-home checkoffs are just a few examples of how we are committed to continuous improvement and excellence in care.

If you have any questions or want to learn more about our new training opportunities, please don't hesitate to reach out to our [Support team](#). Thank you!

"ADVOCACY" Page 1

individuals, mostly with significant disabilities, camped in front of HCPF's offices located at Colfax and Sherman. They stayed not for one or two days, but ten! Accessible portable toilets were rented, food was donated, garbage was picked up daily, and crumbs were eaten off the ground by a large service dog named Hercules. Eventually, on the 10th day, the head of HCPF came downstairs and met with the assembled advocates. HCPF rescinded the cuts and, in fact, implemented that CNA services would receive zero cuts. The people rejoiced.







More recently, in the summer of 2017, Medicaid was facing proposed cuts that would potentially roll back 40 plus years of prolonged efforts, and hard-fought battles. This time, Home and Community Based Services (HCBS) funding was on the chopping block. Once again, advocates responded. Several PASCO employees and members of the disability community held a peaceful sit-in at a US Senator's office that lasted four days. It resulted in the arrests of many participants and a great deal of media exposure. Later that same summer, PASCO and many local ARC affiliates would gather in downtown Denver with hundreds of people and families to protest the proposed Medicaid dissection. The urgency and sustained advocacy by numerous organizations and PASCO affiliates helped push back the heavy-handed approach to slashing Medicaid programs.

Occasionally there are issues in our schools, governing institutions, and medical providers where rules are mandated, laws aren't being followed...and more discussion is needed. Sometimes these efforts are necessary to help other people in far-off places – just as we in Colorado have benefited from the advocates who have come before us.

Continued "Advocacy" page 5

Free Events HopeKids

For families who have a child, aged 0 to 18, with a life-threatening medical condition.

	Bella Terra Farms Thursday, September 5 Larkspur		Dinner & Bingo Friday, September 6 Co. Springs
	Urban Air Wednesday, September 11 Fort Collins		Western Slope Picnic Saturday, September 21 Grand Junction
	Top Golf Sunday, September 22 Thornton		Transformers One Tuesday, September 25 Northfield



To attend HopeKids events, apply at
WWW.HOPEKIDS.ORG

For more information, contact brittany@hopekids.org or 303.596.2329



2024 Annual Fundraiser GALA for TACT!

HAVANA NIGHTS

WHEN: Friday, October 4th 2024
TIME: 5:00pm - 10:00 PM
WHERE: At Social Capitol
 6543 Wadsworth Blvd. Arvada, CO 80003




Colorado Gerontological Society presents

Salute to Seniors

Colorado's leading Older Adult Expo is back, bigger than ever live and in-person!

August 24, 2024 • 9:30 AM to 3:00 pm
 Greek Events Center, 4610 E Alameda, Denver
(Located on the property of the Assumption Cathedral)
Free Admission • Free Parking (watch for signs)
 Complimentary Coffee, Donuts, Snacks
 Prizes, Drawings, and Lots of Fun!!!

Presentations	Things to Enjoy	Entertainment
10:00 am Avoid Email and Other Scams 10:30 am Reduce Out-of-Pocket Costs for Medicare Part D in 2025 11:00 am Learn Self Care Strategies to Take Care of Yourself 11:30 am Portability of Senior Homestead Exemption 12:00 pm Options for Missing Teeth 12:30 pm \$800 Senior Housing Income Tax Credit 1:00 pm Property Insurance and Replacing Your Roof 1:30 pm Getting Rid of Your "Precious Stuff The Kids Don't Want!"	<ul style="list-style-type: none"> • Mini Health Fair • Tips for Emotional Well-Being • Classic Car Show • Family History • Farmer's Market • Bingo • Oral Hygiene Kits • Ask-A-Doc (tentative) • Triangles • Photo Booth • Tie-Dye • Meet Addison, a 3D Virtual Caregiver 	10:30 am Eddie Kendrick Real Country Music 10:30 am Tour of Assumption Cathedral 11:30 am The Fasaria Trio 12:30 pm Belly Dancing 1:45pm The Fasaria Trio Resource Fair More than 200 experts will be in person at 75 vendor booths

August 25, 2024 (Virtual)
 11:30 am to 1:00 pm
 Details and Register
www.senioranswers.org
 Presentations, Trivia, Prizes

RSVP Suggested
www.senioranswers.org

Information
 303-333-3482






ABILITY4!

FREE TO BE ME

OPEN HOUSE

THURSDAY SEPT 19TH
 3PM-7PM
 CENTER TOURS 3PM-5PM

FOOD • FUN • GAMES

RSVP TO
INFO@CHANDACENTER.ORG
 OR SCAN CODE





Sometimes I'm not Resilient



99.9% of the time I am not Inspirational



And I'm never in need of Pity



Just because I'm Disabled, does not make me any more or any less

Disabled by Society

aquatics IN MOTION LLC



Emily Kopal, MOT, OTR/L
Pediatric aquatic occupational therapist

What is Aquatic OT?

- traditional outpatient OT in a pool
- multi-sensory OT to improve regulation, safety, motor skills, and strength/endurance
- can be supplemented with other OT services

Commonly Treated Conditions:

- ADHD
- sensory processing disorders
- Autism Spectrum Disorder
- ODD, PDA
- general developmental delays

Who is a good fit?

Children 0-18 years old with:

- sensory processing concerns
- emotional regulation & behavior challenges
- poor safety awareness
- gross and fine motor delays
- executive functioning delays

Contact Emily at:

- info@aquaticsinmotionllc.com
- ph: (303) 731-7069
- fax: (970) 237-3255
- www.aquaticsinmotion.com



Bowties & Tails

A FUNDRAISER GALA AND AUCTION BENEFITTING
CANINE PARTNERS OF THE ROCKIES
AND OUR SERVICE DOG TRAINING AND PARTNERSHIP PROGRAM



September 7, 2024 | 5:00 - 9:00 PM

WWW.BOWTIESANDTAILS.ORG

Arvada Center for the Arts
.6901 Wadsworth Blvd, Arvada, CO

Live & Silent Auction, Games & Prizes

Live Music By:
LaPompe

Dinner By:
Three Tomatoes Catering



SCAN ME

[Tickets](#)

Ignite Gala 2024 GOLDEN SNOW GLOBES

50 Years of Impact on the Adaptive Snow Sports
Community Community

Friday, November 1, 2024

Doors open at 5:00 PM

Boulder Jewish Community Center (JCC)

[6007 Oreg Ave., Boulder, CO 80303](http://6007.Oreg.Ave.,Boulder,CO.80303)

Lunchtime Lecture Series

AUG

Jeff Sidders, MD
Business Outreach Specialist for
State of Colorado DVR

Renee Romero
Business Outreach Specialist for
State of Colorado DVR

BREAKING BARRIERS

with Jeff Sidders and Renee Romero
from the Division of Vocational Rehabilitation (DVR)

Addresses the common barriers to employment for professionals with disabilities, and especially for those who are neurodivergent. Provides insight as to the reasons why this population is often excluded from employment opportunities and breaks down some of the myths around disability, neurodivergency, and employment.

PRESENTED BY

Colorado Neurodiversity Chamber of Commerce

Wednesday, August 28
12 noon to 1:00 pm
Virtual Event on Zoom
Non-member Registration: \$35
Members Attend Free
Register at www.cndcc.org/events

“Advocacy” Page 2

Currently, PASCO supports The Latonya Reeves Freedom Act (Senate Bill 3417, formerly the Disability and Integration Act). Our former CEO, Ryan Zeiger, is very involved with ADAPT in helping legislate this act. The goal of the LRFA is to go beyond the ADA and establish HCBS as an enforceable civil right. This bill will push states to improve poor HCBS services and protect them from future ineffectual decision-makers. If you want to help further this legislation, please reach out to local ARC affiliates, CCDC, ADAPT, and other community activists. Your passion and commitment are more than needed and very appreciated.

Free CHILDBIRTH CLASS SERIES



You and your baby deserve the best birth possible.

Want to learn more about the birthing process, how to ask for what you need, about breastfeeding, and how to prepare for baby? If so, this class is for you!

**THURSDAYS
SEPT. 19 - NOV. 7
10 A.M. - NOON**

7190 Colorado Blvd., Commerce City

Classes are located in the basement, and childcare will be provided. The person who will be with you during the birth is encouraged to attend.

REQUIREMENTS

- Adams County resident
- Be less than 32 weeks pregnant
- Earn less than \$75,000/year



Scan the code or call **Heather Baumgarten** at **720.375.3710** to register.



Taking great pride in fulfilling our PASCO Promise (Medicaid Made Easy, Together we Thrive, Advocacy for All, Care Through all Ages & Stages, Care for the Caregiver, Collaborative Care) it became apparent that unless we made changes in how we delivered information in one's native language, that we were not living up to our own high standards. Starting in 2022 under CEO Leslee Torres's leadership, a tremendous and intentional overall occurred, whereby every department in the organization has on its team a native Spanish speaker. From Human Resources to Payroll to Intake to Outreach to I/DD Case Management—no more will a person who is far more comfortable speaking in their native Spanish, need to rely on translation (which oftentimes overlooks nuances and subtleties). For other languages, PASCO does it's best to work with current employees who can convey the complexities and distinctions in a native tongue. As our friends at The Community Language Cooperative maintain: Language Justice is a key practice used in social justice movements to create shared power, practice inclusion and dismantle traditional systems of oppression that have traditionally disenfranchised non-English speakers.

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Five Quick and Easy Home Modifications

Make Your Home Safer Today!



Almost Home

Almost Home's mission is to promote self-sufficiency and provide assistance to those experiencing housing instability.

Established in 1993, Almost Home, Inc. has provided services to those in need in Adams County and Southern Weld Counties for over 25 years, making it one of the oldest non-profit organizations in Brighton, Colorado. In that time, we have assisted over 45,000 individuals with more than 23,000 of those individuals being children and provided over \$2.8 million in direct assistance funds. In addition, since 1996 we have provided over 51,600 nights of shelter to local homeless families in need.

Almost Home's services include a family emergency homeless shelter with the ability to house up to six families, bilingual case management and referrals, rent and mortgage assistance, utilities assistance (electric, heat and water) and additional resources to help our clients work towards self-sufficiency.

**231 N. Bridge St
Brighton, CO 80601
Adams County**

**info@almosthomeonline.org
www.almosthomeonline.org/
(303) 659-6199**

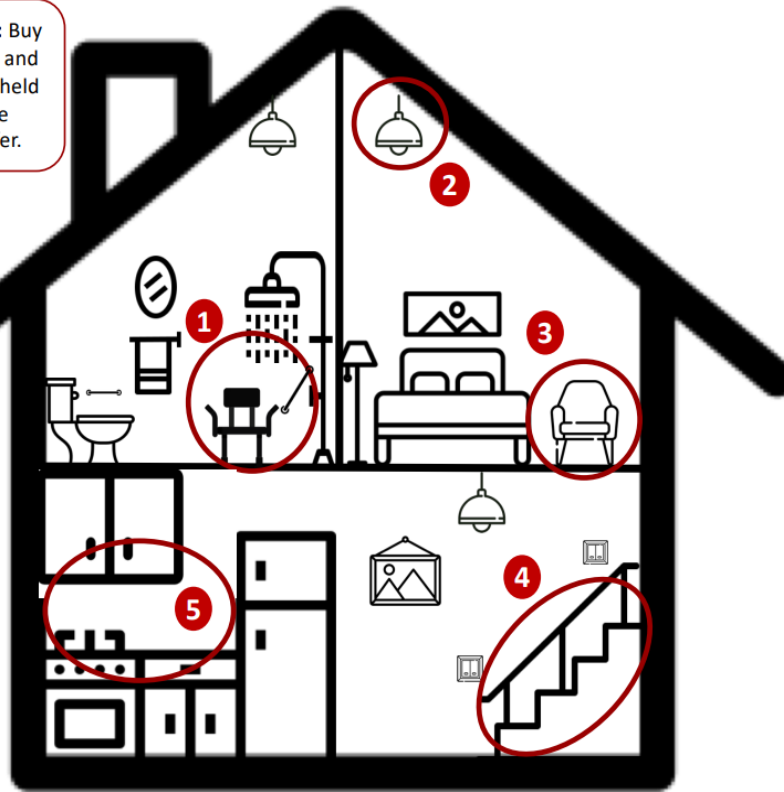
1. Secure some support: Buy a shower seat, grab bar, and adjustable-height hand-held shower head to make bathing easier and safer.

2. Light it up: Replace burnt-out bulbs with bright, non-glare lightbulbs.

3. Have a seat: Place a sturdy chair in your bedroom so you can sit while getting dressed.

4. Clear the way: Keep items off stairs and remove clutter and throw rugs from floors.

5. Store for success: Keep frequently used items between waist and shoulder height.



This material was developed by the National Home Safety and Home Modification Work Group. The Work Group is a collaboration of the National Falls Prevention Resource Center at the National Council on Aging and the Fall Prevention Center of Excellence at the University of Southern California Leonard Davis School of Gerontology. For more information, visit bit.ly/NHSHMworkgroup and www.homemods.org/hmin to find home modification funding sources.

This project was supported, in part by grant number 90FP0023 from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects under government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official Administration for Community Living policy.



USC Leonard Davis
School of Gerontology

Home Safety Recommendations

Note: For items marked with a +, consulting a health professional such as an occupational or physical therapist is recommended to help you make the changes that will work best for you. For items marked with a *, consulting a contractor, remodeler, or other housing professional is recommended to ensure proper installation.

<input type="checkbox"/>		Purchase a shower seat and an adjustable-height hand-held shower head +
<input type="checkbox"/>		Decide if your toilet height is right for you; if not, discuss ways to raise it with a health professional *
<input type="checkbox"/>		Place adhesive anti-slip treads on shower and bathtub floors
<input type="checkbox"/>		Securely install grab bars in and around tubs, showers, and by toilets *
<input type="checkbox"/>		Set hot water heater to 120 degrees Fahrenheit or below to save money and prevent scalding
<input type="checkbox"/>		Use nightlights to light the path from bedroom to bathroom
<input type="checkbox"/>		Place a sturdy chair in your bedroom and kitchen so it is there when you need it
<input type="checkbox"/>		Move frequently used items to easy-to-reach places
<input type="checkbox"/>		If you must use a step stool, buy one with a safety bar to hold onto
<input type="checkbox"/>		Replace knob-style door and faucet handles with lever-style handles *

<input type="checkbox"/>		Remove clutter from the floor and increase storage for such items
<input type="checkbox"/>		Keep pet accessories out of walkways
<input type="checkbox"/>		Securely clip or tape cords to walls or floors
<input type="checkbox"/>		Remove throw rugs and move furniture from walking pathways
<input type="checkbox"/>		Mark uneven thresholds with contrasting tape or paint
<input type="checkbox"/>		Replace burnt-out bulbs and use bright, non-glare lightbulbs throughout your home
<input type="checkbox"/>		Place telephones in easily accessible places and keep your cell phone handy if you have one
<input type="checkbox"/>		Use a rolling cart to move items around the home rather than carrying them
<input type="checkbox"/>		Keep items off of stairs
<input type="checkbox"/>		Ensure there are secure handrails on both sides of stairs and light switches at the top and bottom of stairwells *
<input type="checkbox"/>		Place a table for packages and a chair (to sit when needed) in your entryway
<input type="checkbox"/>		Install a security peephole on exterior doors at an easy-to-use height *
<input type="checkbox"/>		Repair any loose brick or pavement on outdoor walkways and steps *

Call to Learn How to Attend One of Our Upcoming Meetings

Carrie Savage: (720) 799-9254

Southwest Denver - 1st Monday of every month from- from 5pm-7pm, held at Notre Dame Catholic Church, Ministry Center, 5100 West Evans Ave, Denver, CO 80219. (facilitated by Carrie Savage)

Northeast Denver - 1st Thursday of every month from 12pm-2pm, held at Macedonia Baptist Church, 3240 N Adams St, Denver, CO 80205. (facilitated by Carrie Savage)

Castle Rock - 2nd Tuesday from 5:30pm-7:30pm, held at Castle Rock Senior Center, 2323 Woodlands Blvd, Castle Rock, CO 80104. (facilitated by Carrie Savage)

Thornton - 2nd Thursday of every month from 10 am-12 pm, held at Margaret Carpenter Rec. Center, 11151 Colorado Blvd, Thornton, CO 80233. (facilitated by Carrie Savage)

Northern Denver —Spanish - 3rd Wednesday of every month from 5:30pm-7:30pm, held at Swansea Recreation Center, 2650 E 49th Ave, Denver, CO 80216. (facilitated by Carrie Savage)

Virtual Group - 3rd Thursday of every month from 10:00 - 12:00. (facilitated by Carrie Savage)

Southeast Denver - 4th Wednesday of every month from 5:00-7:00pm, held at the Eisenhower Recreation Center, 4300 E Dartmouth Avenue, Denver, CO 80222. (facilitated by Carrie Savage)

Kinship Caregiver Support



Across the nation, four percent of all children — more than 2.6 million individuals — are in kinship care. In this arrangement, relatives raise kids when their parents cannot care for them.

Kinship Caregiver Program at Catholic Charities supports caregivers of all cultural and faith backgrounds who are raising their relatives' children due to circumstances such as the death or illness of the biological parents, drug abuse or incarceration. We offer monthly support groups, fun family events, special trainings and individual resource referrals to kinship families in five counties: Denver, Arapahoe, Jefferson, Adams and Douglas. Our programs are free.

“Apex” Page 7

TR Adventure Mini Golf

September 17 at 3:00pm – Off Site

Join us for Adventure Golf! We will meet at the Hyland Hills Adventure Golf and Raceway (9650 Sheridan Boulevard, Westminster, CO 80031) for an afternoon of mini golf and socialization. Please bring your own money if you wish to purchase a snack after putt-putt.

[Register for TR Adventure Mini Golf](#)

TR Shows and Tunes

September 17 at 5:30 pm – Community Recreation Center 12+

Join us at the Community Recreation Center at 5:30 pm. We will be watching a family friendly movie while enjoying snacks and each other's company. We will work on listening skills, socialization, sharing, and relaxation. Please feel free to bring your own snacks, but some will be provided.

[Register for TR Shows and Tunes](#)

AND MORE...

Apply to Be Our Next Advocate!



The Arc – JCCGC is hiring for two positions: an Adult Advocate and a Teen & Young Adult Advocate! If you are committed to protecting human rights for all and believe that people with IDD should be valued and respected for who they are as individuals, an Advocate position could be the perfect fit for you.

Colorado Assistive Technology Expo 2024



The Conference Center at Adams 12
Friday, September 13, 2024
10 AM - 3 PM

 Center for Inclusive Design and Engineering (CIDE)
UNIVERSITY OF COLORADO DENVER | ANSCHUTZ MEDICAL CAMPUS



JOIN RARE PATIENT VOICE

SHARE YOUR OPINION!

Patients (16+) & family caregivers professionally diagnosed with a condition, disease, or disability have the opportunity to share their opinions through surveys to improve medical products & services.

GET PAID!

Participants in our studies receive compensation at a rate of \$120 USD per hour.

HAVE AN IMPACT ON PATIENTS' LIVES!

We connect you with researchers developing products and services to benefit you and others with your condition.

Over the past 10 years,
Rare Patient Voice has paid
patients & caregivers over \$13 million.



RarePatientVoice.com

Seizure First Aid

Stay with the person and start timing the seizure

Ensure safety by removing potentially harmful objects

Call 911 if the seizure lasts longer than 5 minutes

Turn the person onto their side if unconscious

Stay with the person until the seizure subsides

Put something soft under the head

Do not restrain the person

Do not put anything in the person's mouth

Loosen clothing around the neck

NIGHT LIGHTS

GALA OF Grace FUNDRAISER

Providing free respite care for families who have children with special needs

NOVEMBER 8 2024

Auction and Cocktail Hour begin at 6:00 pm
Program to follow



MOUNT VERNON CANYON CLUB
24933 Club House Cir.
Golden, CO 80401

Sponsorships available!

TICKETS GO ON SALE 9/3

Apex Therapeutic Recreation Community September Happenings!

TR Feel the Beat Field Trip

September 3 at 10:30am

Meet at the Simms Street Center

Come Feel the Beat in a dance class specially made for people with disabilities. The dance floor has bone conducting vibrational energy that allows the music to be felt physically.

We will take the van to the studio in Westminster then stop for lunch on this monthly field trip.

Pick up will be at the Simms St. Center at 1:30 pm

Parents and caregivers welcome but not required, parents and caregivers must purchase their own lunch if attending. Van space is limited.

[Register for TR Feel the Beat Trip](#)

TR Music Therapy

September 9 -30, Mondays at 3:15 pm – Community Recreation Center: Room B

No class September 2

12+

Come sing and dance with our Music Therapy partner Kaitlyn. We will express ourselves musically while working on social, emotional, cognitive, and physical well-being.

[Register for TR Music Therapy](#)

TR Fun Art Friday

September 13 at 2:30 pm – Apex Center: Randall Room 12+

Join us at the Apex Center. We will be making a themed art project once a month on Fridays. This month: Key Chains.

Fun Art Friday is designed to work on fine motor skills, self-expression, precision, and socialization, while offering a different time slot for participants who work or are in day programs earlier in the week.

[Register for Fun Art Friday](#)

TR Bowling

September 14 – Nov 9, Saturdays at 2:30 pm – Off site
No class 10/12 or 10/26

12+

These practices will allow for people participating in Special Olympics to practice league style bowling in preparation for the Regional Tournament on 10/26 and the State tournament on 11/16 if desired.

Regular bowling will also be available.

Let's go Bowling! Come at 2:30 pm on Saturdays. We will meet at the Wheat Ridge Bowlero (9751 W 49th Ave, Wheat Ridge, CO 80033) for afternoon fun and socialization.

[Register for TR Bowling](#)

Continued "APEX" Page 8



August 2024



OPEN HEART
BEHAVIOR SERVICES

EMPOWERING NEURODIVERGENT INDIVIDUALS ACROSS COLORADO

OPEN HEART BEHAVIOR SERVICES

At Open Heart Behavior Services, we see the unique light in every person. We're here to nurture minds that think differently by embracing neurodiversity with open arms and hearts. Our vision is a world where every individual thrives. Where differences are celebrated, not just accepted. We walk alongside families, lighting the path ahead. Combining science with compassion, knowledge with understanding.



Taemy Kim-Mander
Founder & CEO

OUR UNIQUE APPROACH

- Community Integration
- Person-Centered Support
- Evidence-Based Practices
- Trauma-Informed Care
- Cultural/Values-Based Approach



Introducing
Frontera Parent Pathways™

Frontera Parent Pathways program offers **consultation, group sessions, one-on-one guidance and resources** to parents of autistic children. We will work with you to identify effective strategies to increase your child's engagement in play and family routines and to enhance your child's communication.

Collectively, our team has decades of experience working with and supporting families of autistic children using contemporary and evidence-informed approaches.



Scan to get in touch

Benefits of Parent Pathways

- | | | |
|--|--|---|
| <p>Weekly Sessions</p> <p>Receive one-on-one guidance from highly trained coaches and work through a clinical curriculum created for parents of autistic toddlers and preschoolers, and those with children awaiting a diagnosis.</p> | <p>Access to Expert Clinicians</p> <p>In addition to a coach, Frontera Parent Pathways provides access to expert clinicians, including psychologists and behavior analysts, ready to provide additional guidance and support as needed.</p> | <p>Empowerment and Education</p> <p>Gain the knowledge, skills, and confidence needed to advocate for your child and navigate the complexities of parenting a neurodivergent child during the toddler and preschool years.</p> |
| <p>Progress Tracking</p> <p>Monitor your child's development over these crucial early years, celebrating milestones and making informed decisions.</p> | <p>Flexible Messaging</p> <p>Reach out for support through our convenient messaging system, ensuring assistance is available when needed—even outside of sessions.</p> | <p>Video Upload and Feedback</p> <p>Upload videos of your child for personalized feedback, helping you track progress and problem-solve.</p> |

Frontera Parent Pathways is the perfect companion for families, whether you are questioning autism, your child is newly diagnosed, or a diagnosis was given some time ago.

Wondering if Parent Pathways is right for you?

Reach out to schedule a call with our team today.

parentpathways.fronterahealth.com

parentpathways@fronterahealth.com

720.262.3750

August 2024



OUR SERVICES

- Individual Support Plans
- Skill Development
- Family and Community Involvement
- Rural Area Outreach

OUR TEAM

- Qualified BCBA's and RBT's
- Compassionate and Dedicated Professionals



Contact Information:

Email: info@ohbxs.com
Phone: 720-899-2802



MEDICARE VS. MEDICAID

The similarity of the two terms can make it difficult to understand the differences. Here's a breakdown of the differences and similarities between the two government programs.

- | | |
|---|---|
| <p>Medicare</p> <ul style="list-style-type: none"> ✓ Federal program for people 65 and older or with a qualifying medical condition. ✓ Made of four basic parts: A & B are provided by the federal government; C & D are provided by private insurance companies under federal regulation. ✓ Each part covers something different: A - Hospital B - Doctor Visits/Outpatient Care D - Prescription Drugs C - Medicare Advantage plans combine A & B and commonly include drug coverage. ✓ Cost depends on when you enroll, the plan you choose, and your individual health needs. Additionally, Medicare offers Savings Programs to help offset the cost of premiums, deductibles, and copays. | <p>Medicaid</p> <ul style="list-style-type: none"> ✓ State government program for those with limited income and resources, required to follow federal guidelines. ✓ Different plans are available for different populations as well as from state to state, but must follow federal standards for benefits. ✓ All plans are required to cover at least hospital/skilled nursing facility care, care from federally-qualified health centers, and services from doctors, nurses, and certified pediatric practitioners. ✓ Cost depends on income and state-specific rules. Some members can be exempt from out-of-pocket costs. |
|---|---|

If you receive both Medicare and Medicaid, you may be entitled to even more benefits. Reach out to a licensed broker at Fidelis to help review your Medicare options at no cost to you and with no obligation to enroll in a plan.



12170 Tejon St Ste 1000
Westminster, CO 80234
303.650.1100

TAKE THE CHALLENGE!
SHARE ~ DONATE ~ UPLOAD



**WE CHALLENGE YOU TO
DONATE \$10 AND INVITE 10
PEOPLE IN YOUR NETWORK
TO MATCH IT!**

**HTTP://SECURE.ALSACO.ORG/
GOTO/ICEBUCKET10**

DONATE



In the last 10 Years, ALS United Rocky Mountain has...

-  Allocated Quality of Life and Respite Grants of over \$100,000 directly to people living with ALS and their families.
-  Hosted educational events for more than 500 families living with ALS.
-  Provided support for more than 1,500 families throughout Colorado, Wyoming, and Utah.
-  Expanded our collaboration with ALS clinics to include five multidisciplinary clinics within the Rocky Mountain Region.

★ **Apex Social Group** ★

Since 2008, Apex Social Group has been revolutionizing the way families experience child care. By providing a one of a kind, live-in solution that applies interventions to foster development and unlock each child's full potential; they are especially adept at helping families with special needs. Apex Care Professionals are not your typical caregivers - they are dedicated individuals who have chosen career paths in the fields of health, therapy, and education. With backgrounds in Occupational, Speech, or Physical Therapy, pediatric nursing, early childhood education, RBT, and more, their Care Professionals bring a wealth of expertise to your family's doorstep. They step into your home with their knowledge and experience, not to replace your current therapist (s), but to become an essential part of your in-home care team and foster new possibilities for your entire family. What sets Apex Care Professionals apart? They have a unique ability to take the guidance provided by your child's therapists and seamlessly integrate it into their care routine. From developmental milestones to supporting healthy family dynamics, they work towards creating a nurturing environment that propels your child's growth. One of the key reasons families choose Apex, beyond their high touch service, is their strong Care Professional community. Over the last 15 years, they have cultivated a network of talented individuals who are committed to providing consistent, top-notch care. With Apex, you can trust that your family will always have access to a skilled and reliable talent pool.



PICAYUNE

Autism Community Store 



LEGOs For Everyone!



Saturday, August 31st
11 AM - 12 PM
At the Autism Community Store

SCAN ME



**SPINA BIFIDA COMMUNITY
PARALYMPIC GAMES**
August 28 - September 8
WATCH PARTY SCHEDULE



 **REGISTER HERE** 

WATCH PARTIES INCLUDE:

- OPENING CEREMONY: 8/28
- WOMEN'S BASKETBALL: TBD
- TRIATHLON: TBD
- TRACK AND FIELD: TBD
- CLOSING CEREMONY: 9/8




Fun Walk/Run/Roll




**Saturday, Oct. 5
9 a.m. start at PACE Center**

1 & 2-Mile Options • Fully Accessible Course • Sensory Friendly
Event Shirt & Medal • Giveaways & Refreshments • Local Vendors

PARKERREC.COM/RUNABILITIES



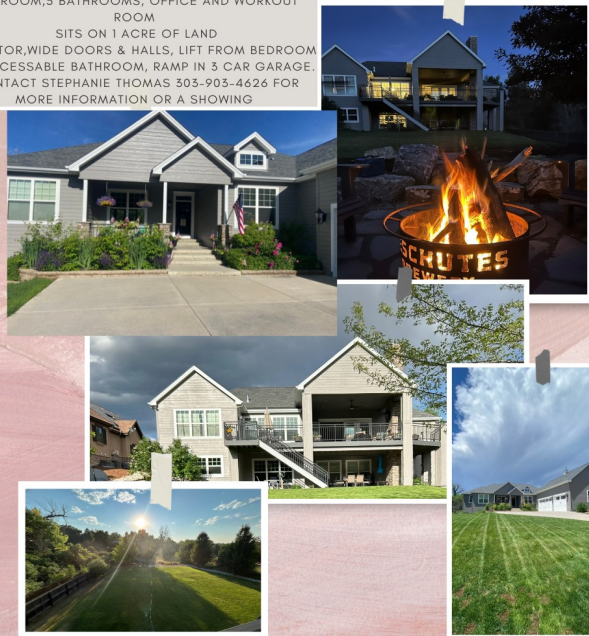
1 IN 20 CHILDREN HAVE A DISABILITY.

THAT GIVES **19** KIDS A DAILY OPPORTUNITY TO LEARN ABOUT DIVERSITY, COLLABORATION, INCLUSION AND FRIENDSHIP.



Inclusion > Acceptance > Belonging

ACCESSIBLE HOME FOR SALE BY OWNER
2.38 MILLION ASKING PRICE
BUILT IN 2011 BY CURRENT OWNER
6000 SQ FEET RANCH W. WALK OUT BASEMENT 5/6
BEDROOM, 5 BATHROOMS, OFFICE AND WORKOUT
ROOM
SITS ON 1 ACRE OF LAND
ELEVATOR, WIDE DOORS & HALLS, LIFT FROM BEDROOM
TO ACCESSIBLE BATHROOM, RAMP IN 3 CAR GARAGE.
CONTACT STEPHANIE THOMAS 303-905-4626 FOR
MORE INFORMATION OR A SHOWING



DRMAC

COME & JOIN US FOR OUR
TRANSIT TO WELLNESS EXPO

**FRIDAY, AT CITY PARK
AUGUST 30 PAVILION, DENVER
03:00PM - 06:00PM**

FREE ENTRY

Sponsored by:

CRAIG **OFFICE ON AGING** **RTD** **lyft**
NEUROREHABILITATION & RESEARCH HOSPITAL DENVER HUMAN RIGHTS & COMMUNITY PARTNERSHIPS
Developmental Pathways **PASCO** **COLORADO RESPIRE COALITION**
A Program of Easterseals Colorado

Featuring
Free raffle, face painting, food trucks, music, and more!

For more information:
www.drmac-co.org

DRMAC
DENVER RESPIRE COALITION
TRANSIT TO WELLNESS EXPO
AUGUST 30, 2024
DRMAC | 2024

Gabbing with Gabe and Gisa
A COMMUNITY LISTENING SESSION

Join the RTD ADA Office for this inaugural Community Listening Session, an exciting new quarterly event! This unique opportunity allows you to share your experiences with RTD services, provide valuable feedback and insights, connect with your RTD ADA representatives, and discuss ideas for improvement.

We are proud to partner with Brewability, an inclusive and fully accessible brewery and pizzeria located in Englewood, Colorado, which will host this event. Brewability is celebrated for its commitment to employing adults with disabilities and aligns with our mission to create an inclusive, supportive environment for all.

When Thursday, September 19, 3:30–6:30 p.m.
Where Brewability – 3445 S. Broadway, Englewood CO 80113

Please scan this code to register by the September 12 deadline.



For questions or further information, please contact Gisa Simmons or Gabe Christie by email at ada@rtd-denver.com.

RTD We make lives better through connections.



PERSONAL ASSISTANCE SERVICES OF COLORADO
 9197 West 6th Avenue
 Suite 1000
 Lakewood, Colorado 80215
 (303)233-3122


PASCO (Personal Assistance Services of Colorado) is certified under Medicare, Medicaid, and the Medicaid Home and Community Based Services (HCBS) program to provide personal assistance services to children and adults with severe disabilities. PASCO was incorporated in 1991 and began providing services to persons with disabilities on January 1, 1992. PASCO's mission is to provide personal assistance services, promoting independence and safety to clients and/or their families. PASCO continuously strives for client and employee satisfaction. The foundation of PASCO is CHOICE. To the maximum extent possible, PASCO works to accommodate the needs and wants of each client.

PASCO

RESILIENCY SERIES:
 BUILDING RESILIENCY
 THRIVING THROUGH LIFE'S CHALLENGES

FRIDAY
September 13th
 12:00pm – 1:00pm


Join us for a session designed to equip participants with the tools, mindset, and strategies needed to cultivate resilience in the face of challenges, setbacks, and change.



PASCO
 9197 W 6th Ave, Ste 1000
 Lakewood, CO 80215

Gigi's Playhouse™
 Down Syndrome Achievement Centers
 educate. inspire. believe.

PRESENTS DENIM



Diamonds GALA

October 25, 5:30pm
 Baldoria on the Water
 146 Van Gordon St, Lakewood, CO



Better Together

PARTNERING FOR INCLUSION

PEAK Parent Center Conference on Inclusive Education

Wednesday, September 11th
 University of Colorado,
 Colorado Springs, Colorado



Friday, September 13th
 University of Northern Colorado
 Greeley, Colorado

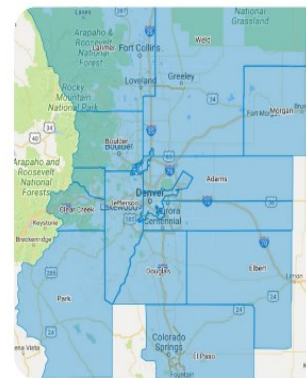
**Two locations. Same content.
 Choose the date that works for you!**

Exciting details to come in the weeks ahead! Follow us on social media for the latest details.

FOLLOW US



PASCO proudly serves the following counties:



- Adams
- Arapahoe
- Boulder
- Broomfield
- Clear Creek
- Denver
- Douglas
- Elbert
- Gilpin
- Jefferson
- Larimer
- Morgan
- Park
- Weld

Now Serving Pueblo & Teller Counties

Coffee & NICU Community

NICU Parent Community Gathering
 August 21st, 10am-12pm
 Stroller-friendly walk starts @10:30
 Meet us at Fox•Dog Coffee: 515 Briggs St, Erie